

ENCOUNTER

THE HEART OF PRAYER

Scriptures & Suggestions

For Your Prayer

Below is a Scripture passage for every day following each Encounter Session. You are invited to pray with the whole passage. Under each Scripture is a possible phrase to focus on and/or question to consider. Fr. Mark has also recorded a short meditation for each day's Scripture. These audio recordings are designed to aid the preparation of your prayer time. You can find the recordings on our diocesan website under the video for that specific week's session: htdiocese.org/encounter.

Suggestions for Praying with the Scriptures

- Read the passage once to become familiar with the text.
- Slowly read the passage a second time.
- Very slowly read the passage a third time.
- Pay attention to which word, words, or phrases capture your attention or tug at your heart.
- Talk to God about what is on your heart... and listen.
- After you pray, journaling in some manner could be helpful.
Simply jotting down a word, phrase, or sentence about one thing that stuck out to us from our prayer can help us as we look back on our those notes and remember how God has been speaking to us.

Week 1

Day 1 | JEREMIAH 29: 11-14 "I know well the plans I have in mind for you"

Day 2 | PSALM 63: 1-3, 6-8 "O God, you are my God for you I long"

Day 3 | ISAIAH 43: 1-7 "Because you are precious in my eyes and because I love you"

Day 4 | ISAIAH 49: 1-16 "Upon the palms of my hands I have engraved you"

Day 5 | PSALM 37: 1-7 "Find delight in the Lord who will give you your heart's desire"

Day 6 | ISAIAH 62: 1-7 "For the Lord delights in you, and your land shall be espoused"

Day 7 | PSALM 139: 1-16 "You knit me in my mother's womb." *God, what is your favorite thing about me?*

Week 2

Day 8 | PSALM 118 "Give thanks to the Lord, who is good, whose love endures forever"

Day 9 | JOHN 15: 1-16 "It was not you who chose me, but I who chose you."

Day 10 | GENESIS 1 & 2 The story of creation. *What was God thinking when He made you?*

Day 11 | LUKE 1: 46-55 Mary's Magnificat. *Rewrite the Magnificat in your own words.*

Day 12 | JOHN 3: 22-32 "He must increase and I must decrease"

Day 13 | LUKE 17: 11-19 "Ten were cleansed, were they not?" *When, where, and how am I ungrateful?*

Day 14 | GENESIS 6: 5-6 & GENESIS 3 "He regretted he made man" *What is your history of sin? Admit your sin.*

Week 3

- Day 15 | LUKE 15: 11-19 The Prodigal Son. *Why did he leave? Why do you leave?*
- Day 16 | PSALM 51 “Against you, you alone, have I sinned.” *Rewrite Psalm 51 in your own words.*
- Day 17 | LUKE 7: 36-50 The sinful woman bathes Jesus’ feet with her tears. *Pray for tears.*
- Day 18 | Go to Confession (*Listen to today’s audio recording*)
- Day 19 | The Call of the King. The Story of the Fireman. (*Listen to today’s audio recording*)
- Day 20 | LUKE 2: 1-7 The Birth of Jesus
- Day 21 | Jesus leaves home. (*Listen to today’s audio recording*)

Week 4

- Day 22 | MARK 1: 16-35 A Typical Day in the Life of Jesus
- Day 23 | MARK 2: 1-12 Jesus Heals the Paralytic
- Day 24 | MATTHEW 14: 22-33 Jesus Walks on the Water
- Day 25 | The Campfire (*Listen to today’s audio recording*)
- Day 26 | JOHN 6: 1-15 & 22-69 Jesus Multiplies of the Loaves and Fish
- Day 27 | MATTHEW 16: 13-23 Peter Confesses that Jesus is the Messiah
- Day 28 | JOHN 11: 1-54 Jesus Raises Lazarus from the Dead. “So from that day on, they planned to kill him.”

Week 5

- Day 29 | Jesus Prepares His Mother (*Listen to today’s audio recording*)
- Day 30 | MATTHEW 21: 1-9 Palm Sunday and Jesus’ Entry into Jerusalem
- Day 31 | JOHN 13 Jesus Washes the Disciples’ Feet
- Day 32 | MATTHEW 26: 26-46 The Agony in the Garden
- Day 33 | ISAIAH 50: 4-11 & LUKE 23: 1-25 “Crucify Him! Crucify Him!”
- Day 34 | ISAIAH 53: 6-12 & LUKE 23: 26-43 “Father, forgive them for they know not ...”
- Day 35 | JOHN 19: 1-30 Jesus entrusts Mary to John. “Consumatum est”

Week 6

- Day 36 | Jesus appears to His Mother (*Listen to today’s audio recording*)
- Day 37 | JOHN 20: 1-29 Jesus Appears to the Apostles in the Upper Room
- Day 38 | LUKE 24: 13-35 The Road to Emmaus
- Day 39 | JOHN 21: 1-19 “Peter, do you love me?”
- Day 40 | MATTHEW 28: 16-20: “Go, therefore, and make disciples of all nations”
- Day 41 | Re-read and pray with significant entries from your journal or notes from the past weeks.
If you don’t have notes, ponder and pray with significant moments with the LORD that you remember from the past weeks. (*There is no audio recording for today.*)
- Day 42 | Re-read and pray with significant entries from your journal or notes.
(*There is no audio recording for today.*)