

# WORSHIP AID

## PROCESSIONAL HYMN

*Led by the Spirit*

*Verse 1:*

**Led by the Spirit of our God,  
We go to fast and pray  
With Christ into the wilderness;  
We join his paschal way.  
“Rend not your garments, rend your hearts.  
Turn back your lives to me.”  
Thus says our kind and gracious God,  
Whose reign is liberty.**

*Verse 2:*

**Led by the Spirit, we confront  
Temptation face to face,  
And know full well we must rely  
On God’s redeeming grace.  
On bread alone we cannot live,  
But nourished by the Word  
We seek the will of God to do:  
This is our drink and food.**

## FIRST READING - *Genesis 9:8-15*

God said to Noah and to his sons with him:  
“See, I am now establishing my covenant with you  
and your descendants after you and with every  
living creature that was with you:  
all the birds, and the various tame and wild animals  
that were with you and came out of the ark.  
I will establish my covenant with you, that never  
again shall all bodily creatures be destroyed  
by the waters of a flood; there shall not be another  
flood to devastate the earth.”  
God added:  
“This is the sign that I am giving for all ages to  
come, of the covenant between me and you  
and every living creature with you:  
I set my bow in the clouds to serve as a sign  
of the covenant between me and the earth.  
When I bring clouds over the earth,  
and the bow appears in the clouds,  
I will recall the covenant I have made  
between me and you and all living beings,  
so that the waters shall never again become a flood  
to destroy all mortal beings.”

**R. Thanks be to God.**

## RESPONSORIAL PSALM - *Psalms 25*

**R. Your ways, O Lord, are love and truth to  
those who keep your covenant.**

Your ways, O LORD, make known to me;  
teach me your paths,  
Guide me in your truth and teach me,  
for you are God my savior.

**R. Your ways, O Lord, are love and truth to  
those who keep your covenant.**

Remember that your compassion, O LORD,  
and your love are from of old.  
In your kindness remember me,  
because of your goodness, O LORD.

**R. Your ways, O Lord, are love and truth to  
those who keep your covenant.**

Good and upright is the LORD,  
thus he shows sinners the way.  
He guides the humble to justice,  
and he teaches the humble his way.

**R. Your ways, O Lord, are love and truth to  
those who keep your covenant.**



## SECOND READING - 1 Peter 3:18-22

Beloved:

Christ suffered for sins once,  
the righteous for the sake of the unrighteous,  
that he might lead you to God.  
Put to death in the flesh,  
he was brought to life in the Spirit.  
In it he also went to preach to the spirits in prison,  
who had once been disobedient  
while God patiently waited in the days of Noah  
during the building of the ark,  
in which a few persons, eight in all,  
were saved through water.  
This prefigured baptism, which saves you now.  
It is not a removal of dirt from the body  
but an appeal to God for a clear conscience,  
through the resurrection of Jesus Christ,  
who has gone into heaven  
and is at the right hand of God,  
with angels, authorities, and powers subject to him.

**R. Thanks be to God.**

## GOSPEL - Mark 1:12-15

The Spirit drove Jesus out into the desert,  
and he remained in the desert for forty days,  
tempted by Satan.  
He was among wild beasts,  
and the angels ministered to him.

After John had been arrested,  
Jesus came to Galilee proclaiming the gospel  
of God:

“This is the time of fulfillment.  
The kingdom of God is at hand.  
Repent, and believe in the gospel.”

**R. Praise to you Lord, Jesus Christ.**



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## NICENE CREED

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

## RECESSIONAL *Forty Days and Forty Nights*

*Verse 1:*

**Forty days and forty nights You were fasting in the wild;  
Forty days and forty nights Tempted, and yet undefiled.**

*Verse 2:*

**Shall not we your sorrow share And from worldly joys  
abstain,  
Fasting with unceasing prayer, Strong with you to  
suffer pain?**

*Verse 3:*

**Then if Satan on us press, Flesh or spirit to assail,  
Victor in the wilderness, Grant we may not faint  
nor fail!**