

**First Reading: A reading from the Book of the Prophet  
Jeremiah**

The days are coming, says the LORD,  
when I will fulfill the promise  
I made to the house of Israel and Judah.  
In those days, in that time,  
I will raise up for David a just shoot ;  
he shall do what is right and just in the land.  
In those days Judah shall be safe  
and Jerusalem shall dwell secure;  
this is what they shall call her:  
“The LORD our justice.”

The word of the Lord: **Thanks be to God.**

**R. To you, O Lord, I lift my soul.**

Your ways, O LORD, make known to me;  
teach me your paths,  
Guide me in your truth and teach me,  
for you are God my savior,  
and for you I wait all the day.

**R. To you, O Lord, I lift my soul.**

Good and upright is the LORD;  
thus he shows sinners the way.  
He guides the humble to justice,  
and teaches the humble his way.

**R. To you, O Lord, I lift my soul.**

All the paths of the LORD are kindness and constancy  
toward those who keep his covenant and his decrees.  
The friendship of the LORD is with those who fear him,  
and his covenant, for their instruction.

**R. To you, O Lord, I lift my soul.**

## **Second Reading: A reading from the first Letter of Saint Paul to the Thessalonians**

Brothers and sisters:

May the Lord make you increase and abound in love for one another and for all, just as we have for you, so as to strengthen your hearts, to be blameless in holiness before our God and Father at the coming of our Lord Jesus with all his holy ones. Amen.

Finally, brothers and sisters, we earnestly ask and exhort you in the Lord Jesus that, as you received from us how you should conduct yourselves to please God and as you are conducting yourselves you do so even more.

For you know what instructions we gave you through the Lord Jesus.

The word of the Lord: **Thanks be to God.**

## **Gospel: A reading from the holy Gospel according to Luke**

Jesus said to his disciples:

“There will be signs in the sun, the moon, and the stars,  
and on earth nations will be in dismay,  
perplexed by the roaring of the sea and the waves.

People will die of fright  
in anticipation of what is coming upon the world,  
for the powers of the heavens will be shaken.

And then they will see the Son of Man  
coming in a cloud with power and great glory.

But when these signs begin to happen,  
stand erect and raise your heads  
because your redemption is at hand.

“Beware that your hearts do not become drowsy  
from carousing and drunkenness  
and the anxieties of daily life,  
and that day catch you by surprise like a trap.

For that day will assault everyone  
who lives on the face of the earth.

Be vigilant at all times  
and pray that you have the strength  
to escape the tribulations that are imminent  
and to stand before the Son of Man.”

**The Gospel of the Lord. Praise to you Lord Jesus Christ**

I BELIEVE IN ONE GOD, THE FATHER ALMIGHTY,  
MAKER OF HEAVEN AND EARTH,  
OF ALL THINGS VISIBLE AND INVISIBLE.  
I BELIEVE IN ONE LORD JESUS CHRIST,  
THE ONLY BEGOTTEN SON OF GOD,  
BORN OF THE FATHER BEFORE ALL AGES.  
GOD FROM GOD, LIGHT FROM LIGHT,  
TRUE GOD FROM TRUE GOD,  
BEGOTTEN, NOT MADE, CONSUBSTANTIAL  
WITH THE FATHER;  
THROUGH HIM ALL THINGS WERE MADE.  
FOR US MEN AND FOR OUR SALVATION  
HE CAME DOWN FROM HEAVEN,  
AND BY THE HOLY SPIRIT WAS INCARNATE  
OF THE VIRGIN MARY,  
AND BECAME MAN.  
FOR OUR SAKE HE WAS CRUCIFIED  
UNDER PONTIUS PILATE,  
HE SUFFERED DEATH AND WAS BURIED,  
AND ROSE AGAIN ON THE THIRD DAY  
IN ACCORDANCE WITH THE SCRIPTURES.  
HE ASCENDED INTO HEAVEN  
AND IS SEATED AT THE RIGHT HAND OF THE FATHER.  
HE WILL COME AGAIN IN GLORY  
TO JUDGE THE LIVING AND THE DEAD  
AND HIS KINGDOM WILL HAVE NO END.  
I BELIEVE IN THE HOLY SPIRIT,  
THE LORD, THE GIVER OF LIFE,  
WHO PROCEEDS FROM THE FATHER AND THE SON,  
WHO WITH THE FATHER AND THE SON  
IS ADORED AND GLORIFIED,  
WHO HAS SPOKEN THROUGH THE PROPHETS.  
I BELIEVE IN ONE, HOLY, CATHOLIC,  
AND APOSTOLIC CHURCH.  
I CONFESS ONE BAPTISM FOR THE FORGIVENESS OF SINS  
AND I LOOK FORWARD TO THE RESURRECTION  
OF THE DEAD AND THE LIFE OF THE WORLD TO COME.  
AMEN.

## Spiritual Communion Prayer

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally,  
come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly  
to You.

Never permit me to be separated from You.

*Amen.*