



The Rosary: A Four-Part Retreat

Part 1: The Joyful Mysteries

PRAYER AT HOME RESOURCE

Don't forget to keep praying your Rosary!

Mary's Magnificat

Luke 1:46-55

"My soul magnifies the Lord,
and my spirit rejoices in God my Savior,
for he has regarded the low estate of his
handmaiden. For behold, henceforth all
generations will call me blessed;
for he who is mighty has done great
things for me, and holy is his name.
And his mercy is on those who fear him
from generation to generation.
He has shown strength with his arm, he
has scattered the proud in the
imagination of their hearts, he has put
down the mighty from their thrones, and
exalted those of low degree;
he has filled the hungry with good things,
and the rich he has sent empty away.
He has helped his servant Israel, in
remembrance of his mercy,
as he spoke to our fathers, to Abraham
and to his posterity for ever."

(RSVCE)

The Angelus

Luke 1:46-55

The Angel of the Lord declared to Mary:
And she conceived of the Holy Spirit.
Hail Mary...

Behold the handmaid of the Lord:
Be it done unto me according to Thy word.
Hail Mary...

And the Word was made Flesh:
And dwelt among us.
Hail Mary...

Pray for us, O Holy Mother of God, that we may
be made worthy of the promises of Christ.

Let us pray:
Pour forth, we beseech Thee, O Lord, Thy grace
into our hearts; that we, to whom the
incarnation of Christ, Thy Son, was made known
by the message of an angel, may by His Passion
and Cross be brought to the glory of His
Resurrection, through the same Christ Our Lord.
Amen.

Brought to you by: St. Genevieve Catholic Church, Catholic Daughters of the Americas Louisiana State Court & CDA Court Genevieve of Paris #2496

Litany of Humility

O Jesus, meek and humble of heart,

Hear me.

From the desire of being esteemed,

Deliver me, O Jesus.

From the desire of being loved,

Deliver me, O Jesus.

From the desire of being extolled,

Deliver me, O Jesus.

From the desire of being honored,

Deliver me, O Jesus.

From the desire of being praised,

Deliver me, O Jesus.

From the desire of being preferred to others,

Deliver me, O Jesus.

From the desire of being consulted,

Deliver me, O Jesus.

From the desire of being approved,

Deliver me, O Jesus.

From the fear of being humiliated,

Deliver me, O Jesus.

From the fear of being despised,

Deliver me, O Jesus.

From the fear of suffering rebukes,

Deliver me, O Jesus.

From the fear of being calumniated,

Deliver me, O Jesus.

From the fear of being forgotten,

Deliver me, O Jesus.

From the fear of being ridiculed,

Deliver me, O Jesus.

From the fear of being wronged,

Deliver me, O Jesus.

From the fear of being suspected,

Deliver me, O Jesus.

That others may be loved more than I,

Jesus, grant me the grace to desire it.

That others may be esteemed more than I,

Jesus, grant me the grace to desire it.

That, in the opinion of the world, others may increase and I may decrease,

Jesus, grant me the grace to desire it.

That others may be chosen and I set aside,

Jesus, grant me the grace to desire it.

That others may be praised and I go unnoticed,

Jesus, grant me the grace to desire it.

That others may be preferred to me in everything,

Jesus, grant me the grace to desire it.

That others may become holier than I, provided that I may become as holy as I should,

Jesus, grant me the grace to desire it.

Invocation to Mary from daily Liturgy of the Hours

Loving Mother of the Redeemer,

Gate of Heaven, star of the sea,

Assist your people who have fallen
yet strive to rise again.

To the wonderment of nature
you bore your creator!



Don't forget to keep praying your Rosary!