LENTEN FAST AND ABSTINENCE
Please see the attached letter from Bishop Amos regarding the regulations on fasting and abstinence in Lent. Please note that he has commuted (NOT dispensed from) the obligation to abstain from meat on March 17 to another day of that week for those who so desire.

SOCIAL ACTION OFFICE
CRS Rice Bowl Collection begins March 1. Promotional Materials have been shipped. If your parish did not order or you need additional materials please contact Esmeralda Guerrero, 563-888-4210. Remember that 25% of the funds collected will remain in the Diocese to help organizations that fight hunger and poverty.

The Diocesan Immigration Program is a non-profit program that provides immigration counseling to help reunite families split by immigration, and assists immigrants in adjusting their status and advocates on their behalf. The Immigration Program focuses on family reunification cases.

The diocesan immigration counselors are certified by the Department of Justice. They work in close conjunction with the U.S. Citizenship and Immigration Services (USCIS). Please see the attached brochure for more information and feel free to distribute to those who might be interested. To learn more go here.

Know Your Rights: The US Constitution grants equal protection of the law and the right to due process. Not everyone understands the rights they have, and the attached is intended for those who may be at risk of deportation. This brochure with general legal information is available in English and Spanish. If you would like copies available at your parish please contact Esmeralda Guerrero, guerrero@davenportdiocese.org or 563-888-4210.

Available Grants: The Social Action Department is now accepting grant applications for the local share of the CRS Rice Bowl and Catholic Campaign for Human Development collections. All grant requests must be post marked by May 31 and sent to Diocese of Davenport, Social Action Office, 780 West Central Park Ave., Davenport 52804-1901. For questions call Loxi Hopkins, 563-888-4212.

- **Catholic Relief Services Rice Bowl**: For those providing/supporting direct services to people who are hungry (first foot of social justice). If your parish or community would like to apply go here.

- **Catholic Campaign for Human Development (CCHD)**: For those organizations and projects that promote systemic change (second foot of social justice). To apply please send your request in a 1-2 page letter along with the Catholic Campaign for Human Development Grant Agreement. To view grant criteria and obtain a copy of the agreement go here.

Diocesan Volunteer Program Grant: Grants are open to any Catholic or parish within the 22 counties of the Diocese. The primary focus of the volunteer program grant is to assist in providing support to individuals for short-term mission work and to support new and existing global projects and partnerships within the Diocese of Davenport. People interested in applying please visit our website to obtain a copy of the grant criteria and application.

FAITH FORMATION OFFICE
Ministry Skills Development: **The Art of Accompaniment: Radical Listening** workshop will be held at American Martyrs Retreat House on March 9-10. Participants will have the opportunity to enhance their listening skills and to understand the importance of developing these skills in preparation for effective ministry. The facilitator will be Barb Schwery, Executive Director of BeFriender Ministry. Go here for additional information and registration options.

Re-Visioning Faith Formation Ministry with Adolescents: The deadline for completing the online Pastoral Leaders’ Survey has been extended to March 10. All pastors, parochial vicars, parish life coordinators, DREs/CREs,
Coordinators of Youth Ministry/Youth Ministers, and Catholic School Principals and Campus Ministers are asked to complete this important survey. Information and instructions for the Youth Survey for 6th-12th graders to be completed by March 31 will be sent to you soon. If you have any questions, contact Don Boucher at 563-888-4243 or via email.

**Re-Visioning Focus Event: Calling Youth To Mission – Equipping Young Disciples Workshop:** Join Bishop Amos and ministry leaders from across the diocese on Thursday, May 4, 8:30 a.m. to 3:30 p.m., at St. Patrick’s Church in Iowa City for this exciting workshop. The workshop will be presented by Tom East from the Center for Ministry Development. You’ll hear the findings from the surveys being utilized for the Re-Visioning process, and explore possible methods and approaches for re-directing present ministry efforts. Cost, registration information, and more can be found at [www.davenportdiocese.org/mission](http://www.davenportdiocese.org/mission).

**COR Retreat:** This year’s diocesan COR will be held March 10-12 at St. Joseph’s School in DeWitt. COR is for 10th-12th graders and focuses on personal reflection about family and relationships. The flyer and registration form for this COR can be found on the [COR webpage](http://www.davenportdiocese.org/cor).

**Junior High Rally: Sunday, March 19, from 9:30-5:30 p.m., at Regina Education Center in Iowa City. This year’s keynoter is Cooper Ray. Theme is “iThirst” and the focus for the day is as follows: “Do you thirst for a place to belong, or for truth? Then you thirst for Jesus. How do we get to know Jesus? Just like the woman at the well, he reveals himself to you, but not always the way you expect. We must all go out and try to be like Jesus in other’s lives. If we live like Jesus did, then we will create a ripple effect in the lives of others.” Final registration deadline is March 10. Access the [Rally webpage](http://www.davenportdiocese.org/rally) for registration, publicity and other program materials.

**2018 Synod of Bishops on Young People, the Faith and Vocational Discernment:** The next Ordinary General Assembly of Bishops will take place in Rome in October of 2018. Its focus is “Young People, the Faith and Vocational Discernment.” The preparatory document is extremely well done and describes very well the reality of young people’s lives today and the focus of this Synod. As with the previous Synod on the Family, the Vatican is asking for input from both young people (ages 16-29) and ministry leaders. Youth input will be gathered through an online survey that will be available in May. The Office of Faith Formation will collect input from ministry leaders within our diocese through an online survey and will host conversations across the diocese with young people around the Synod topic. This information will be used to develop our diocesan report which will be submitted to the USCCB to be incorporated into their national report for submission to the Vatican. Stay tuned for more detailed information on our diocesan survey and the schedule of conversations.

**MINISTRY FORMATION PROGRAM**

**MFP Courses:** Classes are held at the Chancery in Davenport from 9 a.m. – 4 p.m. or participants may instead choose to join one of the video small groups held at various locations throughout the diocese. Each small group location will determine its monthly meeting time. An application form and additional information may be found on the [MFP website](http://www.davenportdiocese.org/mfp). For information regarding the courses or the Ministry Formation Program contact Marianne Agnoli or 563-888-4242.

<table>
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<tr>
<th>2017 Schedule</th>
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<td>5/20/17: Canon Law: Fr. Paul Appel</td>
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<td>7/15/17: Intro to Catechesis: Dr. Corinne Winter</td>
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<tr>
<td>9/16/17: Spiritual Themes: IlaMac Hanisch</td>
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**MARRIAGE AND FAMILY**

**Family Faith Formation Survey:** Your parish is invited to participate in a national survey on evangelization and faith formation with families. The Evangelization Committee of the National Conference for Catechetical Leadership (NCCL) is undertaking this study to understand how parishes and schools are involved in the evangelization and faith formation of families and parents/grandparents. They are asking for some demographic information to start. Then they ask about your approach to families, how you engage families through the parish or school, and how you reach families at home. The survey concludes with an open-ended question about the challenges you face in the evangelization and faith formation of families. Everyone who completes the survey and
provides a name and email (which will only be used for this purpose) will receive a copy of the report. Go to SurveyMonkey to complete the survey online. Please complete the survey no later than March 15. (This is an extension to the deadline noted on the survey.)

**Diocesan Marriage Preparation Policies and Procedures**: The new diocesan marriage preparation policies were promulgated on December 30, 2016 and will apply to all couples who began marriage preparation in the diocese after December 31, 2016. The new policy is now available on the diocesan website [here](#). Note that the diocesan Prenuptial Investigation form has been revised to reflect the new marriage preparation requirements. Access a fillable PDF form in English [here](#) and the Spanish fillable form [here](#).

**Marriage Preparation**: In the hope of helping to build a solid foundation for an enriching life-long marriage, engaged couples beginning preparation for the Sacrament of Matrimony in the Diocese of Davenport after December 31, 2016 will participate in the following preparation activities:

1. Initial personal interview with the priest, deacon or pastoral minister
2. Completion of an approved Premarital Inventory: FOCCUS, REFOCCUS or PREPARE/ENRICH
3. Follow-up meetings as determined by the minister.
4. Participation in a Marriage Preparation Instructional Program:
   - Sponsor Couple (preferred option)
   - Approved Diocesan Marriage Preparation Day/Weekend - see dates below
   - Approved On-line option (only under special circumstance – requires parish approval)
5. Participation in an approved Introductory Natural Family Planning Instruction-see options below
6. Completion of the pre-nuptial investigation form.
7. Post-wedding couple contact plan.

**Marriage Preparation Instructional Programs**: The Diocese of Davenport offers several marriage preparation program formats: Sponsor Couple (through your parish), One-day, Weekend (two-day), and Online (under special circumstances-with parish approval).

**Sponsor Couple**: It is preferred that those preparing for marriage meet with a trained parish Sponsor Couple. Contact Marianne Agnoli to schedule a training in your parish to serve in this important ministry with couples preparing for marriage.

**Weekend and One-day**:
- April 29-30, 2017: Williamsburg, St. Mary, registration deadline April 21
- August 5-6, 2017: Mt. Pleasant, St. Alphonsus, registration deadline July 28
- October 7, 2017: Muscatine, SS Mary and Mathias, registration deadline September 29

Registration fee: $150 per couple. The registration form and more information can be found on the Marriage and Family webpage. If you have questions contact Barb Butterworth or 563-888-4240.

**Online**: Go [here](#) – to be used only under special circumstance with parish approval.

**Marriage and Parenting Resource**: Attached is the March issue of “Marriage Moments and Parenting Pointers.” These may be used in parish bulletins or as links on parish websites.

**Natural Family Planning**: Participation in a diocesan approved Introductory NFP Instruction is required for all engaged or civilly married couples of child bearing age preparing for marriage in the diocese. General information as well as method specific content is available in a variety of formats in both English and Spanish. A listing of diocesan approved NFP online and local instructional resources can be found [here](#).

Engaged couples are encouraged to begin NFP instruction at least four months prior to their wedding date and may select to participate in one or more of the options based on their individual level of interest or particular life circumstance. All diocesan NFP instructional resources are updated regularly with the latest version accessible through the diocesan website. [https://www.davenportdiocese.org/natural-family-planning](https://www.davenportdiocese.org/natural-family-planning). This link will also
provide a list of any upcoming NFP instruction opportunities scheduled in the diocese. A current listing of these opportunities can also be found below.

**Upcoming Free NFP Instruction:**

- **Introduction to NFP:** Frank and Marianne Agnoli on Sunday, March 26, 9:15 a.m. (after 8:00 a.m. Mass) – St. Mary, Oskaloosa
- **Billings Ovulation Method Instruction:** Marianne Agnoli on Sunday, March 26, 1-3 p.m. – St. Mary, Oskaloosa
- **Introduction to NFP:** Beth and Al Budelier at Diocese of Davenport (780 West Central Park Ave, Davenport). All sessions on the following Sundays from 1:30-2:30 p.m.
  
  April 2   June 4   August 6   October 1   December 3

Couples may register to attend one of these sessions by contacting Marianne Agnoli at (563) 888-4242 or agnolim@davenportdiocese.org.

**PROTECTING GOD’S CHILDREN**

To report child abuse contact: Iowa Department of Human Services Child Abuse Hotline: 800-362-2178 and if it involves clergy or church personnel also notify Alicia Owens, Victim Assistance Coordinator: 563-349-5002, va@diocdav.org or PO Box 232, Bettendorf, IA 52722-0004.

**CHAIR OF CATHOLIC STUDIES LECTURE AT ST. AMBROSE UNIVERSITY**

“Shakespeare and Me”: Tuesday, April 4 at 7:00 pm in the Rogalski Center Ballroom at St. Ambrose University in Davenport. Noted author Ron Hansen, will deliver lecture corresponding with the College of Arts and Sciences year-long academic theme celebrating the 400th anniversary of Shakespeare’s birth and examining his influence in the author’s writings.

Ron Hansen is the Gerard Manley Hopkins, SJ, Professor in the Arts and Humanities at Santa Clara University and an ordained permanent deacon for the Diocese of San Jose. Deacon Hansen is the author of twelve books, including *Mariette in Ecstasy*, *Atticus*, and *The Assassination of Jesse James by the Coward Robert Ford*, which was made into a movie starring Brad Pitt and Casey Affleck.

Hansen has held teaching positions at universities around the country and continues to be recognized for his writing. He was twice a finalist for a PEN/Faulkner Award, a finalist for the 1997 National Book Award, received first prize in fiction from the Bay Area Book Reviewers Association and a Gold Medal for Excellence in Fiction from the Commonwealth Club of California.

Following his military service in the U.S. Army, Hansen studied at the University of Iowa Writer’s Workshop and earned a Master of Fine Art in Creative Writing in 1974. He later earned a Master of Art in Spirituality from Santa Clara University in 1995.

**UNIVERSITY OF ST. MARY OF THE LAKE/MUNDELEIN SEMINARY, MUDELEIN, IL**

**Summer Scripture Seminar:** June 25-30. This is an annual event with a particular focus every year. This year it is *Revelation: A Book of Hope in Troubled Times*. 15 lectures are presented by various speakers. Continuing Education Units are earned by attending the seminar. This seminar is open to all, religious and lay people. More information on the weeklong conference is available at www.summerscripture.org.

**SISTERS OF ST. FRANCIS, CLINTON**

Peace Soup Suppers presents: *Our Invisible Neighbors* in Lent of 2017. Suppers will be held at St. Boniface Center, 2520 Pershing Blvd, Clinton at 6 p.m. Peace Soup is free and open to the public. The Tuesday night sessions are sponsored by Prince of Peace Pax Christi and the Sisters of St. Francis. No registration is required. Paper bowls will be provided or bring your own bowl to reduce waste. The following sessions take a behind-the-scenes look at extreme poverty and near-poverty in our community.

March 7: This week’s program, *Income Inequality*, will be presented by Franciscan Sisters Jan Cebula, Teresa Kunkel, and Joan Theiss.
March 14: This week’s program, Affordable Housing, will be presented by Deb Vath, Executive Director of the Clinton Housing Authority; and Lori Freudenberg, Community Outreach Director of the Franciscan Peace Center.

March 21: This week’s program, Assistance Programs, will be presented by Kim Ralston, Clinton County Community Assistance Programs Director; Cheryl McCullough, Executive Director for United Way of Clinton County; and Regan Michelsen, Executive Director for Information, Referral & Assistance in Clinton.

March 28: This week’s program, Mental Health Services, will be presented by Becky Eskildsen, Disability Services, Clinton County Mental Health Department; Mike Johannsen, Eastern Iowa Mental Health and Disability Services Region; Margaret Kuhl, Clinton County Justice; Leslie LaShelle-Mussmann, Prevention Services, Area Substance Abuse Council; and Todd Noack, Life Connections Peer Recovery Center, DeWitt.

April 4: This week’s program, Employment and Training Opportunities, will be presented by Charlene Nicoletto, Lead Teacher of the Clinton Community College Adult Basic Education program; and Andrea Feller of Iowa Works, serving Clinton and Jackson County youth, adults, and dislocated workers.

OUR LADY OF THE PRAIRIE RETREAT, WHEATLAND
To register contact: 563-336-8414 or olpretreat@gmail.com. All programs include a delicious homemade meal prepared with local and organic ingredients. To learn more about Our Lady of the Prairie Retreat visit www.chmiowa.org.

Special Event in Clinton: Lenten Taizé Vigil Service: Sun, March 5 | 6:30pm. Zion Lutheran Church, 439 3rd Ave. So, Clinton, Gathering Space. Taizé is an ecumenical movement, drawing Christians of all denominations together in unified and compassionate prayer. All people of faith are invited to participate. Pre-registration encouraged. No fee

Come to the Quiet: Wed, March 8 | 9:30am – 3:30pm. St. Brigid of Kildare, prompts us to remember Christ dwells in every creature. She recognized the manifestation of divine gifts in all creation and the healing peace that comes from that awareness. Come to the Quiet for a day of peaceful reflection. The day begins with a short message from a wise, holy person who exemplifies an abundant and compassionate life. Time for quiet, a nutritional seasonal lunch, more silence and a closing reflection summarizes the day. Fee: $20. Pat Shea

Visio Divina through Film: Wed, March 8 | 5:30pm light supper followed by 6:00pm film. Film: As It Is In Heaven. Award winning Swedish film. This is the story of a successful internationally known orchestra conductor who returns to his childhood home to confront bullying and grief. To his surprise he finds himself, love and friendship through music and community. An excellent Lenten film. (132 minutes, subtitles) Visio Divina is scheduled on evenings following Come to the Quiet. A growing spiritual practice of Visio Divina allows us to sink into God’s presence through visual stories of redemption, transformation, awe and beauty. Sharing our experience of viewing these films together will open doors to “see” more abundant life around us. Join us for a light supper followed by the film. Fee: $15

Special Retreat Just for Men: Men’s Retreat: Empty Yourself So That You Can Believe God Abundantly Loves You: Fri, March 10 – Sun, March 12 | Fri, 5:00pm – Sun, 11:00am. Our human lives are like bowls. We are created to hold what God gives us. At least that’s what the story of Creation was supposed to be like for Adam and Eve and their descendants. Even before our birth, as we rested within our mother’s womb, God’s unconditional gift of life was competing with the forces of sin. Emerging as infants into a finite and complex world, God’s grace was pumped into us, culminating for most of us in our Baptism. In the ensuing years, our bowls have at times overflowed with happiness and joy and other times with sadness and pain. This retreat will focus on what we are carrying in our bowls today. Fee: $125 John Cooper, MA Theology, Vice-President of Enrollment Management at St. Ambrose University

Special Event in Davenport: Singing the Liturgy: Thurs, March 23 | 7:00pm., St. Paul the Apostle Church, Davenport. Explore the meaning of various elements of the Mass: Introductory Rites, Liturgy of God’s Word, Liturgy of the Lord’s Table, Dismissal Rites. Discover music that helps the “full, conscious and active” participation of the faithful associated with these elements. Presenter: Fr. (Jan) Michael Joncas, author of 4 books on liturgy, composed 25 collections of liturgical music including “On Eagles’ Wings” often used for funeral services. Fee: Free will offering.
Roman Catholic Thought and Practice 50 Years after Vatican II: March 24 – 26 | Fri, 5:00 pm – Sun, 11:00am
Fr. (Jan) Michael Joncas. Explore the meaning of the four great Constitutions of Vatican II 50 years after their publication: Sacrosanctum Concilium on the Liturgy; Lumen Gentium on the Church; Dei Verbum on Sacred Scripture; and Gaudium et Spes on the Church in the Modern World. Fee: $125

Clifton StrengthsFinder Workshop: Focusing on What’s STRONG, Not What’s Wrong: Tues, March 28 | 9:30am – 3:30pm. StrengthsFinder Workshop is an opportunity to identify and develop unique talents to enhance personal and professional lives. Our talents are the ways in which we most naturally think, feel, and behave and represent our innate power and potential. When we tap into this source of wisdom and power, we gain the ability to transform every moment, every interaction, and every day. The process begins with a web-based survey, taken prior to the workshop. Registration due March 15. Fee: $30. Pat Shea

Weaving Prayers and Baskets: Fri, April 7 | 9:00am – 4:00pm. Learn simple basket weaving in the context of prayer and meditation. Make an Easter Basket today. Limit 8 participants. Fee: $30 Kathleen Storms, SSND

A Walk into Holy Week with the Labyrinth: Mon, April 10 | 9:30am – 3:30pm. Start off Holy Week walking the Labyrinth with a special emphasis on mercy and forgiveness. Learn about the history of the Labyrinth and explore ways in which the Labyrinth will release you from what binds you and prepare you for a renewed Easter. There will be time for group discussions, labyrinth walks, reflection and journaling. Fee: $20. Sherry Nauman and Pat McLaughlin

Come to the Quiet: Tues, April 11 | 9:30am – 3:30pm. St. Synclética, early Christian Desert Mother and Abbess, wrote Our God is a consuming fire, so we also must kindle the divine fire in ourselves. Synclética chose to live her life counter to the time’s culture, to fiercely focus on kindling divine love, whatever the cost. Fee: $20. Pat Shea

Special Event in Davenport co-sponsored by The Prairie: A Sugar Creek Chronicle: Observing, Communicating, and Surviving Climate Change: Wed, April 19 | 6:30pm. Cosponsored by the CHM Care of Earth Committee. Humility of Mary Center, 820 W. Central Park Ave, Davenport. Realizing that our changing climate is increasingly altering life around the world, Connie Mutel has employed the use of personal and nature stories to share the complexities of climate science with lay readers. Since the 2016 publication of A Sugar Creek Chronicle, she has continued to explore how we might explain climate change to a reluctant audience, even as we maintain balanced lives ourselves. Her book will be available for $10. Fee: Free will offering. Connie Mutel, MS in plant ecology, Senior Science Writer and Archivist at University of Iowa

Lectio Divina through Current Writers: Sun, April 23 | 2:30pm – 4:30pm. Book for Lectio: It’s Never Too Late to Begin Again by Julia Cameron. Have you been asking, “Now what?” Using contemplative tools called “Morning Pages, Artists Dates, and Solo Walks,” discover how to release your creative energies giving your life new purpose and meaning. Fee: $15. Linda Clewell, Oblate of St. Benedict

BENET HOUSE RETREAT CENTER/ST. MARY MONASTERY, ROCK ISLAND, IL
Contact Sr. Jackie Walsh, OSB at 309-283-2108, retreats@smmsisters.org or online at http://www.smmsisters.org/retreats/ to register for programs mentioned below.

Break-A-Way: Day of Prayer and Quiet: Mar 16, 9:00 AM - 4:00 PM. Take time out from busy!! The day will begin with a reflection using the music and writings of Dan Schutte. Spend the rest of the day in quiet and prayer enjoying the walking paths, the lake area, the chapel, the library, porches, patios and other reflective places. Optional prayer will close the day. Bring your own lunch or have lunch at the Monastery. Facilitator: Sr. Bobbi Bussan, OSB. Fee: $20/day, plus an option for lunch $8. Chair or full body healing touch available for additional cost.

H.U.M. Through Scripture: Mar 18, 8:30 AM - 11:30 AM. We know how nourishing God’s Word is in our lives. H.U.M. provides an opportunity to reflect on three rich themes in Scripture: H (Humor) U (the Unexpected) M (Mercy). Using the writings of Edward Little this morning focuses on the Unexpected in the Bible. Facilitated by Sr. Bobbi Bussan, OSB and Linda Clewell, St. Mary Monastery Oblate. Fee: $30.

Expressing the Psalms with Calligraphy and Art: Mar 25, 8:30 AM - 4:30 PM. Take time to more deeply appreciate the Book of Psalms in a creative way. This retreat begins with a reflection on the Psalms and how they can touch our life experiences. Then you will have the opportunity to work with Calligrapher-Artists Paul Herrera
Other interested persons are welcome to subscribe. You will leave with a finished art or calligraphy piece. 

**Read, Think, Pray:** Apr 1, 10:00 AM - 1:00 PM. This experience is for single women 21-45 years old. Join the Benedictine Sisters for prayer, faith sharing, and enjoy time for personal prayer. A light lunch will be served. There is no cost; you are our guest!

**Family Evening: "Pretzels For Lent":** Apr 4, 5:30 PM - 8:00 PM. This evening will consist of fun, food, stories, prayer, activities and a chance to bake your own pretzels. How the pretzel was first created will be dramatized. All ages are welcome; however, the focus will be families with grade school age children. Children, parents, grandparents, aunts, uncles etc. are all welcome. Presenters: Deacon Steve and Kathy MacDonald. Fee: $15/family of 2-3; $20/family of 4 or more.

**Mother/Adult Daughter Morning: Memories:** Apr 29, 8:30 AM - 12:00 PM. Love and walk with each other during our annual Mother-Adult Daughter Morning. We’ll enjoy a special breakfast, time together, solitude, fun and activities. Presenters: Sr. Stefanie MacDonald, OSB, and her mother, Kathy MacDonald. Fee: $30 per mother/daughter; $15 each additional daughter.

**SHALOM SPIRITUALITY CENTER, DUBUQUE**

To register call 563-582-3592 or send check payable to Shalom Spirituality Center with your contact information to: 1001 Davis St., Dubuque, IA 52001. [www.shalomretreats.org](http://www.shalomretreats.org), info@shalomretreats.org

**The Forgiving And The Forgetting: Understanding Persons With Dementia:** March 9, 6:30-8:30pm. Presenter: Rev. Dr. Jade Angelica, Founder & Director of The Healing Moments Alzheimer’s Ministry. This dramatic presentation about a family’s journey through Alzheimer’s reflects universal truths and challenges about the diseases of dementia. The program will offer participants a spiritual lens for uncovering meaning and purpose in the presence of the realities of dementia and demonstrate the importance of compassion for this vulnerable population. It will also teach effective communication skills designed to enhance the lives of persons with Alzheimer’s and dementia as well as that of their families, and their caregivers. Discussion will follow the presentation. Offering: $10. Register & Prepay By Tuesday, March 7

**An Irish Celebration of Body & Spirit!** March 14, 6:00-8:00 pm. Presenter: Dr. Susan Forshey, Assistant Professor of Discipleship and Christian Formation, University Of Dubuque Theological Seminary. Soon it will be St. Patrick’s Day, so join us for this early celebration of Irish food and spirituality. The evening will begin with a dinner of wonderful Irish-style cuisine, followed by a brief look at the history and practices of Celtic spirituality presented by Susan Forshey. Susan has traveled to Ireland to learn about this form of spirituality, and is excited to do a “spirited” presentation for us. It promises to be a good time for all those of Irish descent as well as the Irish “wannabes” among us! Offering: $24. Register & Prepay By Thursday, March 9

To support the ministry of your parish, school and the diocese these groups automatically receive the *Mini-Messenger*: 

- Deacons
- Diocesan Corporate Board
- Youth Ministers
- Pastoral Associates
- Directors/Coordinators of Faith Formation
- Parishes
- Catholic Foundation Board
- Sisters
- RCIA Parish Contacts
- Diocesan Liturgical Commission
- Priests
- Parish Lay Directors
- Bookkeepers
- Diocesan Board of Education
- Diocesan Planning Commission
- Seminarians
- Diocesan Pastoral Council
- Principals
- Parish Life Coordinators
- Other interested persons are welcome to subscribe. If you have questions regarding your subscription contact Laurie Hoefling, hoefling@davenportdiocese.org.
February 23, 2017

Dear Sisters and Brothers in Christ,

The Lenten disciplines of prayer, fasting, and almsgiving are not to be taken lightly. By these disciplines, and other works of penance, we accompany and support the Catechumens on their way to the Easter Sacraments and we cooperate in our own conversion of heart as we prepare to renew our baptismal promises.

In addition, the Church’s law calls the faithful to specific acts of fasting and abstinence during this holy season:

Ash Wednesday and Good Friday are days of fast. On days of fast, one full meal and two lesser meals are allowed. Eating between meals is not permitted. Catholics between the ages of 18 and 59 are bound to fast.

Ash Wednesday and all of the Fridays of Lent are also days of abstinence. On days of abstinence, meat may not be taken. The law of abstinence binds all Catholics fourteen years of age or older.

If members of the Faithful are unable to observe the fast and abstinence regulations because of ill health or other reasons, they are urged to practice other forms of penance and self-denial suitable to their condition.

Ignoring the laws of fast and abstinence is a serious matter.

This year, the Commemoration of St. Patrick falls on the Friday of the Second Week of Lent. I have heard from a number of the Faithful of the Diocese who have requested to be dispensed from the law of abstinence on that day, in order to observe the Saint’s feast in the traditional manner. This is especially true for various associations and communities within our Diocese.

Therefore, for those who wish to observe the Commemoration of St. Patrick in this manner, I commute the observance of the law of abstinence to another day of the Second Week of Lent, exclusive of Sunday. That is, any of the Faithful in the Diocese of Davenport who wish to take meat on Friday, March 17, may do so as long as they abstain from meat on some other day of that week (March 13-18).

Sincerely in Christ,

Most Rev. Martin Amos
Bishop of Davenport
Activities/Actividades

- Help immigrants to obtain legal documentation
  Ayudámos a los inmigrantes a legalizarse
- Refer immigrants to other community services
  Recomendámos a los inmigrantes a otros servicios comunitarios
- Develop education and outreach programs
  Desarrollámos programas educativos
- Nurture a community spirit to welcome our newcomers
  Alimentámos al espíritu comunitario a recibir al nuevo inmigrante

Mission Statement/Nuestra Misión
To empower immigrants to become more self-sufficient through counseling, education and advocacy
Animámos a inmigrantes a ser más autosuficientes mediante consejería, educación y abogacía

Vision Statement/Declaración Visual
Strengthening our community by welcoming newcomers
Fortaleciendo nuestra comunidad recibiendo a los nuevos inmigrantes.

Call us today for an appointment
Llámenos hoy para una cita

Office Hours/Horas de Oficina
Monday through Friday
Lunes a Viernes
8 A.M.—4 P.M.

July 2016
**What is an Immigrant?**
*Qué es un Inmigrante?*

An immigrant is a person who migrates voluntarily to another country.

Un inmigrante es una persona que emigra voluntariamente a otro país.

In the U.S. an immigrant may be eligible for legal status that can be issued by U.S Citizenship and Immigration Services (USCIS).

En los Estados Unidos un inmigrante puede ser elegible para su estado legal por medio de los servicios de inmigración y Ciudadanía en Estados Unidos.

**Examples:**
- Work permits
- Legal residence
- Citizenship

**Cost/Costo**
Because we offer assistance only for family reunification we are able to charge less than an attorney.

Porque ofrecemos asistencia para la reunificación familiar cobramos

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**Services Offered**
*Ofrecemos Servicios de:*

- Naturalization/Naturalización
- Certificate for Citizenship/ Certificado de Ciudadanía
- Family–based Petitions/ Peticiones Familiares
- Replace or Renew Permanent Resident Card/Remplazar o Renovar su Residencia Permanente
- Tourist Visa Invitation/Invitación para Visa de Turista
- Removal of Conditional Card/ Remover las Condiciones de su Residencia
- USCIS Status Inquiries/Cartas al USCIS sobre su Residencia
- Adjustment of Status/Ajuste de Estado Legal
- Fiancé Visas/Visas Para Prometidos(a)
- V-Visa Extensions/Extenciones de Visas V
- Consular Processing/Proceso Consular

- Immigrant Visas/Visas de Inmigrante
- Temporary Protective Status/ Protección de Estado Temporal
- Employment Authorization/ Permiso de Trabajo
- Travel Documents/Documentos para viajar
- VAWA/Casos de violencia domestica/Domestic Violence
- U-Visas/Victimas de Violencia/ Victims of Violence
- FOIA
- Deferred Action/Accion Diferida
- Provisional Waivers/Perdon Provisional
- Inadmissibility Waivers/Perdon de Inadmisibilidad
- FBI Check/Chequeo con FBI
- Resources and Referrals/ Recomendaciones y Referencias
In the United States, every person—whether documented or undocumented—has the constitutional right to remain silent and to refuse to answer questions of the police, Federal Bureau of Investigation (FBI), or the Bureau of Immigration and Customs Enforcement (ICE), whether on the street, in a car, or at home.

Under the law, the ICE must have proof you are not from the United States to deport you. They can use the following information against you:

- If you run and the ICE catches you.
- If you tell the ICE where you were born or that you don’t have papers.
- If you carry false documents.
- If you carry papers from your country.

If you are questioned by the ICE, you are NOT required to reveal any information, such as your name, address, or home country. If you are questioned or detained, however, it is usually a good idea to give your name so that friends, family, or your attorney can locate you.

It is particularly important to consult with an attorney before signing for voluntary departure if:

- You are afraid to return to your home country;
- You have lived in the U.S. for at least 10 years;
- Your family members have amnesty or other papers.
- You already have a pending ICE case; or
- You are accused of using false documents.

5. **To make a telephone call** to an attorney, family member, consulate of your home nation, friend, or the union (memorize their telephone numbers).

6. **To be released on bond** and to have a hearing to reduce your bond if you cannot afford it.

7. **To have a hearing before an immigration judge** and **to appeal** any adverse decision by the judge. **You have the right to stay in the U.S. while you appeal.**

**IF IMMIGRATION COMES TO YOUR HOME:**

1. **To remain silent** and refuse to answer questions. Anything you say may be used against you.

2. **To understand the charges against you.** If you need an interpreter, the ICE must provide one.

3. **To be represented by an attorney** (at your own expense) and to receive a list of agencies offering free legal services before answering questions.

4. **To refuse to sign documents,** such as for voluntary departure.

5. **To appeal any adverse decision by the judge.** **You have the right to stay in the U.S. while you appeal.**

**IMMIGRATION OFFICER:**

I have learned my rights from my Union. I am giving you this card because I am asserting my Constitutional Right to remain silent.

If you arrest me, I will give you my name but will continue to assert my right to remain silent.

I demand my right to be represented by an attorney and my right to make a telephone call.
Por Favor note que esta publicación solo discute de forma general principios legales. Su intención no es servir como consejo legal con respecto a algún asunto en específico.

**OFICIAL DE INMIGRACIÓN:**

Yo he aprendido mis derechos gracias a mi unión. Le estoy dando esta tarjeta porque estoy ejerciendo mi derecho constitucional a permanecer callado.

Si usted me arresta, le daré mi nombre pero continuará ejerciendo mi derecho a permanecer callado.

Yo exijo mi derecho a ser representado por un abogado y mi derecho a hacer una llamada telefónica.

**SI LA MIGRA LO ARRESTA—USTED TIENE EL DERECHO:**

1. **Amantener silencio** ya rehuarse a contestar preguntas.

2. **A entender los cargos en su contra.** Si necesita un intérprete, la migra tiene que proveerle uno.

3. **A ser representado por un abogado** (pagado por usted) y a recibir una lista de agencias que ofrecen servicios legales gratis antes de contestar cualquier pregunta.

4. **A rehusarse a firmar documentos,** como partida voluntaria. **Es muy importante que consulte con un abogado antes de firmar su salida voluntaria si:**

   - Usted tiene miedo de volver a su país;
   - Usted ha vivido en los Estados Unidos por más de diez años;
   - Miembros de su familia tienen amnistía u otros papeles;
   - Usted ya tiene un caso pendiente con la migra; o
   - Usted está acusado de usar documentos falsos.

5. **A hablarle por teléfono** a un abogado, familiar, consulado de su país, amigo o a la unión (memoríce los números telefónicos).

6. **A ser puesto en libertad bajo fianza** y a tener una audiencia para reducir su fianza si no puede pagarla.

7. **A tener una audiencia ante un juez de inmigración y a apelar cualquier decisión adversa del juez. Usted tiene el derecho a permanecer en este país mientras apela.**

**SI LA MIGRA VIENE A SU CASA:**

1. Pídales que los oficiales le muestren la orden de restos o de arresto. Si no tienen una orden no tiene que permitirles acceso a su casa.

2. Si los oficiales entran sin una orden, pidale sus nombres y número de indentificación. Si no niegan anote los números de sus placas.

3. Obtenga los nombres, direcciones y números de teléfono de testigos.

4. Obtenga un recibo por cualquier propiedad removida por la migra.

5. Una orden de restro no le obliga a contestar ninguna pregunta.
MARRIAGE MOMENTS
719. Mar. 6: Lent has just begun but too easily it can go the way of New Year's resolutions - Good idea but soon forgotten. Help each other. If you choose the same practice you can reinforce each other. If you choose different ones support each other's growth - but don't nag. It's not a contest. Go to http://www.susanvogt.net/blog/ for some creative ideas.

720. Mar. 13: "Go forth from the land of your kinsfolk" (Gn. 12: 1) Moving to a new home can be exciting, exhausting, and scary - all at the same time. Share the best and worst part of a move you've made together.

721. Mar. 20: If you don't do regular maintenance on your car, it may start spluttering and clanking. If your spouse is making noises (complaining, nagging etc.), maybe it's time to look under the hood. You may find that neglect is the culprit. Perhaps you haven't listened closely to what your beloved needs. Maybe work or the kids have become a priority. Ask.

722. Mar. 27: "Not as humans see does God see, because humans see the appearance but the Lord looks into the heart." (1 Sam. 16: 7) Yes, love can be blind, but deep love sees beneath annoying habits to the inner goodness. Name one positive quality that you see in your beloved that others might not see.

PARENTING POINTERS
718. Mar. 3: Lent has just begun. March 3 or 4 is also National Day of Unplugging, http://nationaldayofunplugging.com/about-us/. Can your family do a "tech fast" of a day without TV or the internet? If not today, choose another day soon. What kind of homemade fun can you substitute?

719. Mar. 10: If your child is old enough to choose a Lenten sacrifice, help them to see beyond just giving up candy. Consider how the devil tempted Jesus with food, power, and money. Let the tangible sacrifice be a reminder to love someone who is hard to love

720. Mar. 17: "The people grumbled against Moses" (Ex 17: 3) It's normal in any family to grumble occasionally. Parents grumble about their kids and vice-versa. But what happens after the grumbling? Model apologizing for your child. "I'm sorry. I'll try to do better."


722. Mar. 31: It's almost April Fool's Day. Have fun with it. Tell your child stories of silly mistakes or dumb things you did when you were a kid. Mutual laughter can take the pressure off.