

After Arrival in the United States

You might have been exposed to COVID-19 on your travels. You might feel well and not have any symptoms, but you can still be infected and spread the virus to others. For this reason, CDC recommends the following:

ALL Travelers

RECOMMENDED

- Get tested with a COVID-19 [viral test](#) 3-5 days after travel.
 - Find a [U.S. COVID-19 testing location near you](#).
 - [external icon](#)
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- Self-monitor for [COVID-19 symptoms](#); [isolate](#) and get tested if you develop symptoms.
- Follow all [state and local](#) recommendations or requirements after travel.

If You Are NOT Fully Vaccinated

RECOMMENDED

In addition to the testing recommendations above

- Stay home and self-quarantine for a full 7 days after travel, even if you test negative at 3-5 days.
- If you don't get tested, stay home and self-quarantine for 10 days after travel.

If Your Test Result is Positive

[Isolate](#) yourself to protect others from getting infected. Learn [what to do](#) and [when it is safe to be around others](#).

If You Recovered from COVID-19 Recently

If you recovered from a documented COVID-19 infection within the past 90 days (regardless of vaccination status), you do NOT need to get a test 3-5 days after travel. People can continue to test positive for up to 90 days after diagnosis and not be infectious to others. You also do not need to self-quarantine after travel. If you develop [COVID-19 symptoms](#) after travel, [isolate](#) and consult with a healthcare provider for testing recommendations.

Updated November 10, 2021

Link to CDC webpage related to International Travel:

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/international-travel-during-covid19.html>