PREPAREDNESS AND PLANNING
FAMILY DISASTER SUPPLY KIT CHECKLIST

**Household Items**
- Battery-powered radio
- Battery-powered flashlights
- Extra batteries
- Cash or travelers checks and change
- Basic food seasoning (salt/pepper)
- Manual can opener
- Paper plates
- Cups
- First aid kit
- Fire extinguisher (small ABC type)
- Minimum 3-day supply of nonperishable, packaged or canned food (e.g. canned or dried juice mixes, powdered or canned milk, peanut butter, jelly, crackers, unsalted nuts, trail mixes, cereals, rice, cookies, hard candies, instant coffee, tea bags)
- Minimum 3-day supply of bottled drinking water – one gallon of water per person per day. Don’t forget water for pets. Store water in sealed unbreakable containers. Replace every 6 months.

**Family Documents** (stored in a water proof container):
- Birth certificates
- Marriage certificates
- Death certificates
- Insurance policies
- Passports/ visas
- Rain gear
- Medical records/ vaccination histories
- Photocopies of all cards carried in wallet
- Inventory of personal property for filing insurance claims. List everything and include receipts of big ticket items.
- Videotape or photos of home(s)’ contents to supplement your written inventory of your home.
PREPAREDNESS AND PLANNING
DISASTER SUPPLY KIT

Sanitation Supplies

☐ Toilet paper, towelettes
☐ Soap, liquid detergent
☐ Feminine supplies
☐ Personal hygiene items
☐ Plastic garbage bags with ties
☐ Plastic bucket with tight lid
☐ Disinfectant
☐ Unscented household bleach

Baby Needs

☐ Disposable diapers
☐ Formula
☐ Bottles
☐ Powdered milk
☐ Medications
☐ Changes of clothing

Adult/Elderly Needs

☐ Walkers/ wheelchairs/canes
☐ Denture needs
☐ Extra set of prescription glasses/ contacts.
☐ Extra months’ supply of prescription medicine refills (Store in easily accessible bag in medicine cabinet, rotate pills as prescription is refilled)
☐ Don’t forget these odds and ends…
☐ Entertainment – Books, Toys, and Games
☐ Extra set of car keys.