

August 2019						
◀ Jul 2019						Sep 2019 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13 PM Practice at the Complex	14	15 AM PRACTICE AT THE SCHOOL PM Practice at the Complex	16 AM PRACTICE AT THE SCHOOL PARENT MEETING	17
18	19 PM Practice at the Complex	20 AM PRACTICE AT THE SCHOOL	21	22 AM PRACTICE AT THE SCHOOL PM Practice at the Complex	23	24 AM PRACTICE AT THE COMPLEX 7-8 Optional. We will have a time trial
25	26 PM Practice at the Complex	27 AM PRACTICE AT THE SCHOOL	28 PM Practice at the Complex	29 AM PRACTICE AT THE SCHOOL	30 HOMESCHOOL MEET	31

All Practices will be from 6 to 7 unless specified. Athletes must attend 2 of the 4 practices during the week.

Any questions email Coach Hernandez [rhernandez@stmatts.org](mailto:rhernandez@stmatts.org)

AM Practices are in **Yellow**

PM Practices are in **Green**

Meets are in **Blue**

# September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Labor Day	3 AM PRACTICE AT THE SCHOOL PM Practice at the Complex	4 PM Practice at the Complex	5 AM PRACTICE AT THE SCHOOL	6	7 FEAST MEET
8	9 PM Practice at the Complex	10 AM PRACTICE AT THE SCHOOL	11 PM Practice at the Complex	12 AM PRACTICE AT THE SCHOOL	13	14 UIW MEET
15	16 PM Practice at the Complex	17 AM PRACTICE AT THE SCHOOL	18 PM Practice at the Complex	19 AM PRACTICE AT THE SCHOOL	20	21 SMC MEET
22	23 PM Practice at the Complex	24 AM PRACTICE AT THE SCHOOL	25 PM Practice at the Complex	26 AM PRACTICE AT THE SCHOOL	27	28 DISTRICT MEET
29	30	All Practices will be from 6 to 7 unless specified. Athletes must attend 2 of the 4 practices during the week. Any questions email Coach Hernandez <a href="mailto:rhernandez@stmatts.org">rhernandez@stmatts.org</a> AM Practices are in <b>Yellow</b> PM Practices are in <b>Green</b> Meets are in <b>Blue</b>				