

Resources:

National Alliance on Mental Illness (NAMI): Trained counselors assist young people and adults with any emotional difficulty 24/7

PHONE 800-273-8255

TEXT 741741

WEBSITE <https://www.nami.org/Find-Support/NAMI-HelpLine#crisis>

Substance Abuse and Mental Health Services Administration's (SAMHSA) Disaster Distress: Trained counselors assist young people and adults with any emotional difficulty 24/7

HELPLINE 800-985-5990

TEXT 66746

TTY 800-846-8517

WEBSITE [Center for Disease Control and Prevention](https://www.cdc.gov/ncbddd/disasterandtrauma/)

Girls and Boys Town National Support: Trained counselors assist young people and their parents with their problems 24/7

HELPLINE 800) 448-3000

WEBSITE <https://www.boystown.org/hotline/Pages/default.aspx>

BRAINPOP Coronavirus video for children:

https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/?fbclid=IwAR30WQxB6J2ye36dRH0_oBc6UHDHEaVTdi029veriu3sT0IIMlUaD7FBFU

Child Mind Institute:

<https://childmind.org/article/talking-to-kids-about-the-coronavirus/>

PBS for Parents:

<https://www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus>

Education Week:

<https://www.edweek.org/ew/articles/2020/03/03/how-teachers-are-talking-to-students-about.html>

Scholastic K-12 support:

<https://classroommagazines.scholastic.com/support/coronavirus.html>

The Character Tree:

<https://charactertree.com/my-episodes/#myaccount>

Centers for Disease Control:

[Coronavirus Disease 2019](#)

[Interim Guidance for Administrators of US Childcare Programs and K-12 Schools to Plan, Prepare and Respond to Coronavirus Disease 2019](#)

[Guidance for School Settings Before and During an Outbreak](#)

U.S. Department of Education:

[COVID-19 Information and Resources for Schools and School Personnel](#)

[Protecting Student Privacy](#)

SAMHSA:

[Coping with Stress During an Infectious Disease Outbreak](#)

National School Boards Association:

[COVID-19: Preparing for Widespread Illness in Your School Community: A Legal Guide for School Leaders](#)

National Education Association:

[Schools and Coronavirus](#)

National Association of School Psychologists:

[Talking to Children About COVID-19: A Parent Resource](#)

Child Mind Institute:

[Talking to Kids About the Coronavirus](#)

Share My Lesson:

[Coronavirus Student Guide: Explanations and News Updates](#)

CDC:

<https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html>