

# Our Lady of Victories Church

(serving Harrington Park, River Vale and the Pascack/Northern Valley)

150 Harriot Avenue, Harrington Park, New Jersey

www.olvh.org

Rev. Bryan F.J. Adamcik SFO, KHS Pastor

Rev. Duverney Bermudez

Rev. Anthony Mastroeni

Rev. Christopher M. Ciccarino KHS

Rev. John O'Connor

Rev. Brian Muzás

Latin Mass Assistants

Weekend Assistants

Br. Angelus CFR

Parish Seminarian

Sr. Elizabeth Holler, SC

Sr. Mary Corrigan, SC

In Residence-Convent

Mr. Thomas Lagatol Mr. Albert McLaughlin

Deacons

Susan Evarella

Religious Education

Deacon Al McLaughlin

Parish Catechetical Leader

Selena Piazza

Lesa Rossmann

Ministers of Music

Elizabeth Ulisse

Martin Coyne II

Parish Trustees

Jerryl Pulis & Meagan Mullany

Jr. High School Ministry

Curtiss & Katie Stella

High School Ministry

Maria Hellrigel

Parish Secretary

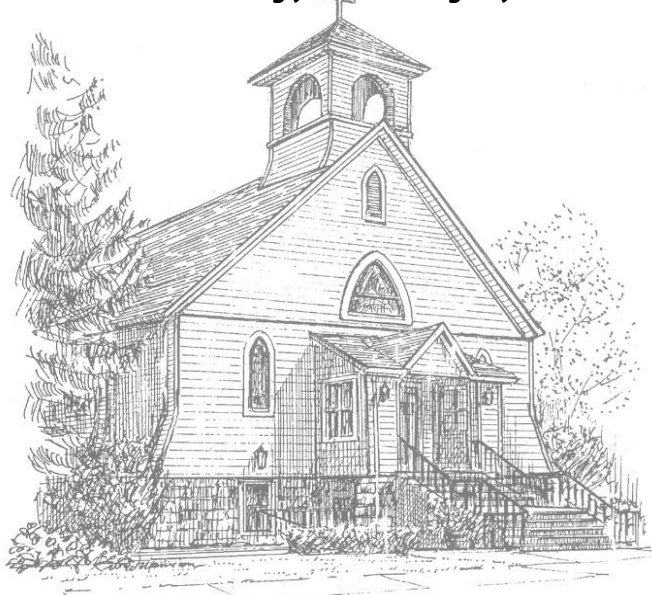
Jorden Pedersen Esq.

President Parish Council

Jon Fischer CFA

Chairman Finance Committee

Sunday, February 5, 2017 A.D.



## WELCOME

To the Parish Family of  
**OUR LADY OF VICTORIES**  
(THE LITTLE CHURCH WITH THE BIG HEART)

### COME WORSHIP WITH US

## Mass Schedule

Saturday: 4:00pm, 5:00pm

Sunday: 7:30am, 8:15am (Latin)  
9:30am, 10:45am, 12:00pm,  
1:00pm (Spanish)  
6:00pm & 7:00pm

Weekdays: M-Sat 8:00a.m. & 12:00noon

#### SPECIAL MASSES OR DEVOTIONS:

**First Friday:** 7:30pm, Mass of Sacred Heart & Devotions

**First Saturday:** 8:00am, Mass of Immaculate Heart of Mary

**First Saturday:** 12:00pm Mass for Souls in Purgatory

#### Novenas prayed after 8:00 a.m. Mass:

**Our Lady of the Miraculous Medal:** Monday

**St. Jude and St. Anthony:** Wednesday

**Infant of Prague:** 25th of the month

**Rosary:** Recited M - Sat after 8:00am & 12Noon Mass.

**Tuesday-Novena Prayer and Adoration:** 2:00-3:00pm

**Thursday-Holy Hour with Adoration & Benediction:** 7:00pm

**Friday-Exposition & Adoration:** 12:30PM-3:00pm

#### THE SACRAMENT OF PENANCE/CONFESSION:

Monday - Friday 7:30am - 7:50am. First Friday at 7:00pm

Saturday at 11:00a.m.-Noon; 3:00pm - 3:25pm

#### THE SACRAMENT OF BAPTISM:

To register for Baptismal preparation and Baptism, call the rectory.

#### THE SACRAMENT OF CONFIRMATION:

Call the Religious Ed Office for requirements/class schedule.

#### THE SACRAMENT OF MATRIMONY:

Please call the rectory for an appointment.

#### THE SACRAMENT OF THE SICK/LAST RITES:

Sick calls at any time in emergency.

#### THE SACRAMENT OF HOLY ORDERS AND VOCATIONS:

Anyone contemplating a vocation to the Priesthood or Religious Life should contact the Vocations Office at 973.497.4365.



Find us on  
Facebook

OLV Rectory  
Phone: 201-768-1706  
Email: olvrectory.hp@gmail.com

OLV Fax  
201-768-3962

Religious Education  
201-768-1400  
olvhpccd@gmail.com

OLV Convent  
201-768-1705

### **PRAY FOR OUR SICK**

Please **PRAY** in the name of **JESUS**, the Healer, that the **SICK** of **OLV PARISH** may be restored to health and all those who **ASSIST** and **CARE** for the sick will be given the **STRENGTH** to continue **GOD'S GOOD WILL**: Fr. Apostoli, Br. Pius, William Biasi, John Bolger, Joey Bulger, Kamal Faris, Kathy Freeburn, Thomas Haring, Peter Kellar, Arnold Kemner, Joseph LoVecchio, John Murawski, Anne Matthaei, Teresa Meierdierks, Kathleen Musante, Canice Prince, Dan Ragusa, Mary Rinner, Suzanne Rothschild, Wendy Ruggiero, Kathryn Turrell, Therese Vaglio, and Jim Walsh.

### **SPIRITUAL EXCERPT**

“The love of men toward God takes its being, progress and perfection from the eternal love of God toward men.”

**St. Francis de Sales**, *Treatise on the Love of God toward Men*.

### **NO APPOINTMENT NEEDED**

Stop in and visit Jesus in the Tabernacle. You can do it here at OLV Parish. Our Church is open from 7AM -4:30PM (M-F).

### **HOMEBOUND**

If you or anyone you know is homebound – even for a short duration of time - please contact the parish office so I or an Extraordinary Minister of Holy Communion can be scheduled to bring the Eucharist to the sick and homebound.

### **VOCATIONS**

Mary and Joseph raised their child in a family of love and faith. They directed Jesus to follow God's will for His life. Each of us must assist and allow our children to follow God's will in their lives. This is true even if God calls your child to serve Him as a Priest, or Religious Sister or Brother. For information see Fr. Bryan or call the Vocations office at 973-497-4365.

### **SPIRITUAL WARFARE**

We are constantly under attack and tempted by the forces of EVIL. Every Tuesday afternoon from 2:00-3:15PM members of OLV parish meet and pray the Marian Novena which focuses on this daily battle. All are welcome. Join us.

### **HOLY HOUR AT OLV**

Every Tuesday from 12:30-3:00PM. Every Thursday at 7:00PM OLV has a Holy Hour with Exposition of the Blessed Sacrament, Prayers and quiet time. Every Friday OLV has Exposition of the Blessed Sacrament from 12Noon to 3PM. Stop by and make a visit to our Eucharistic Lord.

### **ANOINTING OF THE SICK DURING HOLY MASS**

*“When the afflicted man called out, the Lord heard, and from all his distress he saved him.” Psalm 34:7*

The Sacrament of the Anointing of the Sick is administered to Catholics whose physical, spiritual, or emotional health is seriously impaired by sickness or advanced age. Join us at OLV for the Anointing of the Sick during Holy Mass on Saturday, March 25, at 12:00noon in church. Please call the rectory 201-768-1706 to register or with any questions. All are invited, even if you are not going to be anointed. A luncheon will be served afterward. Fr. Bonaventure CFR will be the main celebrant.

### **CATHOLIC CARE FOR THOSE TERMINALLY ILL WITH CANCER**

Rosary Hill Home, owned and operated by the Dominican Sisters of Hawthorne, NY, since 1901, is committed to providing loving, one-on-one palliative care to those suffering from terminal cancer. Free to all who meet the Admission requirements. The Sisters depend solely upon the “providence of God and the hourly mercy of the charitable public;” no payment is accepted from patients, their families, private insurance or from the government. For info call 914-769-0114 or visit [www.rosaryhillhome.org](http://www.rosaryhillhome.org).

### **Catholic Men's Conference**

**Saturday, March 4, 2017, 8:00 am – 4:30 pm, Cost: \$25, Seton Hall University.** This year's theme is “**Be Not Afraid: Becoming Missionary Disciples!**” Speakers for the English track will be **Cardinal Sean Patrick O'Malley**, Archbishop of Boston, and **Joe Lombardi, Jr.**, quarterback coach for the New Orleans Saints. Spanish track speakers will be **Cardinal Sean Patrick O'Malley**, **Pepe Alonso from EWTN**, and **Mario J. Paredes**. His Eminence **Joseph W. Cardinal Tobin** will be celebrating the Mass! Register at [www.NJCatholicMen.org](http://www.NJCatholicMen.org)

### **Women's Commission Day of Reflection**

**Saturday, March 11, 2017, 8:00 am – 3:30 pm, Cost: \$25, Seton Hall University.** This year's theme is “**Alive in Christ as Missionary Disciples.**” **Mother Olga of the Sacred Heart**, founder and mother servant of the Daughters of Mary of Nazareth, Archdiocese of Boston, and **Lisa Hendey**, founder and editor of CatholicMom.com, are the keynote speakers for the English track. The Spanish track will feature **Kathia Arango**, director of the Office for Hispanic Catholics in the Archdiocese of Philadelphia, joined by the musical talents of **Freddy Flores** and **Shaddai**. Register at [www.rcan.org/womenscommission](http://www.rcan.org/womenscommission)  
*Registration for both events is \$25. Priests and religious are free. Both events include continental breakfast and lunch. For more information, visit: [www.rcan.org/womenscommission](http://www.rcan.org/womenscommission) and [www.NJCatholicMen.org](http://www.NJCatholicMen.org)*

### **Sanctuary Offerings**

The Altar Flowers, Bread and Wine, the BVM Votive Lamp, and St. Joseph Votive Lamp, the Sanctuary Lamp in the Church and in the Convent can be dedicated on a weekly basis.

### **OLV Scripture STUDY**

The OLV Bible Study Group meets on Wednesdays at 10:00AM in the lower church. All are welcome to join us.

### **Embryonic Stem Cell Research**

Maybe you've heard this one before: "The Catholic Church is anti-science! They want to ban stem cell research!" How can we best address this false notion? First, let's make something abundantly clear. The Church is not against stem cell research. As a matter of fact, the Church encourages many kinds of stem cell research. So why the "anti-science" claim? Perhaps it's because the Church is vehemently opposed to EMBRYONIC stem cell research.

You see, the Catholic Church teaches that a person is a person from the moment of conception. In the eyes of God, embryos are persons, and entitled to the inherent dignity given to any child of God. Therefore, embryonic stem cell research is nothing short of medical experimentation on human beings in their earliest form. The Catechism of the Catholic Church in paragraph 2274 puts it like this: "Since it must be treated from conception as a person, the embryo must be defended in its integrity, cared for, and healed, as far as possible, like any other human being." Truth be told, all the real advances in stem cell research are coming from adult and pluripotent stem cell research, both of which the Church is all for. For further study: CCC 2274-2275.

**Upcoming OLV Parish Events**

Feb 7 -Tue—Moms, Pops and Tots 11:30AM-1:30PM  
Feb 7-Tue – Marian Novena Prayer 2:00-3:00PM  
Feb 8 –Wed—Bible Study Group—10:00AM  
Feb 8 - Wed—OLV Needlers 6:30PM  
Feb 10-Fri– Adoration from 12:30PM-3:00PM  
Feb 11—Sat—First Confession—10:00AM  
Feb 12—Sun—Holy Name Society Mass / Meeting 9:30AM  
Mar 25—Sat—Mass of Anointing 12:00PM  
Apr 2– Sun—Rosary Society Breakfast w/guest speaker  
May 21—Sun- 2:00PM -Confirmation

**PRAY for THOSE in the MILITARY**

Lieutenant Julia H. Cheringal, US Navy;  
Lieutenant Ben Clemente, US Army;  
Ensign Jon Clemente, US Navy;  
1st Lieutenant Ryan Colomeo, U.S. Marine Corps;  
Major Michael Franson, US Army;  
Sergeant First Class Charles Greene, US Army;  
Lieutenant Tara Harris, US Air Force;  
Lieutenant Joseph Jaeger, US Navy;  
Lieutenant Andrew Jaeger, US Navy;  
Chief Master Sergeant Shawn Llewellyn, US Air Force;  
Captain Shawn Linn, US Army;  
2nd Lieutenant Gigi McElroy, US Army;  
Colonel John McLaughlin, US Army;  
Lieutenant John G. Miele, US Army.

**PRAYER FOR OUR MILITARY**

O Prince of peace, we humbly ask Your protection for all our men and women in military service. Give them unflinching courage to defend with honor, dignity and devotion, the rights of all who are imperiled by injustice and evil. Be their rock, their shield, and their stronghold and let them draw their strength from You. For You are God, for ever and ever.

**SUPPLEMENTING RETIREMENT WITH A PLANNED GIFT**

Are you nearing retirement or are already retired and are looking to make a year-end gift? If so, a Charitable Gift Annuity can be a way to supplement your retirement income and help your parish at the same time. Also, if you are 70-1/2 or older, don't forget about the IRA Charitable Rollover. Let the Archdiocese of Newark help you set up a Charitable Gift Annuity. Contact Theresa Lynch in the Planned Giving Office—973-497-4042.

**Are YOU new to the AREA?**

If you are, why not join our ever-growing Parish family. Stop by the Rectory any weekday and meet Maria and register to become a member of the OLV Family. Census forms are also located in the Church vestibule.

**Contribution Statements**

2016 Contribution Statements are now available. To obtain a copy of your 2016 donations, please contact Maria at the rectory (768-1706).

**SAVE USED EYEGLASSES**

The OLV Knights of Columbus collects used and old eyeglasses for the less fortunate. Any old or "retired" glasses may be left at the rectory.

**Dominican College Open House**

Saturday, February 11, from 10AM-12:30PM, in the Hennessy Center for High School and Transfer students and their families. Visit website [www.dc.edu](http://www.dc.edu) or call 845-359-7800. Location: 470 Western Hwy., Orangeburg, NY.

**Canned Food Collection**

For the next few weeks OLV will be collecting non-perishable canned goods to help the local food pantries.

**CLOTHING BINS**

"What better way to share your heart with someone than to help a person in time of need? Would you be willing to take few moments and look in your closet today? We accept clothing, shoes, small appliances, linens, sheets, towels, stuffed animals, novels and children's books. Thank you with all our heart.

**MEN'S CORNERSTONE 2017**

Friday, February 24, 7:00PM through Saturday, February 25, 9:00PM at Church of St. Mary in Closter. Seven men will share their journey and invite you to take the next step on your own. What you'll find on this retreat: friendship, eucharist, laughter, quiet, song, prayer, scripture, reconciliation. Suggested contribution is \$35 to cover cost of retreat, includes meals and materials. For more information, please contact OLV parishioner Brian Milli 201-256-5122.

**Retrouvaille**

Has your marriage become unloving or uncaring—your relationship grown cold, distant—thinking about a separation or divorce? Are you already separated / divorced but (both of you) wish to try again—then Retrouvaille program may help you. Retrouvaille (Rediscovery) sponsored by the Family Life Office/Diocese of Metuchen consists of a weekend experience for couples (no group discussions) with six follow-up sessions. The next program is scheduled for the weekend of February 10-12, 2017. All inquiries are confidential. For more information, please call the Family Life Office at 732-243-4573 or Tom and Pat McTague 732-583-4468 (evenings).

**Marriage Encounter Weekend**

Do you want to give your Valentine something that will be remembered for a lifetime? The WORLDWIDE MARRIAGE ENCOUNTER WEEKEND is a great romantic get away! If you would like to find out more, contact Mike and Janet Turco at 973 427-7016 [njwwme@peoplepc.com](mailto:njwwme@peoplepc.com) or check us out on FACEBOOK. **Military families**, are you getting ready to deploy? Is your family trying to reconnect after deployment? Marriage Encounter offers tools of communication that have kept many military marriages strong and happy throughout the ups and downs of military service. Contact your local chaplain or call Mike and Janet Turco at 973 427-7016 for more information.

**2017 Wedding Anniversary Masses**

The Archdiocese of Newark is preparing the annual tradition of honoring those couples who will be celebrating five, twenty-five and fifty years of Christian marriage in 2017. Couples deserving of such recognition are urged to participate. These liturgies will be celebrated at 3:00p.m. at the Cathedral Basilica of the Sacred Heart in Newark as follows:

Sunday, April 30, 2017— 5 & 25 years;  
Sunday, May 7, 2017—50 years.

Please call the OLV Rectory to register at 201-768-1706.

**CCD Corner**

Yesterday our Second Graders received the Sacrament of reconciliation for the first time. These little angels courageously and faithfully told their sins to God and received His pardon and peace. May their example lead others to the gift of Our Lord's forgiveness and mercy! Throughout the month of February, as part of our Four Pillars of Learning Program, our CCD children will renew their understanding of the Seven Sacraments and the roles they play in our lives. Please keep our teachers and students in your prayers!

## Rooted

As Catholics, we are to be rooted within a parish community, where we are obligated to come and be fed on God's Word in Scripture and on Christ's Body and Blood in the Eucharist at least once a week. To join our Parish, stop by the Rectory any weekday and meet Maria, our parish secretary, and register to become a member of the OLV family.

## The Shrine of Holy Innocents

There is a national shrine of the Holy Innocents located at the Church of the Holy Innocents in Manhattan. It is a memorial for all children who have died before birth through miscarriage, abortion, or who were stillborn. This Shrine offers an opportunity for families to honor and remember their children by entering a name into the Book of Life. If you would like to enter a child's name, please send a letter with the name of the child to Church of the Holy Innocents, 128 West 37<sup>th</sup> Street, NY, NY 10018, or call the Shrine at 212-279-5861 ex 224.

### STEPHANIE CYWINSKI-O'BRIEN STUDENT SCHOLARSHIP APPLICATIONS

For the 10<sup>th</sup> consecutive year, student scholarships are being offered through the Stephanie Cywinski-O'Brien Trust. Applications are now being accepted from parish 7<sup>th</sup> and 8<sup>th</sup> grade students attending a Catholic grammar school, as well as Freshmen, Sophomores and Juniors attending a Catholic high school and continuing their education at a Catholic school. Applications and eligibility requirements are available at the rectory. *Applications are due March 31 with decisions to be made by April 30.*

## Euthanasia

More and more nations around the world and states in the US are approving physician-assisted suicide, or euthanasia. The Catholic Church teaches that this is a grave sin and wrong. Here's why.

This is a direct violation of the Fifth Commandment- You shall not kill. Plain and simple, it is murder. The Catechism of the Catholic Church, in paragraph 2277, affirms this. "An act or omission which, of itself or by intention, causes death in order to eliminate suffering constitutes a murder gravely contrary to the dignity of the human person and to the respect due to the living God, his Creator."

Some refer to it as "mercy killing". But even if done with the best of intentions, it is a grave sin. These are strong words from the Catechism: "The error of judgment into which one can fall in good faith does not change the nature of this murderous act..." The Church does teach that allowing someone to die naturally by not keeping them alive through "over-zealous" treatment can be legitimate.

You see, even in suffering there is great grace. God alone is the giver and taker of life, and any willful taking of an innocent life is a grave sin. This aligns perfectly with the Church's teaching that all life is sacred - from conception to natural death.

For further study: CCC 2276-2279

## PASTOR'S HOMILIES

"Nature is a gift from God and every blade of grass is a sermon," a preacher told his summertime congregation. The next day, the minister was mowing his lawn when a member of the church came along. The parishioner stood and watched his pastor mow for a while. Then, nodding his head in approval, he said, "Way to go, Pastor, cut 'em short."

### HARRINGTON PARK RESIDENTS-FREE BLOOD PRESSURE CLINIC

February 11 and March 11 (weather permitting), 8:30AM-10:00AM at 15 Kline Street, Harrington Park (rear of building). Stop by, get your baseline - no appointment necessary.

## Mass Intentions

### Monday, February 6-St. Paul Miki, martyr and companions

8:00 Norma O'Connor R/b Pat and Tess Sullivan  
12:00 Kenneth Digrazia R/b the Zaccaro Family

### Tuesday, February 7-St. Richard of England-King of West Saxon

8:00 John Warner R/b Mary Warner  
12:00 Thomas F. Lagatol II R/b the Lagatol Family

### Wed., Feb. 8-Ss. Jerome Emiliani, priest and Josephine Bakhita, virgin

8:00 Michael Coviello R/b the Supple Family  
12:00 Betty Gulfo—11th Anniversary R/b Don and Liz Ulisse

### Thursday, February 9 - St. Apollonia - Virgin and Martyr

8:00 Kathleen Marie Dolan—1st Anniversary R/b Jim Nugent  
12:00 Richard Murphy-Anniversary R/b the McAuley Family

### Friday, Feb. 10-St. Scholastica of Plombariola, Italy, Nun

8:00 Joseph and Helen Menton R/b Richard and Maureen Ferrara  
12:00 Mary Sweeney R/b George and Gail Fabiano

### Saturday, February 11—Our Lady of Lourdes

8:00 Anita Portelli R/b Edna Portelli  
12:00 Rev. Zachary H. Monet, O.Carm. R/b Pat Consoli

4:00 Helen Andreone McEnaney R/b Sam and Louise Mercurio  
5:00 In Thanksgiving R/b Steve and Robin Hartman

### Sunday, Feb. 12 - St. Saturninus & Companions, Martyrs

7:30 Filipa Fizulich R/b Michael and Barbara Fizulich  
8:15 Intentions of Edwin and Shannon Son R/b Flor Alto

9:30 Holy Name Society, Living and Deceased

10:45 Richard Harrison R/b Marie DaSaro  
12:00 Fred DeCroce R/b Norma DeCroce

1:00 People of the Parish

6:00 Thomas J. Crowley R/b Mildred Crowley

7:00 Terence Boyle R/b Joyce Weir

## Sanctuary Memorials

**The Sanctuary Votive Lamp** burns this week for **religious vocations**.

**The Blessed Virgin Mary Votive Lamp** burns this week for the **repose of the soul of Louis Buonomo Sr.**, r/b Domenic and Marcella Cafarella.

**The St. Joseph Votive Lamp** burn this week for the **souls in Purgatory**.

**The Infant of Prague Votive Lamp** burns for the **unemployed**.

**The Pope John Paul II Votive Lamp** burns this week those **who serve in defense of our country**.

## KIDZ KORNER ANSWERS

- 116 years
- Ecuador
- Sheep and Horses
- November
- Squirrel fur
- Dogs
- Albert
- Crimson
- New Zealand
- Orange

## A Parish Trip to the Holy Land

We are in the exploratory stage of organizing a trip sometime next Fall or Spring to the Holy Land. Our tour will include visits to the holy shrines as well other places where Jesus frequented and taught. We will use Father Chris' expertise and the local travel guides to direct us on what should be a faith-filled experience that will last a life time. If you have any interest in possibly taking this journey, please fill out the form below and email to Deacon Al ([deaconalatolv@gmail.com](mailto:deaconalatolv@gmail.com)) or drop it off at the rectory. It is our hope, depending on the interest of our parishioners, to explore such an itinerary, its length and cost.

Name \_\_\_\_\_

Email \_\_\_\_\_ Phone # \_\_\_\_\_

I prefer the trip to be in \_\_\_\_ Fall of 2017 \_\_\_\_ Spring of 2018

\_\_\_\_\_ I'm comfortable with either of these 2 times

## The Catholic Origins of Do-Re-Mi

By Ryan Scheel

Anybody who has taken piano lessons (like my wife who inspired this article), was lucky enough to have went to a school that had the budget for music class, or generally has awareness that in fact, music exists, is likely familiar with the ubiquitous and often practiced exercise colloquially known as "Do-Re-Mi". For those of us who prefer fancy, "extraordinary" forms of words from foreign languages, this exercise is known as "Solfège".

Solfège is essentially a technique for teaching pitch intervals in scales and as practice reading music. This exercise uses those familiar seven syllables: do, re, mi, fa, sol, la, and ti. Even if you have never taken a minute of musical training, chances are your parents sat you down in front of the TV during some Sunday evening of your youth and let you (read: "made you") watch the 1965 classic film "The Sound of Music". And chances are that if you saw this movie, you remember this song...

[This movie starring Julie Andrews has some solid Catholic credentials, as it centers around a woman who leaves an Austrian convent to become a governess to the children of a Naval officer widower, under the looming clouds of the rise of Nazi Germany.] Speaking of films, If you're like me, you may possibly remember the "Ghostbusters" version even better... "Do-Re-Egon" ["Ghostbusters", unlike "The Sound of Music" has some pretty bad theology... a nightmare afterlife of being stuck in a containment unit, with no chance of redemption.... like purgatory with no prayers of the Church Militant, but that, too, is another article...]

Anyway, back to the point at at hand; I think it is fair to say that "Do-Re-Mi" is firmly ingrained in our culture and has had a key role in the development of a system that gives us the ability to express our gratitude, joys, sufferings, and other feelings through the power of music. But, like nearly literally everything in Western-culture (though college professors are mostly loathe to admit) Solfège has a very Catholic origin.

The use of a diatronic 7-note music scale is ancient, with some archaeological evidence going back 45,000 in the form of a bear femur flute found in modern day Slovenia, known as the "Divje Babe flute". But as time marched on, it seemingly became more convenient to have an organized system of musical notation instead of just tearing to awesome Jethro Tull inspired Jazz-flute improvisations on the bear femurs....

### Guido of Arezzo

Enter Guido of Arezzo ( b. 995 d.1050), an 11th century Benedictine monk and music theorist. While at the Monastery of Pomposa, Guido noticed the difficulty his less musically inclined monastic brothers had in being able to remember Gregorian Chants (something that apparently predates Vatican II). He developed what was to become the modern musical notation system. His system helped his fame grow throughout all of Italy, even to the point of the Pope John XIX requesting that he come to Rome to teach the clergy there his system. Guido of Arezzo's system of naming the notes was based on an easy to remember melody that he wrote for the purpose of instruction, but was lyrically a reworking of an older Hymn to St. John the Baptist "Ut queant laxis" or "Hymnus in Ioan-nem". (Which to my ears sounds more or less like a cooler, chanted version Julie Andrews' song from The Sound of Music...)

The first note was the lowest note of the scale, and each subsequent phrase began one note higher than the previous phrase, just like the modern musical exercise. Guido used the first syllable of each phrase to name that note of the scale, that is "ut, re, mi, fa, sol, la" UT QUEANT LAXIS RESONARE FIBRIS, MIRA GESTORUM FAMULI TUORUM, SOLVE POLLUTI LABII REATUM, SANCTE IOHANNES. (It may be translated: So that your servants may, with loosened voices, resound the wonders of your deeds, clean the guilt from our stained lips, O Saint John.)

Not long after, a seventh note was added, "Si", derived from the first letters of the first two words in the next phrase in the song, "Sancte Iohannes" giving us the familiar 7 notes. In the 17th century the note "Ut" became "Do", seemingly because it simply sounded better to the now more

modern Italian tongue. The "Si" was later changed to "Ti" so that there would not be two notes that started with the same sound. And there you have it; "ut, re, mi, fa, sol, la" had become the bane of the 8-year old piano students everywhere, "do, re, mi, fa, sol, la, and ti."

Another interesting note (pun intended); because some of the Gregorian Chant of the time had a note that went past his scale, Guido also sometimes used a provisional note that he called Gamma, after the Greek letter. The range of notes now ran from "Gamma" to "Ut", which is where we get the modern word "Gamut" meaning "an entire range or series". So the next time you listen to music, literally any music, you will know the absolutely critical part an 11th century Catholic Benedictine Monk had in it's development.

## A Catholic Blessing Of Beer

By Ryan Scheel

The Roman Ritual (Latin: Rituale Romanum) is one of the official ritual works of the Roman Rite of the Catholic Church. It contains all of the services which may be performed by a priest or deacon which are not contained within either the Missale Romanum or the Breviarium Romanum. One particularly awesome blessing that can be found in the 1964 editions is a blessing for beer found under the section titled "Blessings of things designated for ordinary use".

Let us give thanks to God for the gift of beer!

### BLESSING OF BEER

V. Adjutorium nostrum in nomine Domini.

R. Qui fecit caelum et terram.

V. Dominus vobiscum.

R. Et cum spiritu tuo.

Oremus.

Bene-dic, Domine, creaturam istam cerevisae, quam ex adipe frumenti producere dignatus es: ut sit remedium salutare humano generi: et praesta per invocationem nominis tui sancti, ut, quicumque ex ea biberint, sanitatem corporis, et animae tutelam percipiant. Per Christum Dominum nostrum. Amen

### In English

P: Our help is in the name of the Lord.

All: Who made heaven and earth.

P: The Lord be with you.

All: May He also be with you.

Let us pray.

Lord, bless this creature, beer, which by your kindness and power has been produced from kernels of grain, and let it be a healthful drink for mankind. Grant that whoever drinks it with thanksgiving to your holy name may find it a help in body and in soul; through Christ our Lord.

All: Amen. It is sprinkled with holy water.

## KIDZ KORNER

**KIDZ KORNER Exam; you only need 4 correct out of 10 questions to pass.**

1. How long did the Hundred Years' War last?
2. Which country makes Panama hats?
3. From which animal do we get cat gut?
4. In which month do Russians celebrate the October Revolution?
5. What is a camel's hair brush made of?
6. The Canary Islands in the Pacific are named after what animal?
7. What was King George VI's first name?
8. What color is a purple finch?
9. Where are Chinese gooseberries from?
10. What is the color of the black box in a commercial airplane?

Remember, you need only 4 correct answers to pass.

**ANSWERS ON PAGE FOUR.**