



DIOCESE OF DAVENPORT Natural Family Planning Resources

Billings Ovulation Method Online Instruction (English & Spanish)

This online learning experience, combined with three months of complimentary access to the Fertility Pinpoint charting application, is designed to bring women and couples up to speed about Natural Family Planning. You will gain a clear understanding of the science and “how-to” regarding the Billings Ovulation Method, followed by the opportunity to actually put the method to work for yourself. Cost - \$49 <http://learnnfponline.com>



Billings Ovulation Method Instructors

Marianne Agnoli, MPH, MPTh

780 West Central Park, Davenport, IA 52804
563-888-4242
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Yolanda Bello Bogdanyi (English & Spanish)

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Brenda DeLathouwer, CFC

Cycle Solutions LLC – Moline, IL
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Betty McGehe, MSN, ARNP, FNP-C

Norwalk, IA
515-961-8098 or 515-240-2751 (cell)
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Couple to Couple League (Sympto-thermal) Method – Online Instruction (English & Spanish)

Couple to Couple League (CCL) offers two on-line options for those couples who do not have a local CCL Teaching Couple, or for those whose schedule prevents them from attending local instruction. Couples will receive the same materials as those attending on site classes, plus access to professional chart reviews until confident in their method skills.

- Self-Paced Online - \$110
- Live Class Online (check website below for dates and times) - \$130
<http://register.ccli.org/>

Couple to Couple League Instructors

Al and Beth Budelier

Davenport, IA
563-324-7040
elizabethimel@yahoo.com

Nick and Jessica Ragsdale

2950 Pleasant Ridge Ct.
Bettendorf, IA 52722
(563) 343-6809
jessicamartin84@gmail.com

Elizabeth and Thomas Riester

Cedar Rapids, IA
563-571-0027
riesterte@gmail.com

Laura and Carlos Moreno (Spanish)

St. Mary Catholic Church - Moline, IL
309- 764-1562
Lauramoreno28@yahoo.com



Additional CCL instructors and class schedules at www.ccli.org

Creighton Model (In Person or Remote Skype Instruction)

Tommi Hutchins, FCP

Whole Life Fertility Awareness
Cedar Rapids, IA
319-440-8277
wholelifefa@gmail.com



Linda Jacobs, FCP

FertilityCare Services of Central Iowa - Marshalltown Satellite Center
Marshalltown, IA 50158
641-753-5965
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Cassidy LeClaire, FCPI

Iowa City, IA
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viaveritafertility@gmail.com

Rebecca Luoma, FCP

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Michelle McKernan, MA, FCP

Vitae Family Care Clinic
1355 50th St., Suite 100
West Des Moines, IA 50266
515-225-3261

Jamie Rathjen, FCP

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Creighton Model - (In Person or Remote Skype Instruction) continued

Dr. Marie Ripslinger-Atwater, D.C., M.S., FCPI

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Sheryl Schwager, FCP

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Meredith Simon, FCP

Fiat FertilityCare Center
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LaPorte City, IA 50651
319-830-1470
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Cassandra White, BS, FCP

Vitae Family Care Clinic
1355 50th St., Suite 100
West Des Moines, IA 50266
515-225-3261
Cassandrawhite1212@gmail.com

Family of the Americas – (In Person Spanish & English)

Anna & Gerardo De La Torre

439 Appanoose St.
Ottumwa, IA 52501
641-208-2146 (Anna) 641-455-6576 (Gerardo)
AnaR8127.ar@gmail.com Delatorre_1163@yahoo.com

Nely & Juan De La Torre

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Marquette Method Online Instruction (English & Spanish)

Marquette Registration Process for Couples

The Marquette Method offers a variety of class options and services. Online classes are conducted through a secure video meeting platform. All class options include individual follow-up for a minimum of 1 full year, and course documents are included. Fertility testing supplies are not included: you do not need to have a fertility monitor before taking a class. <https://www.mmnfp.com/learn>

Marquette Method Instructors

Julie Cutler RN, MSN, IBCLC

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563-505-9857

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Kelsey Vukov, MS, RN

Online / Distance Learning

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Introductory Videos

Plan Your Family Naturally – Introduction to Natural Family Planning

DVD & Study Guide (English & Spanish)

Available for purchase through Diocese of Rockville Centre – Office of Faith

Formation: English <http://drvc-faith.mybigcommerce.com/faith-formation-videos/>

Spanish <http://drvc-faith.mybigcommerce.com/espa-ol/>

Additional NFP Distance Learning Resources

<http://www.usccb.org/issues-and-action/marriage-and-family/natural-family-planning/nfp-distance-learning.cfm>



Questions? Contact:

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