

## SCRIPTURE READINGS

### FIFTH SUNDAY IN ORDINARY TIME



#### First Reading: Isaiah 58:7-10

This reading is a vigorous exhortation from the prophet Isaiah to lead lives of active charity and generosity. He promises that the Lord will be our “dawn,” our “rear guard,” our “light” if we share our bread, shelter the homeless, and clothe the naked.

#### Second Reading: 1 Corinthians 2:1-5

Paul tells the Corinthians that he and they must not rely on the so-called “wisdom” of secular teaching and philosophy but on the power of the Spirit.

#### Gospel: Matthew 5:13-16

Jesus reminds the disciples and all Christians that they carry special responsibilities to be “the salt of the earth.” They must not hide their light but show their goodness to all.



For the Week of February 9<sup>th</sup> through  
February 16<sup>th</sup>

#### Sunday

Is 58:7-10; 1 Cor 2:1-5; Mt 5:13-16

#### Monday

1 Kgs 8:1-7, 9-13; Mk 6:53-56

#### Tuesday

1 Kgs 8:22-23, 27-30; Mk 7:1-13

#### Wednesday

1 Kgs 10:1-10; Mk 7:14-23

#### Thursday

1 Kgs 11:4-13; Mk 7:24-30

#### Friday

1 Kgs 11:29-32, 12:19; Mk 7:31-37

#### Saturday

1 Kgs 12:26-32; 13:33-34; Mk 8:1-10

#### Sunday

Sir 15:15-20; 1 Cor 2:6-10; Mt 5:17-37 or 5:20-22a, 27-28, 33-34a, 37



The US Council of Catholic Bishops (USCCB) provides a full listing of the Sunday and Daily Readings, in print and audio format, on its website, <http://www.usccb.org/bible/readings>.

## MASS INTENTIONS

Saturday, February 8<sup>th</sup>

4:00 p.m. Charles Shearer

Sunday, February 9<sup>th</sup>

8:00 a.m. Charlie and Doris Moloney

10:00 a.m. Morris and Betty Davies

Monday, February 10<sup>th</sup>

8:30 a.m. Barbara Gillin

Saturday, February 15<sup>th</sup>

4:00 p.m. Jerry Peterson

Sunday, February 16<sup>th</sup>

8:00 a.m. Ray Brilz, II

10:00 a.m. Jerry Peterson



### REMEMBERING THE SICK OF THE PARISH:

Remember in your prayers the sick of the parish: *John Troffo, Valerie Lindyberg, Patricia Dana, Angela Wilmer, Faith King, Eugenia*

*Brooks, Alicia Bourne, Tom Blum, Betty Ann Strong, Joan Szwajkowski, and all those whose names appear in the PARISH BOOK OF INTENTIONS.*

\*\*\*\*\*

**NEW TO THE PARISH:** Please be sure to register with the Parish Office and introduce yourself to Father Grasing after Mass. Registration forms are available at the doors of the Church, the Parish Office, or online. For additional information, please call 410-778-3160, or go to [sacredparish.org](http://sacredparish.org).

\*\*\*\*\*

**OFFERTORY ENVELOPES** are being sent directly to your home, bi-monthly. If you are not receiving envelopes and wish to do so, please contact Becky Davis at 410-778-3160.

## PREP

### Parish Religious Education Program



## Bringing the Gospel Home

Fifth Sunday in Ordinary Time –  
Matthew 5:13-16

### Reflection for Parents

Imagine taking your child(ren) on a hike in the woods at night. A small flashlight will never do. Not even the type that takes “C” batteries will give enough light. No, you will need the heavy-duty-light-up-the-next-mile type of camping lantern. This is so you and your children don’t trip on any roots or uneven ground or lose the trail. In just the same way, we are light for our children.

What they see us do and how we live our faith exhibits the magnitude of the flashlight we choose.

### Bringing the Gospel into Your Family

Gather all the candles in the house and set them on the table at meal time. Try to have enough candles burning so that theirs is the only light you have in the room. As you eat, talk together about how each member of the family is light to one another and to others. You might get the conversation going by asking what difference the candlelight makes in your otherwise dark room.

### Discussion Starters

1. As a Christian witness, I could use a little more salt in . . .
2. I know I am a light to others when . . .
3. The greatest challenge I have ever faced in my call to be a light for Jesus was when . . .



“You are the salt of the earth.”

### Sheepish Question:

When have I shied away from exemplifying the Gospel among my friends?

## FEBRUARY SAINTS



### FEBRUARY 7 - PIUS IX (Giovanni Mastai-Ferretti), POPE

Pius IX was the Holy Father of the Catholic Church longer than any other pope, from 1846 to 1878. It was a difficult time to be the leader of the Church because of political conflicts between nations and religious arguments about the Church’s place in the world. No matter what kinds of problems the pope and the Church faced, Pius IX always turned to God for help and direction.

Pius IX was born in Italy in 1791. His name was Giovanni Maria Mastai-Ferretti. Giovanni grew up wanting to be a priest, and he followed that goal step by step until he was ordained in 1819.

Pope Pius IX is famous for declaring two important Church teachings. First, he proclaimed the teaching of the Immaculate Conception in his Apostolic Constitution, *Ineffabilis Deus*, on December 8, 1854. Our belief in the Immaculate Conception is that the Blessed Mother Mary was free from all sin, including Original Sin, from the first moment of life when she was conceived in her mother’s womb and remained without sin her entire life. Pius IX made this teaching official after consulting with the bishops of the Church and spending many hours in prayerful reflection.

The First Vatican Council was called together by Pius IX. At the First Vatican Council, Pope Pius and the bishops declared the teaching of infallibility. This means that when the pope and bishops teach together on our faith and morality, or way of living, they always teach the truth. Infallibility is a gift of the Holy Spirit, given to the Church to ensure that the teachings of the Church will always remain true and protected from errors.

## PANCAKE SUPPER

**PANCAKE SUPPER:** The Father George S. Bradford Council of the Knights of Columbus will hold its annual Pancake Supper on **February**

**25, 2020 from 4:30 – 7:00 p.m.** in the Sacred Heart

Church Hall. Adults are \$9.00, children 4-12 are \$4.00, and under 4 are free. If you have any questions, please call Bill Taylor at 443-553-0700.



**SHROVE TUESDAY**

# PARISH NEWS

## Offertory – Week Ending February 2<sup>nd</sup> - Week 32

Thank you for your offering. It is with your continued support and the sharing of your time and talent that the ministries, programs and activities at Sacred Heart and St. John's are made possible. "Whatever you give to the Lord, He will return to you a hundred fold."

	Received	ACH	Budgeted	Diff.
Offertory 02/02 Wk. 32	\$4,331	\$4,071	\$6,635	\$1,767
YTD Wk. 32	\$161,209	\$57,707	\$211,920	\$6,996

## LIFE LINE SCREENING

Are you at Risk for Stroke, Heart Disease and Diabetes?

*Did you know that a 10% decrease in cholesterol can reduce your risk for heart disease 30%?*

- *Diabetes is the 5<sup>th</sup> leading cause of death in the US*
- *Elevated CRP levels in the blood are indicators of risk for heart disease and high blood pressure*
- *Stroke is the 4<sup>th</sup> leading cause of death*

Life Line Screening offers finger-stick blood tests with results in 10 minutes. Protect your health by finding out your risk of diabetes and vascular disease by participating in the Life Line

Screening that will be at Sacred Heart Catholic Church on **Thursday, February 13, 2020.**



Register for the lipid panel (HDL, LDL, total cholesterol and triglycerides), glucose and CRP blood tests for only \$129. Call **1-888-653-6441** or visit [www.lifelinescreening.com/communitycircle](http://www.lifelinescreening.com/communitycircle) or **text** the word **circle** to **797979** to schedule your appointment. Ask about our other stroke and heart tests. Taking control of your health doesn't have to be hard.

**Father Grasing will be out of the office Monday through Friday this week at a mandatory Priest's study week. He will be on call for emergencies.**

**ELECTRONIC GIVING:** It is possible to make your weekly financial commitment to the Parish using Electronic Funds Transfer. We are encouraging everyone to consider using this contribution method. Contact Mary Jo Frohlich with any questions at 410-778-3160, or [mfrohlich@sacredparish.org](mailto:mfrohlich@sacredparish.org). Sign up forms are available at the doors of the Church.

\*\*\*\*\*

**CARMELITES:** If you have been experiencing a desire for a deeper relationship with God through a more intimate prayer life, God may be calling you to the spirituality of the Carmelite Saints and Doctors of the Church, Teresa of Jesus (Avila), John of the Cross and Therese of Lisieux, the Little Flower, among many others. You are invited to explore this call as a lay person with the Annunciation Community of the Discalced Secular Carmelite Order. Meetings are held the **third** Saturday of the month at Sacred Heart Parish Church and Hall in Chestertown, Md. *You are cordially welcome to join us for a Communion Service and Morning Prayer from the Liturgy of the Hours at 8:30 a.m.* We are joined monthly by our Spiritual Assistant, Brother Bryan Paquette, O.C.D. from the Carmelite Monastery in Washington, D.C. For further information, please call or email prior to attendance: Carol Keyser 302-757-5973 or [sistercarol@comcast.net](mailto:sistercarol@comcast.net).

\*\*\*\*\*



**SAN MARCOS GUATEMALA:** From February 12 to February 19, four delegates from Sacred

Heart Parish will visit our sister diocese in San Marcos, Guatemala. Ron and Anne Basener, Anne Scott, Madelyn Reni and leader Mary Jo Frohlich will visit schools, parishes, and coffee fincas (plantations) and humble rural medical clinics in some of the poorest areas of Latin America. Additionally, they hope to meet the two students that our parish is supporting with educational scholarships. Stay tuned for more information when our parish group returns from the trip! In the meanwhile, please keep these travelers and the people of San Marcos in your prayers. Thank you.

