

**ST. JOHN CHILD CARE
MENU FOR OCTOBER 2021
817-595-2654**

You must let the teacher know **by 9:30am** if your child will need a lunch.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Beef Lasagna Mixed Veggie Trio Applesauce Bread & Butter** Milk
4 Chicken Noodle Soup Saltine Crackers** Green Beans & Carrots Diced Peaches Milk	5 Waffles** Sausage Links Tater Tots Mandarin Oranges Milk	6 Chicken Quesadillas Carrot Sticks Fiesta Rice Sliced Apples Milk	7 Chicken Fried Steak Mashed Potatoes w/Gravy Green Beans Pineapple Tidbits Milk	8 Tomato Soup ½ Grilled Cheese Sandwich** Peas & Carrots Fruit Cocktail Cheese Goldfish Milk
11 French Toast Sticks Sausage Links Tater Tots Diced Peaches Milk	12 Salisbury Steak Mashed Potatoes & Gravy Green Beans Fruit Cocktail Milk	13 Grilled Cheese Sandwich** Carrot Sticks Mixed Fruit Gogurt Milk	14 Deli Turkey Slices Cheese Ritz Crackers** Carrot Sticks Diced Pears Milk	15 Hot Dog Peas & Corn Pineapple Tidbits Dill Pickle Slices Milk
18 Cheese Pizza Lettuce Salad Diced Pears Garlic Bread** Milk	19 Spaghetti** Steamed Carrots Mandarin Oranges Bread & Butter** Milk	20 Corn Dogs Carrot Sticks Diced Peaches Nilla Wafers Milk	21 Italian Meatballs Peas & Carrots Mixed Fruit Bread & Butter** Milk	22 Chicken Nuggets Mixed Vegetables Applesauce Animal Crackers Milk
25 Pepperoni Pizza Carrot Sticks Mixed Fruit Garlic Bread** Milk	26 Fish Sticks Steamed Carrots Spaghettios Pineapple Tidbits Milk	27 BBQ Lit'l Smokie Sausages Mixed Vegetables Diced Pears Ramen Noodles Milk	28 Macaroni & Cheese Mixed Veggie Trio Sliced Apples Bread & Butter** Milk	29 Deli Turkey Slices Cheese Ritz Crackers** Carrot Sticks Diced Pears Milk

In the event we cannot use the kitchen due to a funeral or other event, we will substitute ordering Pizza or Hamburgers for that day from one of the local fast food restaurants.

**Whole Wheat Foods