BISHOP MARTIN AMOS
The mandatory Annual Parish Corporate Board meetings will be held on September 13 and 15. This year’s program will focus on safety and loss prevention. In addition to lay directors, the following are also being asked to attend from each parish:
- Parish Council member who has responsibility for buildings and grounds
- Supervisor of maintenance

SOCIAL ACTION OFFICE
St. Vincent’s Home Corporation Grant: Application deadline is September 15 for consideration at the October board meeting. Applicants are to be located within the 22 counties of the Diocese of Davenport or serve children within the Diocese of Davenport. If an organization received a grant in the past a Progress Report must also be submitted by September 15. The grant application and grant criteria can be found at http://www.davenportdiocese.org/socialaction/sastvincenthomecorporation.htm#applygrants.

October is Respect Life Month: Many thanks to those who ordered 2015-16 Respect Life Program (RLP) materials! If you have not already submitted an order, but would like to do obtain a packet contact Esmeralda Guerrero, guerrero@davenportdiocese.org or 563-888-4210. Please use and display your Respect Life month packet materials. This year’s theme is “Every Life is Worth Living.” If your parish will like to order additional materials they are now available at http://www.usccb.org/about/pro-life-activities/respect-life-program/
- USCCB is working on updating www.usccb.org/respectlife with the 2015-16 Respect Life Program materials.
- Click on these links: homily suggestions, intercessions, and suggestions for parishes and schools for setting up an interactive display table.

Catholic Campaign for Human Development:
- Materials for the November collection will arrive in October. If you don’t receive them or the order isn’t complete please contact Loxi Hopkins, 563-888-4212.
- Kick-off Breakfaests: The first-ever Kick-off Breakfasts will be held Saturday, October 3 in Davenport and Saturday, October 17 in Iowa City. CCHD is dedicated to breaking the cycle of poverty by funding community programs. Your assistance in promoting this year’s collection is essential to its success. Together we can make a difference. If you are interested in attending either event contact Loxi Hopkins, 563-888-4212. More details forthcoming as planning progresses.

2015 Justice for Immigrants Convening: The U.S. Conference of Catholic Bishops’ Justice for Immigrants campaign is having a National Convening in Chicago on Nov. 11-13. Archbishop Blase Cupich of Chicago will give the keynote address at the opening dinner, and a group of dynamic and noteworthy speakers will provide their insights and expertise on immigration during the rest of the conference. See the attached flyer for details.

Catholic Social Ministry Gathering will be held January 23-26, 2016. The annual gathering will take place in Washington; D.C. Registration will open in September. For more information go to http://www.usccb.org/about/justice-peace-and-human-development/catholic-social-ministry-gathering/

Project Rachel: We have reached our first year anniversary since Project Rachel was restarted in our Diocese. Project Rachel services for those wounded by abortion are:
- Dedicated Helpline: 563-333-4107 (calls answered personally Monday, Wednesday & Friday: 9:00 am-3:00 pm.) Voice messaging available all other times.
- Dedicated e-mail: projectrachel@diodav.org
- Dedicated national website: www.hopeafterabortion.org
- Confidential referrals for individualized counseling with a Project Rachel priest or counselor
How you can help promote Project Rachel in your parish:

- Distribute the free brochure, “Peace Starts Here.” Call 563-888-4212 to receive.
- On your parish website put a link to the Project Rachel website, www.hopeafterabortion.org
- Pray for women and men that have been affected by abortion
- Include weekly bulletin announcements

There are two ways to support Project Rachel:

1. “Humble Angel Honey” remains a strong, visible way that parishes can help publicize Project Rachel and also provide ongoing financial support! Parishes have had Humble Angel Honey available after Mass, as when SCRIP or Fair Trade items have been available or at tables during parish festivals or other gatherings. If you or your parish group would like to help locally with Humble Angel Honey please contact Esmeralda Guerrero, 563-888-4210.

2. Make a financial contribution, payable to the Diocese of Davenport and mail to Diocese of Davenport, Project Rachel, 780 W. Central Park Ave., Davenport, IA 52804-1901.

Social Action Newsletter: The Diocesan Social Action office has a newsletter filled with upcoming events and deadlines, calls to action and social justice news and views. You can view previous issues or subscribe to The Two Feet newsletter at http://bit.ly/1mY1moJ or send an e-mail to kerstena@diodav.org. Please feel free to submit any parish event for inclusion at our monthly newsletter.

FAITH FORMATION

Diocesan Orientation Day for New DREs, CREs, and Coordinators/Leaders of Youth Ministry: Tuesday, September 15, 10 AM – 3 PM. All new parish staff in Faith Formation and Youth Ministry are invited to the Chancery for a day that will provide new staff an opportunity to meet others in similar roles in the diocese, discover a bit more about the responsibilities of their position in a larger Church context, become familiar with the various offices and services of the diocese that can support and resource their ministry, and meet many of the chancery staff. Bishop Amos will open the day with a welcome and lead the opening prayer. NOTE: The day is also open to “not-so-new” DREs/CREs/CYM who would like to get a refresher. Please register for the day. Simply click on the following link, https://www.surveymonkey.com/r/C8FH2BH and work your way through the registration form. It shouldn’t take you more than a few minutes.

Strong Catholic Families Initiative: The Office of Faith Formation is beginning a new multi-year initiative focused on helping parishes change their relationship with parents in order to support and form strong Catholic families. The Initiative kicks-off October 7-8 at St. Anthony’s parish in Knoxville. Pastors are especially invited to attend the Kick-Off, along with parish staff and other ministry leaders. Information on the Kick-Off Event (registration, cost, and overnight lodging) and the Initiative itself is available at http://www.davenportdiocese.org/faithform/SCF.htm. To find out more, contact Don Boucher, boucher@davenportdiocese.org or 563-888-4243.

MINISTRY FORMATION PROGRAM

Basic Schedule

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<tr>
<th>Date</th>
<th>Title</th>
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<td>9/19/15</td>
<td>Spiritual Themes</td>
<td>IlaMae Hanisch</td>
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<tr>
<td>10/10/15</td>
<td>New Testament II</td>
<td>Dr. Matthew Coomber</td>
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<tr>
<td>12/5/15</td>
<td>Baptism</td>
<td>Dr. Corrine Winter</td>
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<td>2/20/16</td>
<td>Reconciliation/Anointing</td>
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<td>4/16/16</td>
<td>Eucharist II</td>
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<td>6/16/16</td>
<td>Matrimony</td>
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<td>8/20/16</td>
<td>Personal/Pastoral</td>
<td>IlaMae Hanisch</td>
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<td>10/8/16</td>
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<td>11/17/15</td>
<td>Ecclesiical Ministry</td>
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<td>5/21/16</td>
<td>Cultural Diversity</td>
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<td>7/16/16</td>
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<td>9/17/16</td>
<td>Catholicism</td>
<td>Dr. Corrine Winter</td>
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On-Site Format: All courses held at the Diocese of Davenport, 9 a.m. – 4 p.m.

DVD/YouTube Format: The order of courses is as stated above; however each group will determine its monthly meeting time.
Application form and additional information may be found on the diocesan website, www.davenportdiocese.org (Chancery-Faith Formation-Lay Ministry-MFP Forms). For information regarding the courses or the Ministry Formation Program contact Marianne Agnoli, agnolim@davenportdiocese.org, 563-888-4242.

MARRIAGE AND FAMILY
50th Wedding Anniversary Celebration Mass: At the request of Bishop Amos, the Office of Faith Formation is sponsoring a diocesan celebration for all couples who are celebrating fifty years of marriage this year. A Mass and informal reception will be held at St. Alphonsus Church in Mt. Pleasant on Sunday, October 11, 2015 at 2 p.m. Invitations have been mailed, but if you wish to add names contact Barb Butterworth ASAP, 563-324-1911 or butterworthb@davenportdiocese.org.

“Reclaiming Wholeness: Ministry, Discipleship and Sexually Addictive Behavior” is a free one-hour webinar on these two dates with the same content: September 10 at 11 a.m. Central Time (register at http://bit.ly/T-Bowman-9-10-15) and September 17 at 7 p.m. Central Time (register at http://bit.ly/T-Bowman-9-17-15). This is designed for ministry leaders and clergy on how to minister to men and women struggling with sexually addictive behavior. The webinar will examine the impact of pornography on the individual, family and community, discuss elements of addictive behavior, and provide a model of discipleship for those who struggle with sexual addiction. Hosted by the Religious Alliance Against Pornography (RAAP), an ecumenical/interreligious group with Catholic participation. The webinar presenter is Dr. Todd Bowman, Associate Professor of Counseling at Indiana Wesleyan University and director of the Sexual Addiction Treatment Provider Institute.

CPR (Catholic Parent Revival): A Great Way to Support, Motivate, and Revive the Faith of Parents: Two separate Catholic Parent Revivals are being hosted on the evenings of September 23 and 24 during the World Meeting of Families and will be available to view online via a free Live Stream from 6:00 - 8:30 p.m. Central Time. Parents, grandparents, and caregivers are encouraged to meet in homes and parishes to participate. A facilitator’s guide for online groups will be available at the CPR website in September, http://www.strongcatholicfamilies.org/cpr/index.htm. See the attached flyer for more details.

Prayer of Pope Francis for the Synod on the Family: Pope Francis has invited the faithful to join him spiritually in prayer for the upcoming Synod of Bishops in October which will focus on the theme of the Family. The prayer is attached in both English and Spanish.

World Meeting of Families: September 22-27, Philadelphia

- Pilgrimage Opportunities: The Diocese of Des Moines if offering two pilgrimage options. Both will include partial attendance at the World Meeting of Families and celebration of the Papal Mass. For information about the Family Express Bus Tour and the Des Moines Airline Tour go to http://www.davenportdiocese.org/faithform/Marriage%20and%20Family.htm. Note that the bus tour is scheduled to make a pick-up stop in Davenport and may be open to adding additional stops along I-80 if there is a request.
- To register go http://www.worldmeeting2015.org. Preparatory Catechetical Resources on the ten themes of family church teaching are available at the site by clicking on About the Event-Catechesis.

Families of Character founder, Steve Markel, will present Better Habits, Better Family on Thursday, Oct. 8 at 7 p.m. at St. Patrick, Iowa City. Families of Character is an organization that offers a course to teach parents how to develop character in their family, one virtue at a time. The session is free and open to all. Free childcare will be provided for those who register with Julie Kabat, jkab408@aol.com prior to October 1. For questions contact Dave & Pam Ockenfels, pamo@netins.net or 319-646-6583. See attached brochure for details.

Going Natural: A Healthy Choice: Friday, October 23, 9:00 a.m. - 3:00 p.m. at St. Wenceslaus Church, Iowa City. This class features five speakers presenting on the scientific analysis of the chemistry of sex, fertility and relationships. See attached brochure for registration information.

An Invitation to Love – God’s Plan for Sexuality and Marriage: Vickie Thorn, M.S. and Fr. Jerry Kopacek will present this workshop on Saturday, October 24, 8:30 a.m. – 12:15 p.m. at St. Wenceslaus Church, Iowa City. See attached flyer for more details.
Natural Family Planning Link: A complete Billings Ovulation Method NFP course is available online at [http://learnnfponline.com](http://learnnfponline.com). Engaged couples are encouraged to begin NFP instruction four to six months prior to the wedding date. A certificate of completion will be issued. Additional information and NFP contacts can be found on the diocesan website, [http://www.davenportdiocese.org/faithform/Marriage%20and%20Family.htm](http://www.davenportdiocese.org/faithform/Marriage%20and%20Family.htm).

Worldwide Marriage Encounter is a marriage enrichment program designed to give married couples the opportunity to examine their relationship. The emphasis of the weekend is on communication between husband and wife. Couples are able to spend quality time together away from the distractions and tensions of everyday life to concentrate on their marriages. A Worldwide Marriage Encounter weekend is a positive, renewing experience for couples that have a good marriage, but want to make it even better! Attached is a schedule of local Marriage Encounter weekends.

Marriage and Parenting Resource: Attached is the September issue of “Marriage Moments and Parenting Pointers.” These may be used in parish bulletins or as links on parish websites.

Marriage Preparation: The Diocese of Davenport offers several marriage preparation program formats: One-day, Weekend (two-day), Sponsor Couple (through your parish) and Online (under special circumstances—with parish approval).

### One-Day
- October 24: Muscatine, SS. Mary & Mathias, registration deadline is October 16
- January 30, 2016: Bettendorf, St. John Vianney, registration deadline is January 22
- February 27, 2016: Bettendorf, St. John Vianney, registration deadline is February 19

The fee is $125 per couple and is payable by credit card or PayPal. To register or for more information go to [http://www.davenportdiocese.org/faithform/Marriage%20and%20Family.htm](http://www.davenportdiocese.org/faithform/Marriage%20and%20Family.htm). For questions contact Barb Butterworth, 563-888-4240, butterworthb@davenportdiocese.org.

### Online: Go to [http://www.marriageministries.com/courses/catholic-marriage-prep-class/](http://www.marriageministries.com/courses/catholic-marriage-prep-class/)

**STEWARDSHIP**
The International Catholic Stewardship Conference (ICSC) is holding its annual conference in downtown Chicago on October 22-25. Cost for the conference is $599. Additional information and registration form can be found at [http://catholicstewardship.com/programs-a-events/annual-conference/2015-annual-conference-information](http://catholicstewardship.com/programs-a-events/annual-conference/2015-annual-conference-information). For questions contact Dan Ebener, ebener@davenportdiocese.org or Sr. Laura Goedken, goedken@davenportdiocese.org.

**PROTECTING GOD’S CHILDREN**
To report child abuse contact: Iowa Department of Human Services Child Abuse Hotline: 800-362-2178 and if it involves clergy or church personnel also notify Alicia Owens, Victim Assistance Coordinator: 563-349-5002, vac@diodav.org or PO Box 232, Bettendorf, IA 52722-0004.

**OUR LADY OF THE PraIRIE REtREAT, WHEATLAND**
To register contact: 563-336-8414 or olpretreat@gmail.com. All programs include a delicious homemade meal prepared with local and organic ingredients. To learn more about Our Lady of the Prairie Retreat visit [www.chmiowa.org](http://www.chmiowa.org).

**Come to the Quiet: Transitions:** Wed, September 16 | 9:30am – 3:30pm. Autumn equinox, equal night/equal day – the fulcrum of light and dark. The moment of balance is brief and gives rise toward shorter days and longer nights. Transition from early autumn to deep winter begins. Gifts of the Spirit are accessible during this in-between transitioning time. Fee: $20

**Cooking Up a Storm:** Tues, September 22 | 9:30am – 2pm. Prepare Earth friendly and healthy foods from scratch. Have fun trying recipes with quinoa, making kale chips, using fresh produce from the garden, and learning the basics of making great soups and bread. Let’s prove to the world that many cooks do not spoil the soup! Kathleen Storms, SSND. Fee: $25
Fall Equinox Taize’ Vigil Service: Wed, September 23 | 6:30pm-7:30pm. Taize is an ecumenical movement, drawing Christians of all denominations together in unified and compassionate prayer. All people of faith are invited to participate. Pre-registration encouraged. No fee.

Knit One, Pray Too!: Thurs, September 24 | 9:30am – 3:30pm. The rhythmic nature of knitting encourages contemplation and invites openness to the Spirit. We will knit and pray together, share “yarns” of our individual journeys, and enjoy the beauty at The Prairie. Price includes a nutritious and inviting lunch. Karen Brooke, Ann Green & Anne Johnson. Fee: $20

God in Love: A Women’s Retreat: September 25–27 | Fri 5pm – Sun 10am. For those who ‘seek the face of God’, knowledge of the divine is a burning hunger deep in the soul. That hunger cannot compare to God’s passionate longing for each one of us. This retreat explores Trinity in a way that is meaningful for today and sets our hearts on fire. God is love: love’s source, love’s expression, love’s fire. Sandra Weinke, SSND. Fee: $100

Five-Day Private or Directed Retreat: October 11–16 | Sun, 5pm – Fri, 1pm. Enjoy the fall beauty of The Prairie as you commune with God in prayer, silence and solitude. Choose either a private retreat or visiting with a director several times during the week. Savory meals and private accommodations. Limited to 8 retreatants. Massage available upon request for an additional fee. Pre-registration due by October 1. Fee: $400

Weaving Prayers and Baskets: Wed, October 21 | 9am – 4pm. Learn simple basket weaving in the context of prayer and meditation. Make a simple bread basket for use over the holidays. Kathleen Storms, SSND. Fee: $30

Come to the Quiet: Inner Harvesting: Thurs, October 22 | 9:30am – 3:30pm. Reflect on what we might harvest from our inner landscape; our souls. What seeds of the soul (inspirations, urgings, insights) have been planted in us and are now in fruition? How do we harvest the bounteous blessings of the soul to nourish others and ourselves? Fee: $20

Who Will Light the Way? Lanterns for the Spiritual Journey: Tues, October 27 | 9:30am – 3:30pm. Thomas Merton once said, “If I find God I find myself; if I find myself, I find God.” This retreat will reveal some of the lanterns that light our paths – to God and to ourselves. Helen Schlitz, MAPS. Fee: $20

Seven Deadly Sins, Seven Lively Virtues, a DVD series featuring Fr. Robert Barron. This nine-week series begins October 7 at 1 p.m. Pride, envy, anger, sloth, greed, gluttony and lust: these ‘seven deadly sins’ are patterns of dysfunction that keep us separated from God and ultimately lead to unhappiness. Join us as we embark on Fr. Robert Barron’s exploration of these seven sinful patterns and also learn how practicing countervailing virtues can break the cycle of sin. Registration is $20 and is due by September 18. Please phone Eagles’ Wings at 563-324-7263 and leave a message.

One-Day Pilgrimage to St. Therese Shrine in Darien, IL on October 10. The National Shrine of Saint Therese has the largest collection of Little Flower relics and memorabilia outside of Lisieux, France. The day includes Mass in the St. Therese Chapel and an interactive talk on the life of St. Therese with Q&A time given by one of the Carmelite staff. Enjoy 40 acres of lovely grounds with a lake, a delicious home-cooked meal, a video on the life of the Little Flower, the Rosary Way, a closing prayer service and blessing and the extensive Carmelite Gift & Book Shop. Deluxe motor coach departs 7 a.m. from Our Lady of Victory, Davenport south end parking lot and returns by 7 p.m. Fee: $65 per person, payable to Eagles’ Wings. Send fee, name and contact information to above address. Registration deadline is Sept. 10.

BENET HOUSE RETREAT CENTER/ST. MARY MONASTERY, ROCK ISLAND, IL
Contact Sr. Jackie Walsh, OSB at 309-283-2108, retreats@smmsisters.org or online at www.smmisters.org/retreats/retreats-and-programs to register for programs mentioned below.

Discerning Read: This book study, based on Breathing Under Water: A Spiritual Study of the Twelve Steps by Richard Rohr offers an opportunity to apply 12 Step guiding principles to your own life and addictions. Richard Rohr often says, “We do not think ourselves into new ways of being; we live ourselves into new ways of
Facilitator: Sr. Bobbi Bussan, OSB, has participated in the Breathing Under Water 8-week course through the Rohr Contemplative Institute. Sept. 3; Oct. 1; Nov. 5; Dec. 3; Jan. 7; Feb. 4, 18; Mar. 3; Apr. 7, 21; May 5; June 2; 6-7:30 pm; Fee: $60/series. Book purchased on your own.

**The Bible Today**: This monthly series will use *THE BIBLE Today*, a biblical journal, to explore Scripture through illustrated articles and commentary that focus on particular themes or books of the Bible. As you journey through the pages, picture yourself experiencing the events of the period, visiting significant places and meeting the people. Facilitators: Sr. Bobbi Bussan, OSB and Sr. Margaret Murphy, OSB. Sept. 9 and Oct. 14, Water; Nov. 11 and Dec. 9, Corinthians; Jan. 13 and Feb. 17, Latter Prophets; Mar. 9 and Apr. 13, Pilgrimage; May 11, Sacrifice; 6-7:30 pm; Fee: $100/series; $12.50/session, includes subscription.

**Be-The Attitude: Matthew 5:1-12**: Poor of spirit, clean of heart, see God, who? Me? Yes, you! Bring your Bible and join us as we explore how the gifts and blessings of the Beatitudes enhance your spiritual journey. Presenters: Sr. Bobbi Bussan, OSB, Linda Clewell and guest presenters. Sept. 10: Blessed are the Poor in Spirit; Oct. 8: Blessed are they who Mourn; Nov. 12: Blessed are the Meek; Dec. 10: Blessed are they who Hunger; Jan. 14: Blessed are the Merciful; Feb. 11: Blessed are the Clean of Heart; Mar. 10: Blessed are the Peacemakers; Apr. 14: Blessed are the Persecuted; May 12: Rejoice and Be Glad; 6:30-8:30 pm; Fee: $15/session.

**Women’s Body, Mind, Spirit Retreat: Journey to the Heart**: Fri. Sept. 11, 7 pm-Sat. Sept. 12, 7 pm. This twenty-four hour retreat will explore how our relaxed mind, body and spirit all enable us to go deeper into our heart to ponder God’s presence within us. Prayer, presentations, discussions and quiet time are built into the schedule. Presenter: Sr. Mary Schmidt, OSB. Registration: $125 (private room), $118 (shared room). Commuter fee: $65 includes lunch and dinner. Optional Yoga and Chair massage available for additional cost.

**Coffee, Tea and Conversation**: Taste a variety of flavorful coffees and teas while enjoying energetic discussions around topics the group chooses. www.themoth.com and www.gratefulness.org are two websites that will be used for conversation topics. Take a break to socialize, discuss and make new friends while having meaningful sharing. Facilitators: Sr. Bobbi Bussan, OSB, and Maureen Bennett. 3rd Thursdays: Sept. 17; Oct. 15; Nov. 19; Dec. 17; Jan. 21; Feb. 18; Mar. 17; Apr. 21; May 19; June 16; 9-10:30 am; Fee: Cost of a cup of coffee or tea!!

**Taize** is an ecumenical sung and silent participatory prayer service designed to achieve a contemplative state through music, song and silence. The Taize Community is an ecumenical monastic order in Taize, Saone-et-Loire, Burgundy, France founded in 1940. A Taize planning group will lead prayer. 3rd Fridays: Sept. 18; Oct. 16; Nov. 20; Dec. 18; Jan. 15; Feb. 19; Mar. 18; Apr. 15; May 20; June 17; 6:30-8 pm; Free will offering.

**Young Adult Mini-Retreat Morning**: Join other young adults in their 20s and 30s for this monthly gathering that includes prayer, input on a topic determined by the group, time for quiet and to walk the grounds. Spiritual direction available. Bring your lunch. Facilitated by the young adult planning team. 3rd Saturdays: Sept. 19; Oct. 17; Nov. 21; Dec. 19; Mar. 19; May 21; 10 am-12 pm; Free will offering.

**Evening at the Monastery**: Thurs. Sept. 24; 4:45-7:45 pm. Do you wonder what life is like in a monastery? Come for an evening of prayer, pleasant conversation and a chance to ask the questions you have not had an opportunity to voice. Enjoy Vespers and dinner with the Benedictine Sisters followed by reflection and sharing on Scripture and the monastic way of life. Presenters: Sr. Margaret Murphy, OSB and Sr. Mary Schmidt, OSB. Fee: $15.

**Meet the Real Mary Magdalene**: Have you wondered “What was Mary Magdalene really like?” DVD presentations by Scripture scholar, Fr. Raymond Collins, professor of New Testament at the Catholic University of America, will explore Mary Magdalene in the four Gospels, Gnostic literature and popular culture. Discussion follows each presentation. Presenter: Sr. Charlotte Sonneville, OSB. Mondays: Sept. 28; Oct. 12, 26; 2-3:30 pm; Fee: $5/session.
Better Habits, Better Family

Steve Markel
Founder of Families of Character

Thursday  Oct 8, 2015
St. Patrick’s Church, 4330 Saint Patrick Drive, Iowa City
7 PM
Free and Open to All

Fortify your family
Be purposeful intentional parents
Become better parents/grandparents
Strengthen your marriage
Build a unified family
Follow the road map for good habits

QUESTIONS
Contact Dave & Pam Ockenfels
pamo@netins.net
(319) 646-6583

FREE CHILDCARE
Register prior
Oct 1 to Julie Kabat
jkab408@aol.com
(319) 512 - 5407
**Course Objective**

Discuss how ingestion of chemicals can distort attraction of the sexes.
Describe differences in male brain/female brain.
Explain how pheromones affect attraction.
Describe various methods of family planning/contraception used throughout history.
Compare chemical contraception to natural family planning, including effectiveness & safety.
Explain basic reproductive physiology.
Describe the mechanism of action of chemical contraceptives.
List 7 health benefits & 7 common side effects of contraceptives.
Compare and contrast the 6 methods of natural family planning.
Describe fertility awareness techniques used for conception/resolving infertility.
Differentiate between common medical practice and an NFP-only practice.
Identify factors leading to the revamping of a medical practice.

**Early Registration Appreciated!**
Going Natural: A Healthy Choice

SPEAKERS & TOPICS

Vicki Thorn M.S. has extensively studied the science of fertility and hormones. Vicki has spoken internationally on the topics of the biochemistry of sex, gender, bonding and attachment. She will discuss how ingestion of chemicals can distort attraction of the sexes; describe differences in male brain/female brain and explain how pheromones affect attraction.

Jamie Rathjen, M.A. - Along with working with couples who are trying to naturally space or achieve pregnancy, as a practitioner, Jamie also works part-time at Kettman Pranger Family Medicine in Waterloo. She enjoys teaching fertility awareness courses through Hawkeye Community College Continuing Education Department. She will describe various methods of family planning/contraception used throughout history; compare chemical contraception to natural family planning, including effectiveness & safety; explain basic reproductive physiology.

Monica Minjeur, D.O., a Family Medicine Physician at St. Lukes Bowman Woods Clinic, has completed training and is a Creighton Model and NaPro Technology Medical Consultant. At this seminar she will describe the mechanism of action of chemical contraceptives; list 7 health benefits & 7 common side effects of contraceptives; compare and contrast the 6 methods of natural family planning and describe fertility awareness techniques used for conception/resolving infertility.

Fr. Ray Atwood is a Catholic priest for the Archdiocese of Dubuque, Iowa. He earned a Master of Divinity Degree and a Master of Arts Degree in Systematic Theology from the Josephinum Seminary in Columbus, Ohio. He is the author of “Masters of Preaching: The Most Poignant and Powerful Homilists in Church History,” and is currently working on another book. He is the Pastor at St. Paul Parish in Traer, Iowa.

Robert Pranger, M.D. is a Family Practitioner who practices Family Medicine and Critical Care Medicine. Dr. Pranger will differentiate between common medical practice and an NFP-only practice, identifying factors leading to the revamping of a medical practice.

Comments from previous Going Natural conference participants:
"Excellent speakers! They were able to engage the audience and entertain while still teaching something very powerful.”
"I am excited and feel empowered to share this information with women I work with."
“This conference ROCKED!” “Great information for people of all ages.”

Intended Audience: Engaged and married couples, counselors, teachers, students, clergy and religious, DREs, CREs, pregnancy help centers, doctors, chiropractors, nurses, pharmacists, technicians, social workers, etc. Everyone is welcome!

*****
.51 CEUs for Nurses IBON Provider # 7 / 5.1 Contact Hours and 4.25 Clock Hours
Social Workers, therapists, counselors and other disciplines approved for 5.10 CEH’s
*****

For more information: call Sheryl at (319)855-8475 or email director@jcrtl.org
- An Invitation to Love -
God's Plan for Sexuality and Marriage
Saturday, October 24, 2015
8:30am - 12:15pm
(Continental Breakfast included)
St. Wenceslaus Church - Iowa City

- Introduction to Theology of the Body
- "What They Didn't Tell You in Sex Ed"
- Catholic Response to Sexual Chaos in Our Culture
- NFP Personal Testimony

Vicki Thorn, M.S. is the founder of Project Rachel and the Executive Director of the National Office of Post Abortion Reconciliation & Healing in Milwaukee, Wisconsin. Her work has led her to research how people fall in love and bond to each other. She explains how her findings (especially related to hormones) affect human behavior and relationships.

Fr. Jerry Kopacek serves as the spiritual director for St. Pius X Seminary to the young men at Loras College in Dubuque who are in college-level discernment and in formation for the priesthood.

Freewill donations accepted.  
Registration and Continental Breakfast start at 7:45am

RSVP by Oct. 16th to Sheryl at (319) 855-8475 / director@jcrtl.org
Visit www.jcrtl.org for more details

Sponsored by:
Johnson County Right to Life, Dubuque County Right to Life, Coalition for Life of Iowa, and Knights of Columbus
JFI National Convening
November 11-13, 2015
Chicago, IL

Convening Agenda

Wednesday, November 11

10 a.m. - 6 p.m.  Registration open
4 p.m.         Opening Mass
6 p.m.           Dinner
               - Welcome
               - Keynote Address, Archbishop Blasé Cupich, Archbishop of Chicago
               - Panel: Looking Forward on Immigration Reform
8:30 p.m.         Reception

Thursday, November 12

7 a.m.      Mass
7:30-8:30 a.m.    Breakfast
8:30-10:00 a.m.  Panel: Confronting the Immigration Detention System
10 a.m.        Break
10:30 a.m.- Noon  Panel: Protecting Children and Families from Central America
12:30-1:45 p.m.  Lunch
2 p.m. Skills Workshops

- How to communicate effectively
- A pastoral model for welcoming newcomers
- Building grassroots support for immigration reform
- State and Local responses to immigration initiatives

3:30 p.m. Repeat workshops

5:00 Break

6:00 p.m. Networking Dinner

8:00 p.m. Movie

Friday, November 13

6:15 a.m. Optional: Participation in a Rosary for immigrants at Broadview detention center (Return to hotel by 8:30 a.m.)

7 a.m. Mass

7:30 - 9:00 a.m. Breakfast

9:00 a.m. Panel: Integrating Immigrants into America

10:30 a.m. Strategy Session and Open Forum

12 Noon Adjournment with Box Lunch
**Worldwide Marriage Encounter** is a marriage enrichment program designed to give married couples the opportunity to examine their relationship. The emphasis of the weekend is on communication between husband and wife. Couples are able to spend quality time together away from the distractions and tensions of everyday life to concentrate on their marriages. A Worldwide Marriage Encounter weekend is a positive, renewing experience for couples that have a good marriage, but want to make it even better!

All locations have limited availability so register today at [www.iowa-wwme.org](http://www.iowa-wwme.org)

**Questions:** Contact Jeff & Janet Francois - 563-608-3305 or [jjwwme08@gmail.com](mailto:jjwwme08@gmail.com)

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**2015 Iowa Weekends:**
Ankeny - Sept. 18-20
Cedar Falls - Oct. 23-25
Iowa City – Dec. 4-6

**2016 Iowa Weekends:**
Ankeny - Feb. 12-14
Dubuque – May 13-15
Cedar Falls – Oct. 21-23
Worldwide Marriage Encounter Testimonials

Gene & Tricia Chilton - Burnsville, MN - We thought we had a great marriage but we went to the weekend to appease Tricia's sister. We went with an open mind, but with all the skepticism in the world. Halfway through the second day we felt the power of the holy spirit in full force, and even now can't believe how much it's changed our lives. It was absolutely the most amazing thing we have been through. We started this off with us "thinking we had a great marriage" and that's all it was, a thought. We owe our marriage and our new lives to WWME, our love is so much deeper than anything we could have imagined. God Bless.

Sean & Stacey Romo - Metaire, Louisiana - This weekend was truly GREAT for us. This is the Monday after, and I can see the difference in how I look at my husband. I am excited when he called today, and when he got home I immediately got off the phone to greet him. I have a new found love and I am so excited about our new future together.

Travis & Denise Wiese - McCook, Nebraska - My husband and I had our weekend recently. We've been married for 5 years, and at the time I thought we had a good marriage, I never dreamed that we would have a great marriage until after our weekend. We fell in love all over again and learned a new way of being intimate. We are so grateful and feel truly blessed to be a part of WWME.

Terry & Cara Curl - Brandon, South Dakota - Our weekend was more than we could have asked for! We both left feeling like we had been given a second chance at life together. If we had only known we had the tools with us the whole time! WWME is the best thing that has happened to us next to the day we got married! We made new friends that we will keep in touch with that are on the same path we are and are striving for the same goal. This is very refreshing! Thank you WWME!

Dan & Vikki Schultz - Antrim, New Hampshire (United States) Every married couple, young or old needs this marriage encounter. It was amazing!

Anonymous - "We fell in love all over again. Since our weekend, our lives have taken on new meaning."

Anonymous - Marriage Encounter gave Shirley and I the opportunity to occasion the deepest, most intimate exchange of feelings we had known in 20 years. ...it proved to be one of the highlights of my life. I just wish that everyone who trusts my opinion would now accept this advice: attend a Marriage Encounter weekend at the earliest opportunity." James C Dobson, PhD Director, Focus on the Family

Anonymous - “When some friends suggested that Sheila and I make a Marriage Encounter, we were shocked and more than a little hurt. We were very happily married, and frankly, it surprised us that they thought we needed ‘marriage counseling.’ When we finally told them how we felt, they laughed and said that they had suggested the Encounter because we were a happily married couple. Now I’m glad they did. We got an awful lot out of it precisely because we brought a lot to it”

Joe & Betty LeBlanc - "We will be celebrating our 38th anniversary in July 1999. Our marriage was close to crumbling almost 18 years ago when we were invited to attend an ME weekend. Even after 20 years being married, we learned so much more about each other that wonderful weekend in Houston, Texas. The strength we gained has carried both of us through many ups and downs."

Anonymous - 20 years ago my wife drug me kicking and screaming to this Marriage Encounter Weekend and wow it was the best thing that we have ever done. It completely changed my life. Thank God for Worldwide Marriage Encounter.

Nicole Son - Daughter - Phoenix, Arizona - This is a little different from the testimony that you asked for, but when I saw this page, I felt I had to write. My parents, Wes and Vicki Fach, made their weekend in 1981 in New Jersey, were a team couple for many years, and were execs in San Diego, CA. I thank God every day that my parents were encountered - their relationship has been a shining examplmento me and my siblings of what a marriage should be. They have been dialoguing daily for well over 10 years, and this communication has sustained them through many difficult times. A Marriage Encouter Weekend was the greatest gift my parents ever gave their children. Thanks ME!

John & Becky MacDonald - Bozeman, Montana - Our weekend was so much more than we thought it would be! It was just amazing that the simple exercises we did could so profoundly change our relationship. We loved how the entire weekend was so positive, and that our relationship was so honored. We felt so nurtured and supported and yes, loved. We highly recommend a Marriage Encounter weekend for every married couple!

TWITTER: @Vogt_Susan *EDUCATORS, LEADERS, & MINISTERS: You are welcome to reprint these MM's and PP's in bulletins, newsletters, and on your website with proper credit, (By Susan Vogt, www.SusanVogt.net). When used on a website, please also link to my website: www.SusanVogt.net

MARRIAGE MOMENTS
640. Sept. 7: "And people brought Jesus a deaf man who had a speech impediment." (Mark 7:2) Sometimes in marriage it seems like one of us is deaf or at least not listening. Other times the speaker mumbles (or so I tell my husband). Which of you is better at speaking; which at listening? Practice each other’s gift.

641. Sept. 14: Baseball marriage tip #3:
Healthy couples “value RBIs” (Runs Batted In) trusting that your teammate will bring you home safely.
(from Becoming An All-Star Team in the Major League of Marriage by Jack & Jane Katencamp)

642. Sept. 21: Baseball marriage tip #4
Healthy couples “have no-trade clauses” (there’s no hot stove league in marriage;) you can't just trade up when things get tough or someone gets into a slump.
(from Becoming An All-Star Team in the Major League of Marriage by Jack & Jane Katencamp)

643. Sept. 28: “While a lone man may be overcome, two together can resist. A three-ply cord is not easily broken.” (Eccles. 4:12) Bond yourself together as husband and wife. With bringing God into your relationship, you create a three ply cord, giving you the strength that is not easily broken.

PARENTING POINTERS
640. Sept. 5: 5 steps to getting kids to obey:
   Step 1. Get the child's attention. (Get close, look them in the face and make sure they are looking at you.)
   Step 2. Give a short, clear direction. (More next week)

641. Sept. 12: 5 steps to getting kids to obey:
   Step 3. Make sure they understand your direction by asking them to repeat it back to you. (More next week)

642. Sept. 19: 5 steps to getting kids to obey:
   Step 4. If the child does not obey the first time you give the direction, repeat it once and add what the consequence will be for non-compliance (for example, time-out, loss of a privilege, etc.).
   Step 5. If the child does not obey, calmly and immediately enforce the consequence. No yelling, no negotiating. Just do it.

643. Sept. 26: Sept. 29 is “Eat Dinner Together Day.” Maybe you do this most of the time anyway. Congratulations. If not, take heed. The Natl. Center on Addiction and Substance Abuse says that one habit of healthy families is that they “eat dinner together most every night.”

Every Parent Needs Some CPR Now and Then . . .

Yours Is Waiting in Philadelphia!

SEPTEMBER 23 and 24, 2015
7:00 PM–9:30 PM
PRE-EVENT CONCERT WITH
JOHN ANGOTTI STARTS AT 6:40 PM

Catholic Parent Revival is part of the Strong Catholic Families National Initiative. Visit strongcatholicfamilies.org and Like Us on Facebook.

SUPPORT! MOTIVATE! REVIVE!

STEVE AND JENNI ANGRISANO

JOHN ANGOTTI

BOB AND MAGGIE MCCARTY

MICHAEL THEISEN

Join Together in September for a Catholic Parent Revival

The Catholic Parent Revival is crisscrossing the country to support, motivate, and revive the faith of parents and grandparents through stirring music and song, inspiring messages and stories, and deep and powerful prayer.

Join hundreds of other adults for an evening of CPR and inhale a breath of new life into your vocation as a parent.

Participate Onsite or Online Wherever You Are—Free of Charge

- **Onsite:** seating open on first come, first seated basis—no ticket required. You do not need to be registered for the World Meeting of Families to participate.
- **Online:** visit strongcatholicfamilies.org and click on the “CPR Live” button during event times listed.

Locations

- **Wednesday, September 23**
  7:00-9:30 pm ET
  St. Peter the Apostle/National Shrine of St. John Neumann
  1019 N. Fifth Street
  (corner of Girard and N. Fifth Street)
  Philadelphia, Pennsylvania
- **Thursday, September 24**
  7:00-9:30 pm ET
  St. Isaac Jogues Catholic Church
  50 West Walker Road
  Wayne, Pennsylvania

What Other Attendees Have Said

- My husband and I attended the CPR and thought it was fantastic!
- The experience was inspirational, renewing, insightful, and grace-filled!
- Very refreshing—a wonderful opportunity for all parents
- . . . thoroughly enjoyed the talks and especially the opportunity to communicate, pray together, and for each other . . .
- Thank you all for this wonderful experience and encounter with Christ!

Arrive early each night for the special pre-event concert by singer/songwriter John Angotti starting at 6:40 PM.

Questions?

Email miket@nfcym.org

Catholic Parent Revival is sponsored by

World Library Publications

Catholic Parent Revival is part of the Strong Catholic Families National Initiative. Visit strongcatholicfamilies.org and Like Us on Facebook.
CPR: A Great Way to Support, Motivate, and Revive the Faith of Parents

Parents, grandparents and guardians from across the country are invited to participate together either onsite or online this September to revive their faith and support their vocation as parents.

Two separate Catholic Parent Revivals are being hosted on the evenings of September 23 and 24 during the World Meeting of Families in Philadelphia and will be open to all parents, grandparents and ministry leaders free of charge whether you are participating onsite or online (via a free Live Stream sponsored by OCP/SpiritandSong.com). Each CPR runs from 7 pm – 9:30 pm ET. (6 pm to 8:30 pm Central Time)

The Catholic Parent Revival has been created to allow time for parents to talk with one another in small groups and a Call to Prayer to conclude the evening. Steve and Jenni Angrisano, serving as emcees, will guide both onsite and virtual groups through this process as the event unfolds.

Spread the word using the CPR flyers and encourage groups of parents to gather together in homes and parishes to participate together. A facilitator’s guide for online groups will be available at the CPR website in September. http://www.strongcatholicfamilies.org/cpr/index.htm

The Catholic Parent Revival is part of the Strong Catholic Families Initiative presented in partnership with NFCYM, NACFLM, NCCL and NCEA.
Prayer of Pope Francis for the Synod on the Family

Jesus, Mary and Joseph, in you we contemplate the splendor of true love, to you we turn with trust. Holy Family of Nazareth, grant that our families too may be places of communion and prayer, authentic schools of the Gospel and small domestic Churches. Holy Family of Nazareth, may families never again experience violence, rejection and division: may all who have been hurt or scandalized find ready comfort and healing. Holy Family of Nazareth, may the approaching Synod of Bishops make us once more mindful of the sacredness and inviolability of the family, and its beauty in God’s plan. Jesus, Mary and Joseph, graciously hear our prayer.

Pope Francis provided this prayer for the Synod of Bishops on the Family in his Angelus address on the Feast of the Holy Family (Dec. 29, 2013)

La Oración del Santo Padre a la Sagrada Familia de Nazaret

“Jesús, María y José, en ustedes contemplamos el esplendor del amor verdadero, a ustedes nos dirigimos con confianza. Sagrada Familia de Nazaret, haz que también nuestras familias sean lugares de comunión y cenáculos de oración, auténticas escuelas del Evangelio y pequeñas Iglesias domésticas. Sagrada Familia de Nazaret, que nunca más en las familias se vivan experiencias de violencia, cerrazón y división: que todo el que haya sido herido o escandalizado conozca pronto el consuelo y la sanación. Sagrada Familia de Nazaret, que el próximo Sínodo de los Obispos pueda despertar en todos la conciencia del carácter sagrado e inviolable de la familia, su belleza en el proyecto de Dios. Jesús, María y José, escuchen y atiendan nuestra súplica. Amén”.