Helping Hurting Kids
Accompanying Youth

- Walk/ Be present with/among
- Asking provocative questions
- Praying with and for
- Accompany parents
Accompaniment is **Not**:

- Therapy
- Fixing
- Social work
- Simple and easy
Benefits

• Language - names experience
• Feel less alone
• Model relational skills
• Share Faith
Linear
Cycle
How are kids hurting more today?
Disillusioned
Less Resilient
Undiagnosed Trauma
Trauma Stats

- 8-12% Sexual assault
- 9-19% Physical abuse by caregiver or assault
- 38-70% Witnessed Community violence
- 1 in 10 witnessed violence in caregiver relationship
- 1 in 5 lost family members to homocide
- 9% internet assisted victimization
- 20-25% Natural/ Man made disaster
Anxiety
1 in 4
1 in 4
Self Injure
Depression
1 in 8 teens
Suicide 2nd Leading Cause of Death
90% Treatable
Eating Disorders
1 in 4 teen girls
> 50% Unhealthy Relationships
Bullying

160,000
70% Sleep Deprived
500,000

Deportation
Why are youth hurting more today?
34% Single Parents
2.4 million grandparents

4.5 million children
< 2 hrs/day

Face Time
Pursuit of Success
“If I don’t make her participate in these activities, she won’t have a shot at getting into a good college....which means everything for her future.”

~Parent (47yrs) of teen who had a suicide plan
Over Parenting
Lack of Failure
More Options for Avoidance
Terror and Violence
Unaffiliated