

Second Newsletter

This is the second of a six-part series about the Changing Lives Forever (CLF) Program offered by St. Vincent de Paul.

The Changing Lives Forever Training Modules

CLF is directed towards those living in poverty or wanting to move their lives in a more positive direction. There are 10 Modules upon which CLF is built. Each module contains foundational subject matter. The program is designed so that the participant (Investigator) begins by “*investigating*” their life.

- 1) My Life Now
- 2) Theory of Change
- 3) The Rich/Poor Gap and Research on the Causes of Poverty
- 4) Hidden Rules of Economic Class
- 5) Importance of Language
- 6) Eleven Resources
- 7) Self-Assessment of Resources
- 8) Community Assessment
- 9) Building Resources
- 10) Personal and Community Plans

These Modules begin at the very core of the individual. The Investigators move toward a better future beginning in the first session by examining themselves and where they are now in life. As the Investigator progresses through each Module, they begin reflecting upon what they know, what they thought they knew, and what resources they have or don't have. These revelations ease the individual into the later modules where they can continue to assess themselves and their relationship to the rest of the world in a different light.

Through the modules, they complete exercises that will help them identify not only their own strengths and weaknesses but also the strengths and weaknesses of their community. Having this knowledge will be a major advantage toward “getting ahead.” The Investigators are also introduced to community resources to help them establish goals specific to their life. Many times, Investigators have been able to make changes in their community because they were able to see a problem differently.

Our Facilitators would be glad to discuss this Program with you. Please seek them out with your questions. Tom Price, Nativity, is the Lead Facilitator for our 2020 St. Jude/Nativity/Holy Name CLF, supported by the following trained facilitators: Rosie Hickle, Nativity; Jane Welker, St. Phillip Neri; Elaine Jerrell, Beth Dristas, Kathy Butkiewicz, St. Jude.

Coming in March 2020

CLF VOLUNTEERS