

February 29th

Ashes to Ashes Pilgrimage

Locations

St. Joseph's Parish

721 Chemeketa St NE, Salem, OR 97301

13 miles to

St. Mary's Parish

9168 Silver Falls Hwy SE Aumsville

Pilgrim Spirituality

A pilgrim embarks on a pilgrimage in order to:

- 1) Ask God for a special intention, join with fellow pilgrims in their prayer requests
- 2) Make a penitential journey for yourself or others.
- 3) In thanksgiving to God.

As you spiritually prepared, consider how God is calling you... how can we better understand what Christ did for us in his life, teachings, fellowship, crucifixion and death and resurrection.

Schedule For Walking Pilgrims

7:30-8:00am -- Registration in Parish Hall @ St. Joseph's

8:00-8:45am -- Prayers in the Church (and Confession if we can get a priest)

8:45-9:00am -- Pilgrimage Meeting in the Church

9:00am -- Departure from St. Joseph's

At each mile mark a station of the cross will be prayed.

Snacks light lunch at Bethany school

3:30pm-4:30pm reconciliation at St Mary's

5:00pm - Mass @ St. Mary's in Shaw

6:00pm Dinner

7:30pm Depart to St Joseph Salem Oregon.

8:00pm Arrive at St Joseph Salem

Walking pilgrims should try to stay in a group. This is for safety from cars, ability to watch out for each other in their needs, facilitates sharing prayer with each other, and fellowship. In our journey we will ask you to take turns in carrying a cross to lead the group and a backpack speaker to project our prayers to a larger group. There will be chase vehicles that will be shadowing the walkers with a rolling port-a-potty. If a walker needs a break they can ride in the chase vans for a bit. If a walker is done walking they will be shuttled to St Mary's to join the prayer pilgrims. There will be two bikes that will be signing traffic that will be independent of the group please do not set your pace off the bikes.

Recommended Packing List for Walking Pilgrims

- Comfortable backpack
- Hand Warmers
- Muscle Relaxant such as ibuprofen
- Wallet with Medical Insurance Card
- Phone
- Snacks
- Flashlight
- Rosary
- Moleskin for blisters
- Electrolytes

- WATER - there will be additional water provided at rest stops to refill water bottle

Clothing Recommendations for Walking Pilgrims

- Safety Vest/Reflective Gear
- Gloves
- Hats
- Dri-fit, under armor, polyester materials (avoid jeans/cotton)
- Lightweight layers
- Broken in tennis shoes
- Socks that will prevent blisters
- Waterproof clothing- weather dependent
- Flip flops or sandals for the ride home

Cars will not be expecting a large group of people to be walking, please consider how a car will be able to spot you in the evening. A bright clothing, safety vest/reflective gear is an absolute essential for this pilgrimage.

Schedule For Prayer Pilgrims

7:30-8:00am -- Registration in Parish Hall @ St. Joseph's
 8:00-8:45am -- Prayers in the Church (and Confession if we can get a priest)
 8:45-9:00am -- Pilgrimage Meeting in the Church
 9:00am -- Departure from St. Joseph's
 Walking Pilgrim send off
 9:15am -- Departure from St. Joseph's
 9:45 -- Prayer begins at St. Mary's Parish Shaw
 3:30pm-4:30pm reconciliation at St Mary's
 5:00pm - Mass @ St. Mary's in Shaw
 6:00pm Dinner
 7:30pm Depart to St Joseph Salem oregon.
 8:00pm Arrive at St Joseph Salem

Prayer pilgrims will begin the day with the walking pilgrims at St. Joseph's Parish. After the walking pilgrims have departed, there will be drivers shuttling the prayer pilgrims to St. Mary's Parish in Shaw. The prayer will begin around 9:30am and continue throughout the day. Snacks and refreshments will be provided. The walking pilgrims will rejoin the prayer pilgrims in St. Mary's church at 3:30 for reconciliation, mass and dinner.

