

Daily Check List
Seven Points to Remember

1

When you wake up make your Prevenient Act

(Never lose sight of the Golden Rule – We desire it, Jesus does all the work.)

2

Sit upon your Heavenly Mother's lap three times a day and say:

*"My Mother, I love you.
Love me, too, and give me a sip of the Will of God for my soul.
Give me your blessing also,
that I might do all my actions under your maternal gaze."*

3

Do Actual/Present (*conscious*) Acts during the day

4

Make your Rounds in the Divine Will

5

Pray the Hours of the Passion

6

Before retiring to bed, place all your Acts of the day upon Our Lady's lap for Her to present to the Trinity.

7

Before closing your eyes, give Jesus permission to have you make Rounds during your sleep (eg., with your breaths, heartbeats).