

## **Special Prayer for Mass time**

Blessings to you all this 5<sup>th</sup> Sunday in Lent

I am pasting below a prayer, in English and Spanish, that can be used during our live-stream masses. We will pray it aloud at the normal time for Communion. Spiritual Communion is a tradition in the Church for those times of public crisis or other such obstacles when people are not able to receive Communion.

I pray that you are all staying well and staying sane in the midst of these strange times.

Peace in Christ,  
Fr. Chuck

### **Spiritual Communion**

My Jesus,  
I believe that You  
are present in the Most Holy Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment receive You sacramentally,  
come spiritually into my heart.  
I embrace You as if You were  
already there and unite myself wholly to You.  
Never permit me to be  
separated from You.  
**Amen.**

### **Comuni3n Espiritual**

Jes3s m3o, creo que T3 est3s real y verdaderamente presente en el  
Sant3simo Sacramento del Altar;  
Te amo sobre todas las cosas y deseo recibirte ahora dentro de mi alma;  
Ya que no te puedo recibir sacramentalmente, ven al menos  
espiritualmente a mi coraz3n.  
Y como si ya te hubiese recibido, te abrazo y me uno todo a Ti.  
Se3or, no permitas que jams me aparte de Ti por el pecado.  
**Am3n**