

# Living Catholic Culture Today

*Exploring the richness of Catholic culture in our everyday lives*

*A retreat series hosted by Regnum Christi women of Greater Cincinnati*

- This month's retreat explores the fundamental cultural aspect of *Education Back to School, Learning from Christ our Teacher*

Meditation: *Lectio Divina*

*Lectio Divina* literally means divine reading. Four main parts (4Rs) make up the prayer used as a way to meditate on God's word. The prayer allows Jesus the TEACHER to permeate our hearts, and then as a result, our actions.

Scripture Passage – Matthew 22:16

*“Teacher, we know that you are a truthful man and that you teach the way of God in accordance with the truth. And you are not concerned with anyone's opinion, for you do not regard a person's status.”*

READ (Lectio)

- What does the text say that all should understand?
- What words, phrases or sentences stand out to me?

REFLECT (Meditation)

- What do I believe God is trying to say to me?
- What thoughts, feelings, reflections arise in you?

RESPOND (Oratio)

- Speak to God in our own words
- Journal what we are feeling, write down the words, etc. that stand out to you.

REST (Contemplatio)

- BE STILL! LISTEN to God
- Be open to what God is asking of you

The last one that isn't "official" is

Action (Actio) –

- What parts of your life is God asking you to take action in or to serve?



REGNUM CHRISTI  
OHIO VALLEY

[www.rcohiovalley.org](http://www.rcohiovalley.org)

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## Practical Talk

*What is Culture?*

Culture is a group's lived response to life's most fundamental questions of meaning and purpose... Who am I? What is my purpose?

CCC 256

*Of all visible creatures only man is "able to know and love his creator".<sup>219</sup> He is "the only creature on earth that God has willed for its own sake",<sup>220</sup> and he alone is called to share, by knowledge and love, in God's own life. It was for this end that he was created, and this is the fundamental reason for his dignity.*

## Small Group Discussion

- 1) What challenges do you face to having a more open and receptive heart to Jesus' teachings? Is it possible the challenges themselves are a means of Jesus teaching you? Why or why not?
- 2) How does Jesus teach you? Does He teach you differently now than He did 10 years ago, 20 years?
- 3) What has Jesus taught you? What are the most valuable lessons you have learned from Jesus?
- 4) Is there something you would like Jesus to teach you? Have you asked Him to do this?
- 5) How do Jesus' teachings help you find your purpose, express yourself so to create culture?
- 6) How are you called to teach others? How are you called to be a teacher like Jesus to those around you? Your family? Your friends? Your community?

Join us next month Wed, Sept 9<sup>th</sup>

*American & Catholic*

*A remembrance of our past to prepare for our future*



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