

## Choosing a Sponsor



What is a Sponsor? A sponsor is your guide, your Catholic friend, on your faith journey. Think about how important friends are in your life. The guidance, strength, love and encouragement that you get from your friends is the same as you should get from your sponsor. He or she will be there to support you, to challenge you, to pray with you, to share with you, to listen to you and to be your spiritual friend.

At your **Baptism** your godparents were chosen to be your guides. Your parents and godparents, promised to raise you in the Catholic faith. They spoke for you and professed their faith because you could not speak for yourself.

In **Confirmation** you will speak for yourself; you will renew your baptismal promises. You will choose your guide. You are encouraged to choose one of your godparents, if they are close and have been active and supportive in your life. You may however, choose a new guide. Your sponsor should be a baptized Catholic who is confirmed and regularly participates in Sunday Eucharist celebrations. He or she must be at least 16 years old. **Your parents may not be your sponsors.**

### Some questions to ask yourself in choosing your sponsor:

Is this person someone with whom I feel comfortable sharing my faith?

Is this person willing and able to take an active role in my life?

Does he or she participate in the liturgy regularly?

Does he or she live a faith-filled life?

Will he or she challenge you to a deeper faith commitment through his or her own faithfulness?

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**(PLEASE PRINT and return to REO by September 30, 2015)**

CANDIDATE'S NAME:

\_\_\_\_\_

LAST NAME

\_\_\_\_\_

FIRST NAME

\_\_\_\_\_

MIDDLE

SPONSOR'S NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY/ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

SPONSOR'S PARISH: \_\_\_\_\_

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