DIOCESAN OFFICES CLOSED
The diocesan offices will be closed for an all staff retreat on Thursday, January 16.

CHANGE OF ADDRESS
Rev. Jeff Belger: send all US mail to 301 High Ave. E., Oskaloosa 52577-2823; Phone numbers: C: 319-759-3009; St. Mary, Oskaloosa Office: 641-673-6680; St. Mary, Pella Office: 641-628-3078
Rev. Joseph Nguyen: St. Andrew Catholic Church, 1525 Sheridan Dr., Kenmore, NY 14217-1284.

STEWARDSHIP OFFICE
Technology for the New Evangelization: Websites, Social Media and Online Giving: February 19, 9 a.m. – 1 p.m., St. Vincent Center, Davenport. Registration begins at 8:30 a.m. The diocesan Stewardship Commission is pleased to invite you to a faith and technology workshop exploring new and exciting ways to engage your parishioners. Breakfast and lunch are included with this free event sponsored by Liturgical Publications. This company prints the bulletin for many of our parishes. A link will be provided if you wish to participate via webinar. This workshop has received rave reviews in other dioceses. More information will be forthcoming. Office staff, pastors, communication and stewardship members are encouraged to attend. For questions contact Sr. Laura Goedken, goedken@davenportdiocese.org or 563-888-4252.

SOCIAL ACTION OFFICE
CRS Rice Bowl
1) A kick-off breakfast for the CRS Rice Bowl will be held January 25 from 9-11 a.m. at St. Patrick Church, Iowa City.
   - We will share a simple rice bowl breakfast and information on how to make for a successful Rice Bowl campaign and collection.
   - We will hear from CRS Rice Bowl grant recipients, folks across the diocese who have used the 25% that stays here to support hunger programs.
   - We encourage each parish to have either one person or a two-person Rice Bowl promoter team. We will provide Fair Trade shirts to those parish promoters.
   - If other members of the parish would like to attend, we need to have their names in advance as well. Shirts for those other than the parish promoters will be $10. We need to have shirt sizes for all those attending as soon as possible.
   To register e-mail Esmeralda Guerrero, guerrero@davenportdiocese.org.

2) Thank you to all the parishes that have submitted their order for the 2014 Rice Bowl materials. CRS will ship your order January 8.


MINISTRY FORMATION PROGRAM

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For information regarding the courses or the Ministry Formation Program contact IlaMae Hanisch, hanisch@davenportdiocese.org or 641-791-3435.
**MARRIAGE AND FAMILY**

**Marriage and Parenting Resource:** Attached is the January issue of “Marriage Moments and Parenting Pointers.” These may be used in parish bulletins or as links on parish websites.

**Marriage Preparation:** The Diocese of Davenport offers several marriage preparation program formats. One-day, Weekend (two-day) and Online.

**Weekend and One-day**
- January 25: Bettendorf, St. John Vianney, registration deadline is January 17 (space is limited so register early)
- February 22: Bettendorf, St. John Vianney, registration deadline is February 14 (space is limited so register early)
- April 26-27: Williamsburg, St. Mary, registration deadline is April 18
- August 9-10: Mt. Pleasant, St. Alphonsus, registration deadline is August 1
- October 18: Muscatine, SS. Mary & Mathias, registration deadline is October 10

The fee is $125 per couple. The registration form and more information can be found on the diocesan website at [http://www.davenportdiocese.org/faithform/Marriage%20and%20Family.htm](http://www.davenportdiocese.org/faithform/Marriage%20and%20Family.htm). If you have questions, contact Barb Butterworth, 563-888-4240, butterworthb@davenportdiocese.org or IlaMae Hanisch, hanisch@davenportdiocese.org.

**Online:** For information go to [http://www.marriageministries.com/courses/catholic-marriage-prep-class/](http://www.marriageministries.com/courses/catholic-marriage-prep-class/).

**PROTECTING GOD’S CHILDREN**

**To report child abuse contact:** Iowa Department of Human Services Child Abuse Hotline: 800-362-2178 and if it involves clergy or church personnel also notify Alicia Owens, Victim Assistance Coordinator: 563-349-5002, vacdav@attglobal.net or PO Box 232, Bettendorf, IA 52722-0004.

**OUR LADY OF THE PRAIRIE RETREAT, WHEATLAND**

To register contact: 563-336-8414 or olpretreat@gmail.com. All programs include a delicious homemade meal prepared with local and organic ingredients. To learn more about Our Lady of the Prairie Retreat visit [www.chmiowa.org](http://www.chmiowa.org).

**Labyrinth in Clay:** Thurs, January 9, 9:30am – 3:30pm

Kathleen Storms, SSND

The labyrinth is a time-honored Christian walking meditation. Learn how to walk the labyrinth and create a clay finger labyrinth of your own. Fee: $20

**Images of Bread in Our Life, Our Community, and in the World:** Wed, January 15, 9am – 4pm

Pastor Jennifer Henry & Kathleen Storms, SSND

Through the baking and breaking of bread, we ourselves will be the ingredients that with warmth – and maybe a delicate punch or two – will rise and bask in a newer understanding of our own complicity and advocacy of God’s world. Fee: $30

**New Beginnings Come to the Quiet:** Tues, January 21, 9:30am – 3:30pm

Nature is a gift, so come to the quiet and savor solitude, nutritious food and wintertime. Fee: $20

**Winter Wonderland:** Sat, January 25, 10am – 3pm

Spend a day in winter play. Bring your own cross country skis, sleds, snow shoes or hiking boots. Enjoy sitting by the fireplace sipping hot chocolate and savor a nutritious hot lunch. Fee: $20 (Friday or Saturday overnight available for an additional $40/night)
EAGLES’ WINGS COUNSELING AND RETREAT CENTERS, DAVENPORT
To register, for questions or information about obtaining a spiritual director, or Christian counseling contact Marcia Moore, marcia@eagleswings.ws or 563-324-7263, http://www.eagleswings.ws. Located at 5816 Telegraph Rd., Davenport.

Icon Workshop: Monday, January 20–Friday, January 24, 9:00 a.m. to 4:30 p.m (possibly part of Sat.). Icons have been called “A window into heaven.” Iconographer Leanne Spacek will be teaching this class. The Icon we will be writing is our newest canonized saint, Saint Kateri Tekakwitha. No artistic ability is needed. All supplies are included and space is limited. Registration: $300. Bring a sack lunch. A $100 down payment is needed to hold your space. To register call Cyndi Jarvis for reservation, 563-323-9945.

CONTEMPLATIVE OUTREACH OF EASTERN IOWA
Centering Prayer Practitioners are invited to attend the following:
- Silent Saturdays: Jan. 11, Feb. 8, May 10, June 14, and July 12; 9:30-11:30 a.m., Humility of Mary Center, Davenport
- One-Day Retreat: April 26, 9 a.m. – 3:30 p.m., Our Lady of the Prairie, Wheatland
- Retreat: August 10-15, Our Lady of the Prairie, Wheatland
- Local support groups are also available.
For information on any of the above go to https://sites.google.com/site/easterniowaco1/home.

BENET HOUSE RETREAT CENTER/ST. MARY MONASTERY, ROCK ISLAND, IL
All events held at Benet House Retreat Center, 2200 88th Avenue West, Rock Island, IL 61201-7649. To register, contact Sr. Jackie Walsh at 309-283-2108 or retreats@smmsisters.org.


Silent Directed Retreat: The Glory of the Lord May Be Revealed and All Shall See It Together: Sun. Jan. 19. (Check-in: 4-6:30 pm; Conference: 7 pm)-Wed. Jan. 22, 4 pm. Mark your calendar and register for this popular retreat which fills early. In addition to daily Eucharist and a conference with a Spiritual Director, there will be opportunity for the Sacrament of Reconciliation, Centering Prayer, personal prayer, silence, rest, prayer with the Benedictines and walking the grounds. Fee: $275

Beatitudes for Leaders: Jan. 30, 9 am-3 pm. Reflect together on the paradoxes of leadership as understood from reflecting on the Beatitudes. Leadership takes wisdom, empathy, humility, justice, mercy, service, peace and courage. Presenter: Dr. Dan Ebener, Professor, St. Ambrose University, Director of Stewardship and Parish Planning for the Diocese of Davenport, and author of “Servant Leadership Models for Your Parish” and “Blessings for Leaders.” Fee: $40 (includes lunch).

Valentine Evening: Cracking the Communication Code (A Christian Spirituality for Marriages): Feb. 14, 6:30-9:30 pm. What do wives really want from their husbands? What do husbands really need from their wives? Why did God make it like this? Explore these questions and more about the two most important relationships in married life – with God and with your spouse. Bring the evening to a close with a recommitment of love followed by a time to relax with a candlelight dessert. Facilitators: Deacon Al and Daphne Angelo; Krista and Matt Nixon, St. Patrick’s Church, Colona. $25/couple if registered and paid by Jan. 14, after that date $30/couple. Couples may stay overnight at Benet House for an additional $50.

Evening at The Monastery: Thurs. Feb. 20, 4:45-7:45 pm. Do you wonder what life is like in a monastery? Come for an evening of prayer, pleasant conversation and a chance to ask the questions you have not had an opportunity to voice. Enjoy Vespers and dinner with the Benedictine Sisters followed by reflection and sharing on Scripture and the monastic way of life. Presenter: Sr. Mary Schmidt, OSB. Fee: $15.

Friday Night at the Movies: End your busy week with popcorn, a good movie and insightful conversation! Presenter: Sr. Bobbi Bussan, OSB, Vocation Director. Fridays, 6-9 pm; fee: $10/session.
Benedictine Experience Weekend “Behold, here I am.” (Rule of St. Benedict and Psalm 33): Fri. Feb. 28, 7 pm-Sun. Mar. 2, 1 pm. Join other single Catholic women for a weekend that focuses on the importance of Scripture in Benedict’s Rule. We will tour the St. John’s Bible Heritage Exhibit, explore Benedictine spirituality, pray with the Sisters and talk about what it’s like to live in community. Facilitator: Sr. Bobbi Bussan, OSB, Vocation Director. There is no cost; you are our guest!

SHALOM SPIRITUALITY CENTER, DUBUQUE
To register call 563-582-3592 or send check payable to Shalom Spirituality Center with your contact information to: 1001 Davis St., Dubuque, IA 52001. www.shalomretreats.org, info@shalomretreats.org

JustFaith Ministries: Engaging Spirituality Leadership Training: Saturday, Jan. 11, 9 am – 3 pm
Presenter: Susie Paloma, JustFaith Ministries Board Member & Regional Animator
This day is a regional training session for all those interested in learning more about the JustFaith Ministries Engaging Spirituality program. In the morning, Susie will lead an Engaging Spirituality session and answer questions about the program. The afternoon will be dedicated to those interested in co-facilitating an Engaging Spirituality group in your parish, congregation, or other group.
Offering: Morning only (no lunch): $15; Morning & afternoon, including lunch. $40. Register/prepay by Wednesday, Jan. 8.

Honoring the Legacy of MLK, Jr.: Tuesday, Jan. 21, 7:00-8:30 pm
Presenters: Pat Farrell OSF & Mary Sawyer
This week as we honor the memory of Martin Luther King, Jr., let us gather to reflect on his legacy of non-violence and look at how we can practice active non-violent resistance in our world today. Our evening’s presenters have had considerable personal experience in the area. Mary initiated and taught African American studies at Iowa State University where she also focused a great deal on the legacy of MLK, Jr. Pat experienced living in Chile under the violence of the Pinochet dictatorship there, and also experienced the civil war in El Salvador where she exercised non-violent resistance. She has since given numerous workshops on non-violence.
Offering: $10. Register/prepay by Friday, January 17.

Retreat: Towards a Healthy Christian Spirituality: Seven Sure Steps
Ash Wednesday, March 5, 9:00am – 4:00pm. Director: Fr. Richard Ament
Begin Lent with a preached retreat, time for reflection and quiet and participation in the Eucharistic liturgy. Fr. Dick Ament spells out how to live a Christian spiritual life using the word “healthy.” This leads us on our spiritual journey throughout Lent and beyond Lent in our lives. Note: Remember to bring along your Bible or a copy of the New Testament. Offering: $40, includes lunch. Register by Wednesday, Feb. 26.

Embracing Life After The Death of a Spouse or Significant Other: Saturday, Feb. 15; 8:00am – 3:30pm.
Team: Barbara Meloy Callahan, Diane Fasselius, Pat Pierce, Jim Swenson and Marci Blum OSF
Gather with others who have lost a spouse and share experiences of loss, grief and healing. Topics include: coping with loss, making adjustments, dealing with fears, surviving and thriving. Offering: $40. Includes continental breakfast and lunch. Register/prepay by Monday, Feb. 10.

St. Catherine of Siena and Gospel Poverty: Tuesday, Feb. 25, 7:00 – 8:30pm
Presenter: Most Rev. Archbishop Michael Jackels. In light of Pope Francis’ call to poverty and the spiritual Franciscan heritage of Shalom, Archbishop Michael Jackels, Archbishop of Dubuque, will present on St. Catherine of Siena in living her value of gospel poverty (shared life). St. Catherine, a Dominican tertiary, is one of the two patron saints of Italy, together with St. Francis of Assisi. Offering: $10. Register/prepay by Friday, Feb. 21.

To support the ministry of your parish, school and the diocese these groups automatically receive the Mini-Messenger:
- Deacons
- Diocesan Corporate Board
- Youth Ministers
- Pastoral Associates
- Directors/Coordinators of Faith Formation
- Priests
- Catholic Foundation Board
- Sisters
- RCIA Parish Contacts
- Diocesan Liturgical Commission
- Seminarians
- Parish Lay Directors
- Bookkeepers
- Diocesan Board of Education
- Diocesan Planning Commission
- Other interested persons are welcome to subscribe. If you have questions regarding your subscription contact Laurie Hoefling, hoefling@davenportdiocese.org.
I offer you these tidbits of wisdom as prayer prompts to remind you (and your constituents) of the sacredness of marriage vows and the value of every child. The commitment to love a spouse forever, and the generous gift of life parents offer a child are indeed spiritual under-takings and cannot be done alone. May the God of Love be with you and your work. Susan


TWITTER: @Vogt_Susan *EDUCATORS, LEADERS, & MINISTERS: You are welcome to reprint these MM's and PP's in bulletins, newsletters, and on your website with proper credit, (“By Susan Vogt, www.SusanVogt.net”). When used on a website, please also link to my website: www.SusanVogt.net

MARRIAGE MOMENTS

554. Jan. 6: The Epiphany "Go and search diligently for the child." (Mt. 2:8) The wise still seek him. What wisdom can you learn from a child today? Perhaps your own child will teach you patience. Perhaps a neighbor child will give you an opportunity to serve a child in need as a team. Seek.

555. Jan. 13: "A strong marriage rarely has two strong people at the same time. It is a husband and wife who take turns being strong for each other in the moments when the other feels weak." (Ashley Willis) Who needed to be strong most recently in your marriage?

556. Jan. 20: Consider today a Compliment Exchange Day. Nothing smarmy - but a true, sincere, specific compliment. Marriage is built and strengthened by positives - ideally 8 positives to 1 negative.**

557. Jan. 27: "I urge you, brothers and sisters... that there be no divisions among you, but that you be united in the same mind and in the same purpose." (1 Cor. 1:10) Being united doesn't mean you have to have the same favorite ice cream, but the same ultimate purpose in life. What’s important to agree on and what doesn’t matter today?

**Thanks to Michael Quinn of N. Ireland for the idea behind #556

PARENTING POINTERS

553. Jan.3: It’s resolution time, but long range resolutions are hard to keep. How about resolving to play with your child this weekend. If your child is far away play virtually or remember fond childhood memories together.

554. Jan. 10: Sunday, Jan. 12 is the Feast of the Baptism of the Lord. Tell your child the story of his/her Baptism today. Where and when was it. What did he/she wear? Who was there? Are they old enough to remember it? Perhaps they could contact their Godparents and say, "Thanks."

555. Jan. 17: (Martin Luther King weekend) As we approach Martin Luther King Day, nurture the values of equality and respect at home. Does everyone contribute to household chores according to their ability? Are siblings called to task if there is nasty name calling? Do parents share leadership and authority? Is anybody treated like a slave?

556. Jan. 24: Babies are usually cute and lovable - but there are times when an unplanned pregnancy can be a crisis for the whole family. Talk to your children about the sanctity of human life, no matter how invisible. Make it real by supporting both pregnant mothers and those struggling to raise a young child - perhaps alone.

557. Jan. 31: Today is Chinese New Year. Do you know anything about the Chinese culture? Look up Gung Hay Fat Choy" and impress your kids. Learn about another culture this weekend.