

## Prayers for These Times

### Prayer for a Pandemic

May we who are merely inconvenienced remember those whose lives are at stake.

May we who have no risk factors remember those most vulnerable.

May we who have the luxury of working from home remember those who must choose between preserving their health or making their rent.

May we who have the flexibility to care for our children when their schools close remember those who have no options.

May we who have to cancel our trips remember those that have no place to go.

May we who are losing our margin money in the tumult of the economic market remember those who have no margin at all.

May we who settle in for a quarantine at home remember those who have no home.

During this time when we cannot physically wrap our arms around each other, let us yet find ways to be the loving embrace of God to our neighbors. **Amen.**

### Prayer for Our Community

O Great Love, thank you for living and loving in us and through us. May all that we do flow from our deep connection with you and all beings. Help us become a community that vulnerably shares each other's burdens and the weight of glory. Listen to our hearts' longings for the healing of our world. [*Please add your own intentions.*] . . . Knowing you are hearing us better than we are speaking, we offer these prayers in all the holy names of God. **Amen.**

### A Prayer Moment

O Mary, you shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, *Health of the Sick*.

At the foot of the Cross you participated in Jesus' pain, with steadfast faith. You, *Salvation of the Roman People*, know what we need. We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial.

Help us, *Mother of Divine Love*, to conform ourselves to the Father's will and to do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection.

We seek refuge under your protection, *O Holy Mother of God*. Do not despise our pleas – we who are put to the test – and deliver us from every danger, *O glorious and blessed Virgin*. **Amen.**

Pope Francis

**Be blessed and keep all in God's love.**