

20 ways for kids to grow as a disciple of Jesus in 2019

Pick up a copy of Living Faith for Kids and read it every day

Read a Bible story every Monday, Wednesday, and Friday.

Go to Mass every Sunday and Holy Day in 2019

Choose not to play a violent video game that you like.

Help out at a soup kitchen during spring break or fall break.

Help a student who struggles in class.

When you go to Mass, ask God to be with you in a special way. Then write down what happens.

When you have a decision to make pray to God and ask What Would Jesus Do?

Both “give up” something **AND** “do something extra” for Lent

Participate in Religion Class at school or in your Faith Formation Class.

Clean your room once a week and pray the Hail Mary over and over while you do it.

Say a decade of the Rosary before you go to bed.

Stop someone who is bullying someone else.

Visit someone in a nursing home who doesn't get many visitors.

Give your parents some quiet time when they are doing something.

Participate in the parish service day October 19.

Share a Christmas toy with someone who may not have as much as you.

Read the Sunday readings before you go to Church so that you will be prepared for Mass better.

Write a thank you note to someone who has been good to you (a teacher, a friend, a relative).

Do what your parents ask you the first time they ask.

Because I Believe...I Pray

Today I make this commitment to God: In 2019, I will strive to grow as a disciple of Jesus in the following way(s): _____

Signed _____

Date _____