

# YEAR OF THE EUCHARIST

*and honoring St. Joseph*

2021

Beginning on the Feast of the Baptism of Our Lord, January 10, 2021, the local Catholic Church has entered into the Year of the Eucharist, a time of renewal, healing, and communion. This year is dedicated to helping all of us, clergy, religious, and laity, grow in our relationship with Christ.

We begin this important year on this feast because baptism marks the beginning of our initiation into Jesus Christ, a lifelong journey toward union with Christ and one another. The Eucharist is communion with God. Christ nourishes us with his very Body and Blood so that we can be joined more closely to him and to all humanity.

Throughout this year, we will join with Catholics around the world to call upon the prayers and patronage of St. Joseph to help us more fully understand the meaning of the parts of the Mass, the theology of the Real Presence of Christ in the Eucharist, and the obligation we have as Catholics to participate in Mass on Sunday.

As the universal church observes a special Year of St. Joseph as proclaimed by the Holy Father, we in the Archdiocese of New Orleans call upon St. Joseph's powerful intercession to bring us closer to Jesus in the Eucharist.

## *SPECIAL INITIATIVES*

### **The Vigil Project Partnership**

The Archdiocese of New Orleans is partnering with The Vigil Project ([thevigilproject.com](http://thevigilproject.com)) to bring exciting opportunities for parish evangelization and events as well as planning for a large youth gathering in the late fall of 2021.

### **Twelve Part Explanation of the Mass**

Throughout the year, clergy will preach on the various parts of the Mass once a month to help Catholics enter more deeply into the mystery of the Mass.

### **Archdiocesan Nights of Exposition, Adoration, and Reconciliation**

All church parishes in the Archdiocese of New Orleans will offer Nights of Eucharistic Exposition, Adoration, and Reconciliation on March 24 and September 15, 2021.

### **Year of the Eucharist Art Contest**

Adults and youth will be encouraged to participate in a special art contest on "The Power of the Eucharist". More information is available at [nolacatholic.org/artcontest](http://nolacatholic.org/artcontest).

### **Notre Dame Seminary Eucharistic Lecture Series**

Notre Dame Seminary will host monthly lectures and conversations around Eucharistic topics. More information is available at [nds.edu/ELS](http://nds.edu/ELS).



ARCHDIOCESE OF  
**NEW ORLEANS**

Learn more at <https://nolacatholic.org/eucharist>

# YEAR OF THE EUCHARIST

## TWELVE PART EXPLANATION OF THE MASS

(given throughout the year during the homily)

January 10 (Baptism of the Lord): *Who we are and why we Celebrate Mass*

February 7: *The Church Gathered in the Presence of God*

March 14: *The Penitential Act and the Gloria*

April 18: *The Presence of Christ in the Word*

May 2: *The Creed*

June 13: *The Presentation of the Gifts and Preparation of the Altar*

July 25: *The Eucharistic Prayer*

August 29: *The Lord's Prayer and Rite of Peace*

September 12: *The Lamb of God*

October 24: *Real Presence and Reception of the Eucharist*

November 21 (Christ the King): *Blessing and Dismissal*

December 12: *The Meaning and Importance of the Obligation to Sunday Mass*

## A PRAYER FOR THE INTERCESSION OF ST. JOSEPH

*To you, O blessed Joseph, do we come in our afflictions, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.*

*Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities.*

*O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.*

*As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven.*

*Amen.*