

**Confirmation Service Form**  
**(Due Jan. 26, 2022)**

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**Name of Candidate**

Due to different familial circumstances and concerns about Covid-19, we are have a couple changes to our service requirements. Teens are responsible for keeping track of their service hours using this form. Due to limited opportunities at SVdP, exclusive parish hours will not be required. ANY community service completed by the student through school, church, sports teams, scouts, NHS, etc. will be counted. Additionally, we are asking teens to complete either two family service projects with a short reflection essay on both (Please see next page for explanation on this requirement) or to complete 1 service projects/trips with a short reflection on both.

**Community Service Hours (5)**

Date	Event	Hours	Supervisor Signature	Contact #

**Service Project (Family Service Project)**

Date	Activity (please attach reflection paragraph)

I verify that the hours documented were indeed completed as described.

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**Candidate Signature**

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**Date**

## Family Service Project Guidelines

St. Mother Theresa said: “If you want to change the world, go home and love your family.” The purpose of the Family Service Project requirement is to change our home world by coming up with some ways that you can intentionally serve members of your family. These should be things that you aren’t already asked to do (like chores for an allowance) and should be things that take some time and effort. Some questions you might want to ask yourself before deciding what to do are:

- Can I do a better job of showing some members of my family that I love them?
- How do the members of my family feel loved?
- What are some ways that I can show this love? What would really mean a lot to my mom/dad/brother/sister/grandma/grandpa, etc.?
- Who are the people in my family who I have a harder time showing love to? (These should be the people you serve first!)

Here are some examples of family service projects:

- Inviting your family to a special dinner prepared by you. You do the shopping, the cooking, the serving, and the cleaning up! It could be something as simple as grilled cheese and tomato soup. It’s the act of love and service and the quality time spent with your family that counts!
- Planning a special activity or outing for you and someone in your family.
- Running errands for an elderly member of your family who may not be able to get out much and then spending some quality time with them.
- Planning a family game night with no electronics. Just fun games and family time!
- Writing an appreciation letter to each member of your family.
- Plan and lead a family prayer walk or bible study.

Be creative and intentional! The opportunities to show love are almost endless! Once you have come up with and carried out two of your ideas, write a short, 2-3 paragraph reflection on what you chose to do, why, and the impact it made on you and your family.

