

St. Frederic Catholic Church

175 S. 13th St., St. Helens, Oregon



Mission Statement

St. Frederic is a Catholic Christian Community that works and prays together to deepen our love of God and to share that love by ministering to each other and the extended community in holiness and justice.

Phone 503-397-0148 • Fax 503-366-3870

stfred@comcast.net | <https://stfredericchurch.org>

OFFICE HOURS

Tuesday—Friday 9:00 a.m.—3:00 p.m.

February 16, 2020

6th Sunday of Ordinary Time

MASS SCHEDULES AND OTHER SERVICES

WEEKEND MASSES

Saturday Vigil Mass	5:00 p.m.
Sunday Masses	8:00 a.m.
English/Spanish Mass	10:00 a.m.
Spanish Mass	5:00 p.m.
(usually 2nd Sunday of the month)	

WEEKDAY MASSES

Tuesday—Friday	8:30 a.m.
HOLY DAYS	12:00 p.m. & 7:00 p.m.

ADORATION

Wednesday	7:00 p.m.—8:00 p.m.
Friday	9:00 a.m.—10:00 a.m.

ROSARY

Tuesday—Friday	7:50 a.m.
Saturday	4:30 p.m.
Sunday	9:30 a.m. in Spanish

RECONCILIATION

Saturday	4:00 p.m.
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MATRIMONY

By appointment, at least 6 months in advance. Call the office for an appointment.

BAPTISM

Call the office for an appointment.

PARISH STAFF

Pastor

Rev. Fr. Nicolaus Marandu 503-397-0148

Bookkeeper/Hall Rental

Phyllis Dahlin 503-397-0148

Parish Secretary/Website

Timari Previs 503-397-0148

Hispanic Ministries

Rosa Gonzalez 503-397-0148

COUNCILS

Finance Council

Tom McMahon 503-397-2791

Pastoral Council

Paula Monroe 503-369-4130

MINISTRIES

Children's Liturgy

Diane Larson 503-397-0148

Communion Visitors

Maureen Proffitt 503-366-9327

Funeral Arrangements

Sally Caniparoli 503-380-9085

Knights of Columbus

Richard Proffitt 503-366-9327

RCIA

Tom and Timari Previs 503-397-3323

Religious Education

Diane Larson 503-397-0148

Sacristan

Sally Caniparoli 503-380-9085

St. Vincent de Paul

Julie Reilly 503-366-0787

Women's Society

Randy Dixon 503-830-3779

Youth Group

Sally Caniparoli 503-380-9085

EMERGENCY NUMBERS

St. Vincent de Paul Hotline 888-375-6074

Sick Calls or Deaths 503-380-9085

From July 1, 2019 through June 30, 2020 the weekly amount to maintain our church is now **\$4,188.38**. This is only for expenses to maintain our liturgy, ministries, personnel, and facilities throughout the church compound. We are now showing you our weekly income and accumulated deficit for the church throughout the fiscal year.

Week 32	<u>Weekly</u>	<u>YTD</u>
Need:	\$ 4,188.38	\$134,028.16
Collection:	\$ 2,396.59	\$ 86,747.46
	\$-1,791.79	\$-47,280.70

Maintenance \$4,149.23

Thank you for your Support

BEQUESTS

I give, devise, and bequeath the sum of \$_____ to the Archdiocese of Portland in Oregon for the sole benefit of St. Frederic Catholic Church located at 175th S. 13th, St. Helens, Oregon to be used under the direction of the priest at the time of my death.

PRAYER REQUESTS

Herbert Lightner, Barbra Cowlin, Pam Curnutt, Sandy Byers, Pauline Thompson, Chris Arnis, Bernard Offley, Debbie Medeiros, Ronald Schaumberg, Leo Carina, Bill Jauron, Joey Bates, Patty Lowe, Lloyd Ebert, JoAnn Evans, Rodney Mann, Craig Chabala, Martin Scheer Sr., Annabelle Scheer, Marcy Wright, Dominique Earl, Dean Ebert, Gail Norwood Young, Kathy Painter, Inge Miller, Manuel Painter, Margaretha Marandu, Bethany Lang, Alice Whitley, Allen Bork, Quartney Alden, Ken Brock, Barbara Brown, Dennis Pruchniewski, Kathy Reilly, Ralph DeSantis, Robert Tracey, Claira Grisham, Donna Marie DeSantis, John Weber, Marvel Brown, Randy Dixon, Allen Bower, Margie Tomlinson, Ron Nunn, Mary Lampman, Dick Niece, Michelle Offley, Thomas and Jackie Prevish.

Youth Group Service Project

The Youth Group is in the last weeks of collecting items for our local military members overseas. We have a good selection of personal hygiene items, but still could use some black crew socks, and snack items such as candy, jerky, sunflower seeds, nuts, or any snack that can be put in a pocket. Some service members have requested Cup of Noodles. Entertainment is always a challenge for military members because internet speeds are not fast enough for streaming. Items that can be shared are best such as movies and books.

There is a collection box in Vestibule and in the Office.

5th Sunday of Ordinary Time Reflection

Jesus tells us in the Gospel this week that He has come not to abolish but to “fulfill” the Law of Moses and the teachings of the prophets.

His Gospel reveals the deeper meaning and purpose of the Ten Commandments and the moral Law of the Old Testament. But His Gospel also transcends the Law. He demands a morality far greater than that accomplished by the most pious of Jews, the scribes and Pharisees.

Outward observance of the Law is not enough. It is not enough that we do not murder, commit adultery, divorce, or lie.

The law of the new covenant is a law that God writes on the heart (see [Jeremiah 31:31–34](#)). The heart is the seat of our motivations, the place from which our words and actions proceed (see [Matthew 6:21; 15:18–20](#)).

Jesus this week calls us to train our hearts, to master our passions and emotions. And Jesus demands the full obedience of our hearts (see [Romans 6:17](#)). He calls us to love God with all our hearts, and to do His will from the heart (see [Matthew 22:37; Ephesians 6:6](#)).

God never asks more of us than we are capable of. That is the message of this week’s First Reading. It is up to us to choose life over death, to choose the waters of eternal life over the fires of ungodliness and sin.

By His life, death, and resurrection, Jesus has shown us that it is possible to keep His commandments. In Baptism, He has given us His Spirit that His law might be fulfilled in us ([Romans 8:4](#)).

The wisdom of the Gospel surpasses all the wisdom of this age that is passing away, St. Paul tells us in the Epistle. The revelation of this wisdom fulfills God’s plan from before all ages.

Let us trust in this wisdom, and live by His kingdom law.

As we do in this week’s Psalm, let us pray that we grow in being better able to live His Gospel, and to seek the Father with all our heart.

Yours in Christ,

Dr. Scott Hahn

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Report

St. Frederic Catholic Church, November 2017—November 2020 Capital Campaign

Week 142

No. Pledges	Average Pledge	Total Pledged	Total Received	Goal	Over/Under	% Goal
85	\$3,343.62	\$284,208.00	\$214,501.49	\$300,000.00	\$17,392.00	94.7%

Religious Education

First Communion Class

Feb. 16—Class	11:15—12:15 p.m.
Feb. 23—Class	11:15—12:15 p.m.
Mar. 1—Class	11:15—12:15 p.m.
Mar. 8—Class	11:15—12:15 p.m.
Mar. 15—Class	11:15—12:15 p.m.
Mar. 22—No Class	Spring Break

Classes meet in the Parish Center.

Attention: First Holy Communion Kids

A signup sheet is available in the Vestibule each weekend. Please make sure to sign in after your name. Attending Mass is mandatory. Thank you.

Junior High and High School Youth Group

Feb. 16—Class	6:30—8:00 p.m.
Mystery of the Mass Revealed: The “Why’s” behind the “What’s”	
Feb. 23—Class	6:00—8:00 p.m.
Mystery of the Mass Revealed: Our Father’s Plan	
Mar. 1—Class	11:15—1:00 p.m.
Mar. 8—Class	6:00—8:00 p.m.

Classes meet in the Parish Center.

Religious Education Class

The next class is Sunday, March 1 after the 10:00 a.m. Mass in St Joseph’s Conference Room. This is for all children in Kindergarten to 5th grade.

Rite of Christian Initiation of Adults

Our next class is **Monday**, February 17 at 7:00 p.m. Do you know the answer to: **What are the best ages for Baptism and Confirmation?** If you don’t know the answer, then join us to find out. All are welcome to attend any class.

Upcoming classes include:

2/25—**Has the Church always taught the Eucharist is literally the Body and Blood of Christ, or did the early followers consider it a symbol?**

3/2—**Why do I have to tell my sins to a priest?**

3/9—**Do demons really posses people, or is that just in the movies?**

FORMED.org Pick of the Week

This Friday, we celebrate the Chair of Peter the Apostle. Pope Benedict XVI described *the chair* as “a symbol of the special mission of Peter and his successors to tend Christ’s flock, keeping it united in faith and in charity.” Dr. Tim Gray walks us through the significance of Jesus giving Peter the “keys of the kingdom,” and how through Peter’s mission, He was restoring and perfecting his Church.

Search **Lectio: Peter** (Peter and the Keys—The Primacy of the Church). Also available in Spanish.

ADVERTISER OF THE WEEK!

Columbia Funeral Home and Cremation Center

We would like to thank Columbia Funeral Home for placing an ad in our bulletin! Our advertisers pay for the printing of our bulletin. This is especially important now that we are printing the bulletin in house.

Please be sure to thank them!

Knights of Columbus Breakfast

The Knights of Columbus breakfast after all Masses this Sunday in Buccini Hall. Breakfast is \$5.00 with proceeds going to the Father Taaffe Homes. Father Taaffe homes helps young women raise above life's challenges. They learn skills to help them succeed as single mothers, from parenting to running a household to creating a healthy future for themselves and their babies. The Knights are also asking for the following items to donate to these mothers: diapers, undershirts, blankets, sweaters, baby soap, lotion and powder, baby bathtubs, pajamas, hats and coats.

Women's Society Workshop

There will be a Women's Society workshop this Tuesday, February 18 at 11:00 a.m. in Buccini Hall to assemble Christmas centerpieces. All are welcome to help.

ASH WEDNESDAY RETREAT

Our Lady of Peace Retreat

3600 SW 170th Ave., Beaverton

with the Maronite Monks of Jesus, Mary and Joseph

9 a. m. – 2:30 p. m.

\$40 per person, includes lunch

To register: phone 503-649-7127

or email sisters@olpretreat.org

Soup Suppers/Stations of the Cross

The first Soup Supper will be Friday, February 28, 2020 at 6:00 p.m. hosted by the Women's Society. Stations of the Cross starts at 7:00 p.m.

World Day of Prayer

Friday, March 6, 2020 at 11:00 a.m.

First Lutheran Church

360 Wyeth St, St Helens

Light lunch to follow

Everyone Welcome!

Faith Formation Leaders Retreat

March 16—18, 2020

Mt. Angel Abbey, 1 Abbey Dr

St Benedict, OR 97373

Registration now available at <https://www.eventbrite.com/e/faith-formation-leaders-retreat-registration-92760094941>

Feb 22/23

Ministers of Communion

5pm Richard & Maureen Proffitt, Sally Caniparoli

8am Paula Monroe, Anne Ritenour, Randy Dixon

10am Paula Sanchez, Maria Sanchez, Angel Martinez

Readers

5pm Gretchen Robinson

8am John Weber

10am Maureen Sloan/Rosa Gonzalez

Ushers

5pm Kathryn Hendrickson/Patricia Bean

8am Dick and Esther Niece

10am Dick & Phyllis Dahlin

Wednesday, February 26 is Ash Wednesday

Ash Wednesday is a Holy Day of Obligation. Masses will be at noon and 7:00 p.m.

Fasting and Abstinence

Ash Wednesday and Good Friday are obligatory days of **fasting** and **abstinence**. In addition, Fridays during Lent are obligatory days of abstinence.

The norms on **fasting** are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. Liquids are allowed at any time, but no solid food should be consumed between meals.

The norms concerning **abstinence** from meat are binding from age 14 onwards. Abstinence laws consider that meat comes only from animals such as chickens, cows, sheep or pigs—all of which live on land. Birds are also considered meat. Abstinence does not include meat juices and liquid foods made from meat. Thus, such foods as chicken broth, soups cooked for flavor with meat, meat gravies or sauces, as well as seasonings or condiments made from animal fat are technically not forbidden. However, moral theologians have traditionally taught that we should abstain from all animal-derived products (except foods such as gelatin, butter, cheese and eggs, which do not have any meat taste). Salt and freshwater species of fish, amphibians, reptiles, (cold-blooded animals) and shellfish are permitted.

There are exclusions for physically or mentally ill including individuals suffering from chronic illness such as diabetes and for pregnant or nursing women. In all cases, common sense should prevail, and ill persons should not further jeopardize their health by fasting.

Archbishop's Catholic Appeal 2020

Please prayerfully consider donating to the ACA. You can bring in your commitment cards to Mass next week if didn't return it this weekend. **St. Frederic Parish's goal for 2020 is \$11,279.94.**

Volunteers Needed to Fold and Stuff Bulletin

We currently have some volunteers to fold and stuff the bulletin on Friday mornings, but it would be nice to have more volunteers so that the commitment would be less often. Sign up in the Vestibule. If you have questions contact Randy Dixon (coordinator) at 503-830-3779. Starts this in March.



Grocery Bags

St Frederic is selling cloth grocery bags for \$1.00. They measure 13" x 11" x 7". You can see and purchase them after Mass in the Vestibule or in the Office. Last week, 142 bags were sold. Get yours before they are sold out.

Week-End with Beginning Experience of Oregon.

Every marriage ends, whether from death, separation or divorce and is one of life's most traumatic experiences. A Beginning Experience Weekend is designed to help resolve the grief and renew hope for the future.



Date: February 28,29 & March 1, 2020

Time: Friday 7:00 pm– Sunday 4:30 pm

Cost: \$195.00 includes 2 nights lodging, 5 meals, all materials needed. (scholarships available)

Location: Griffin Retreat Center

11957 SE Fuller RD, Milwaukie OR 97222

Pre-registration Deadline: February 24, 2020

Contact: www.beginningexperience.org or (971)404-6512

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