

## Packing List

### Small backpack

*Will need to fit under your seat on the bus*

- A thin, light, non-bulky pillow and blanket for sleeping on the bus
- Spending money for pilgrimage gift shops and meals on-the-road - \$75- \$100
- Gloves (and hand warmers, if you wish--the kind you can shake to activate the heating element)
- Compact rain poncho
- Travel-size hand lotion, lip-balm, hand-sanitizer and/or hand sanitizer wipes
- "Bath in a Bag": Your best attempt at freshening up with just 2-3 minutes in-front a sink (deodorant, toothbrush/toothpaste, etc.)
- Change of clothes...(Tuesday's clothes on your way to D.C. Then Saturday's clothes for the way back.)

### To Bring - in your ONE Single Suitcase:

*Please note: Each participant is allowed only **one** suitcase. You will need to tie a colored bandana or cloth to the handle to distinguish it from the other 160 suitcases on this trip. You will also be given a colored ribbon to tie on your suitcase and bag to make sure your stuff ends up on the correct bus. Your suitcase will **NOT** be accessible during the 24 hour bus trip. (that is from the time of departure on **Monday** morning to arrival **Tuesday** evening, and from **Friday** morning until we arrive back home **Saturday** afternoon.)*

- Toiletries – any additional toiletries. You will need to bring your own towels.
- Twin sheets for sleeping at the lodge (Can you bring a sleeping bag? Yes, BUT, 1) the sleeping bag will need to go under the bus, 2) compact, 3) distinguishable among the potential 159 others.)
- 5-6 T-shirts
- 2-3 sweatshirts/sweaters
- 2-3 undershirts/soft thermal shirts
- 3-4 pairs of jeans or warm jogging pants. Please be mindful of the places we will be visiting and the people we are traveling with. Leggings can be used as a layer but not pants. No inappropriate logos and political propaganda.
- 1-2 pairs of long underwear (thermal) - in addition to regular underwear
- 2-3 pairs of thermal socks and 4-5 pairs of cotton socks
- Lightweight boots –that can get wet/dirty-we recommend bringing boots that have been broken-in. We walk a lot and blisters can lead to a miserable trip. (The day of the march may snow or rain)

### For the Bus:

- 1 case of bottled water per two students please
- Pre-packaged healthy snacks to share with bus. **(NO: Nuts)**

### **Please note the following:**

- There will be very little time to no time for homework
- Check-in, January 20, 2020 begins at 5:30AM (5:15AM if any medical information has changed)
- Mass will begin at 6:30AM. Family members are welcome to attend
- If you are leaving your vehicle throughout the week, please park in the back of the Center
- **Please pack your own bag lunch to be eating on the bus on Monday**