

**Seventh Sunday in Ordinary Time  
February 23rd, 2020 Cycle A  
February Mass Intentions**

Fri, 21	8:00am	+Michael James Monahan
Sat, 22	4:30pm	*Parochial Intentions
Sun, 23	8:30am 10:00am 11:30am	*Parochial Intentions
Spanish		
Mon, 24	8:00am	+Dario Montenegro
Tue, 25	8:00am	+Julio Cesar Hernandez
Wed, 26	9:00am	Ash Wednesday Mass
Thu, 27	8:00am	+Richard Shelling
Fri, 28	8:00am	Spec. Int: Sisa Family
Sat, 29	4:30pm	*Parochial Intentions

# Ash Wednesday



*Remember that you are dust,  
and to dust you shall return.*

E C C L E S I A S T E S 3 : 2 0

**Abstinence:** Everyone 14 years of age and older is bound to abstain from meat on Ash Wednesday, the Fridays of Lent and Good Friday.

**Fast:** Everyone 18 years of age and older but under the age of 60 is also bound to fast on Ash Wednesday and Good Friday. On these two days, the law of fast allows only one full meal a day, but does not prohibit taking some food during the day, so long as this does not constitute another full meal. Drinking liquids during the day is permitted. When health or ability to work would be seriously affected, the law does not oblige. In doubt concerning fast or abstinence, a priest assigned to pastoral ministry or confessor should be consulted. In the spirit of penance, the faithful should not lightly excuse themselves from this obligation.

Ash Wednesday marks the onset of Lent, the 40-day period of fasting and abstinence. The name 'Day of Ashes' comes from "Dies Cinerum" in the Roman Missal. Though the exact origin of the day is not clear, the custom of marking the head with ashes on this Day is said to have originated during the papacy of Gregory the Great (590-604). In the Old Testament ashes were found to have been used for two purposes: as a sign of humility and mortality; and as a sign of sorrow and repentance for sin.

**Schedule of the Week:**

Mon through Friday  
..... 8:00am Mass  
Silent Adoration from 8:30am-4pm

**40 Days of Lent Are 40 Days for Life**  
[SF40DaysforLife@gmail.com](mailto:SF40DaysforLife@gmail.com)-408-840-3297  
 Take a stand for life. From Feb 26th to April 5th, defenders of life will take part in 40 Days for Life, a groundbreaking, coordinated international mobilization to keep vigil on behalf of the unborn. The site of the vigil is the Planned Parenthood facility at 1650 Valencia St. in San Francisco. For details, instructions, and registration, visit the 40 Days for Life San Francisco Facebook page.

**+ SAVE THE DATE**

**On February 26th, Ash Wednesday Masses will be at 9:00am in English with the school & 7:00PM in Spanish. Stations of the Cross will be at 7pm in English & Spanish every Friday during Lent. The sacrament of reconciliation is offered every Sat. from 3:30 to 4:15.**

Bulletin Supplement: Feb. 23rd, 2020, Cycle A  
Website: sbsf.org

Collections: Weekly Goal: \$5,000  
February 15<sup>th</sup> & 16<sup>th</sup> Offerings.....\$1965  
AAA Appeal 2020.....\$412

Thank you for your continued support.

Sat. Feb. 29th, 2020, 4:30pm  
Lector: .....A. Abiva  
Lay Ministers:.....E. Foley  
.....M. Acosta  
Server(s):.....Josie  
Sun, March 1st, 2020, 8:30am  
Lector: .....E. Llorente  
Lay Ministers:....T. & S. Stapleton  
Server(s):.....Peyton Diaz  
.....Julian Davis  
Sun, March 1st, 2020, 10:00am  
Lector.....J. Wiater  
Lay Ministers.....M. Lemus  
.....C. Wiater  
Server(s):.....Isaiah Campos  
.....Kayla Green  
Sun, March 1st, 2020, 11:30am  
Lector: .....Jairo Villanueva  
.....Margarita Villanueva  
Ministers:.....Luis Calderon  
.....Magda McDonald  
.....Alejandra Gonzalez  
Server(s):.....Scarlett Borges



St. Finn Barr Catholic School

**Off to the Races 2020**  
Our adult-only event (must be 21 or older)  
will be here, Saturday, February 29<sup>th</sup>!  
5:30PM to 10:30PM

Goode Hall-Doors Open at 5:30pm  
First Race at 6:45pm-Live & Silent Auctions  
Cuban Food & Music-Cigar Bar-Full Bar &  
Dancing  
Contact Christina Sarracino at 415-298-0165  
for more info.

### WINTER COLD AND FLU SEASON

As always, you are reminded to use common sense in the reception of Holy Communion during the annual cold and flu season. If you are feeling ill or think you may have been exposed to a virus, you should refrain from partaking of the Blood of Christ from the communal chalice & the sign of peace. All of us must be aware of such sensitive matters in the intimate life of the Christian community and we should expect that some will refrain from the sign of peace and the communal chalice out of care for our well-being and not out of unkindness or a lack of piety.

**WHAT YOU CAN DO TO STAY HEALTHY** • Know the facts. Influenza is thought to spread mainly person-to-person through coughing or sneezing of infected people. • Cover your nose and mouth with a tissue when you cough or sneeze or into your sleeve if you do not have a tissue available. Throw the tissue in the trash after you use it. • Wash your hands thoroughly and often with soap and water. If soap and water are not available, use an alcohol-based hand rub. • Avoid touching your eyes, nose and mouth. Germs spread that way. • If you are sick, the CDC recommends that you stay home from work or school and limit contact with others to keep from infecting them. • Get vaccinated. Vaccination is the best protection we have against the flu. Source: Centers for Disease Control (<http://www.cdc.gov>) -from SF Archdiocese



You don't love in your enemies what they are, but what you would have them become by your prayers. -St. Augustine

He who knows how to forgive prepares for himself many graces from God. As often as I look upon the Cross, so often will I forgive with all my heart. -St. Faustina

We have Mass intentions available for March. Offering up a Mass for your loved ones consoles them. When you pray for them, they feel peace.

## Seventh Sunday in Ordinary Time, Cycle A

*If I am tempted to hold a grudge,*



I will picture Our Lord on the cross saying,  
"Father forgive them,  
for they know not what they do."

**Sunday, February 23rd, 2020**

### First Reading

Leviticus 19:1-2, 17-18

Be holy, for I, the Lord, your God, am holy.

### Responsorial Psalm

Psalm 103: 1-4, 8, 10, 12-13

Merciful and gracious is the Lord, slow to anger and abounding in kindness.

### Second Reading

1 Corinthians 3:16-23

Are you not aware that you are the temple of God, and that the Spirit of God dwells in you?

### Gospel Reading

Matthew 5:38-48

My command to you is: love your enemies, pray for your persecutors.

### Background on the Gospel

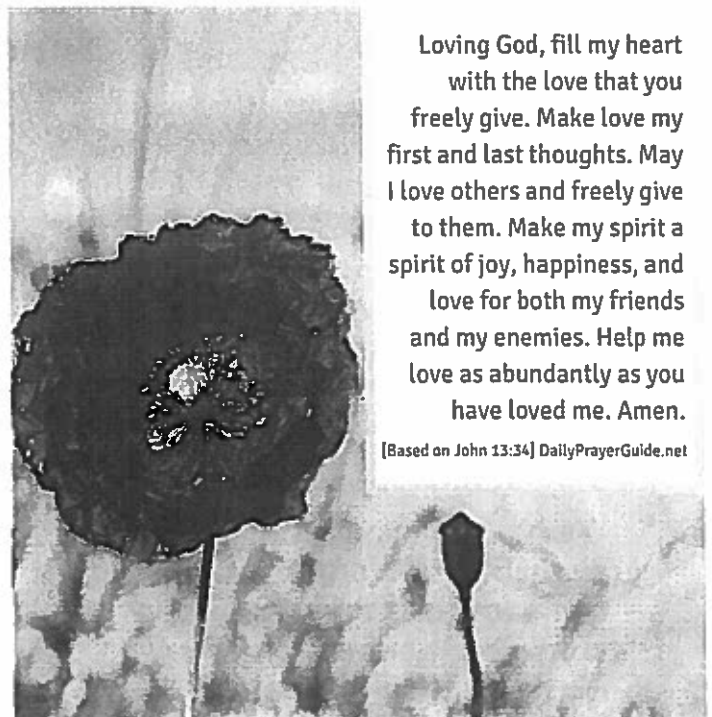
The last two antitheses offered in the Sermon on the Mount deal with love of enemies. We should not look at "an eye for an eye" as an inordinately strict punishment. It is actually meant to limit acts of revenge by making sure the punishment is not excessive but fits the crime. However, Jesus asks his followers to take a different approach by resisting retaliation altogether. The response to a stronger person

who slaps us on the cheek, takes us to court, or demands a service of us is not to resist.

Similarly, for a weaker person, such as a beggar or borrower, we are to give him or her what he or she asks for. Those who are called to the Kingdom of Heaven are to go beyond the way the world usually works and serve God's kingdom here on earth.

The other difficult demand of those who are called to the kingdom is to embrace the enemy. There is no command in the Old Testament to hate individuals in a personal or vindictive way. But there is a religious stance that calls one to hate evil and to distance oneself from those who participate in evil. In contrast, Matthew emphasizes that love of God and love of neighbor are the fundamental commands on which all else depend. Because God's love is unconditional, we are to strive to love as God does, though, of course, it is challenging. Is it even possible?

The key is in the final verse. We are to be perfect as our heavenly father is perfect. Matthew uses the Greek word *telos*, which is probably better translated here as "complete." We are not to be perfect as in doing everything correctly, that is, as in being absolutely morally correct. We are to be perfect as in striving to reach the completeness we are called to in the Kingdom of Heaven. Attempting to love our enemies is part of striving for that completeness. -*Loyola Press*



Loving God, fill my heart  
with the love that you  
freely give. Make love my  
first and last thoughts. May  
I love others and freely give  
to them. Make my spirit a  
spirit of joy, happiness, and  
love for both my friends  
and my enemies. Help me  
love as abundantly as you  
have loved me. Amen.

[Based on John 13:34] DailyPrayerGuide.net

SEPTIMO DOMINGO DEL TIEMPO ORDINARIO  
DOMINGO 23 DE FEBRERO 2020

LECTORES: Valeria Balderramos

MINISTROS: Carmen Domínguez  
Indiana Argüello  
Marjorie Hernández

INTENCIÓN: Hoy Domingo recordemos a nuestros amigos y hermanos que han pasado a mejor vida, en especial a Estuardo Dell'Acqua. Qué nuestro Señor los tenga en su santa gloria.

Confío, Señor, en tu misericordia. Se alegra mi Corazón con tu auxilio; cantaré al Señor por el bien que me ha hecho.

REFLEXIÓN:

Primera Lectura – Del Libro del Levítico. En esta lectura Dios hace un llamado a Moises para que hable con el pueblo de Israel acerca de como debe ser su forma de ser ante Dios que es Santo. Obra con humildad, ama a tu prójimo, trata de corregirlo de sus errores y no guardar rencor con sus semejantes. Cumpliendo con estos consejos, seremos Santo como Dios.

Segunda Lectura - Del apóstol Pablo a los Corintios. En esta lectura se enfatiza en el Templo de Dios, que es Cristo, la Iglesia y también todos nosotros, porque tanto en Cristo, la Iglesia y nosotros, esta actuando el Espíritu Santo. Así también esta lectura nos habla de la humildad, de reconocer la verdadera Sabiduría, que es la Sabiduría de Dios.

Evangelio según San Mateo - En este evangelio Jesús nos llama a poner en práctica el Amor Supremo. Jesús nos invita a amar y perdonar a nuestros enemigos. Pero la mejor manera de que nosotros podamos convertirnos del amor misericordioso e indulgente de Dios es que nosotros aceptemos primero ese amor divino, misericordioso e indulgente. Cuando se nos habla de ojo por ojo o poner la otra mejía, no nos habla de venganza, de resignación o ser neutral ante lo bueno y lo malo. Sino lo que nos pide es inquietar la conciencia de los agresores para que tengan vergüenza de su maldad y se conviertan. La lucha no es el único ni el mejor medio para lograr la justicia. Debemos tomar iniciativas para salir del engranaje de la violencia: amor, misericordia, perdón. Cuando nosotros cumplamos con todos estos consejos y hayamos alcanzado la paz interior, debemos aprovechar la ocasión de hacer todas las buenas obras que podamos y con tanta frecuencia como sea posible aunque parezcan pequeñas.

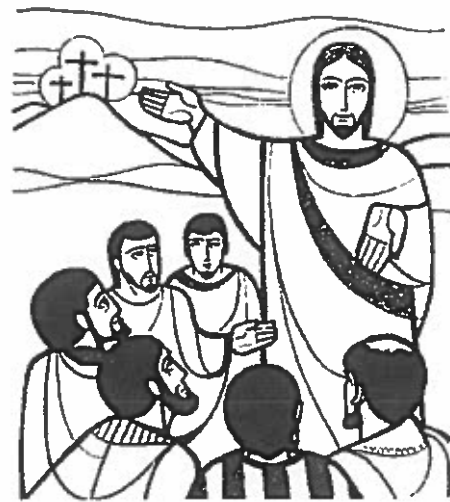
Dios dice: las personas que sean fieles en las cosas pequeñas, recibirán grandes recompensas.

CANTOS:

Entrada	Vienen Con Alegría	562
Señor Ten Piedad		99
Gloria		103
Salmo		Misal
Aleluya		Misal
Ofertorio	Amar- El amor nos unió	658 610
Santo		57
Aclamación		58
Amen		61
Cordero		63
Comunión	Un Mandamiento Nuevo	371
Salida	Somos Una Iglesia	724

ANUNCIOS:

1. El periódico en español de la Arquidiócesis ya está disponible. Puede obtenerlo en las mesas de la salida.
2. Próximo Miércoles 26 de Febrero - Miércoles de Ceniza y comienzo de Cuaresma. Habrá misa a las 7PM. No lo olvide.



Proclamaré todas tus maravillas; me alegraré y exaltaré contigo y entonaré salmos a tu nombre, Dios Altísimo.