

Each week select one activity from the following to complete. Samples of each activities are also listed. **As the school year is coming to an end, a couple of these activities will provide a moment of much needed reflection.**

Activity 1: Drawing – Perspective

-Materials: White Paper, Pencil, Eraser, Ruler, Crayons or Color Pencils, Black Marker

-Directions:

- 1.) With a pencil, draw a dot anywhere on your paper.
- 2.) Draw five shapes anywhere on the paper. Do not overlap with other shapes or dot. You may choose your shapes.
- 3.) Draw lines from the corners/edges of the shapes to the dot. You may use a ruler to help you.
- 4.) Outline the shapes and lines with a black marker.
- 5.) Color the shape and inside the lines with crayons or color pencils. You may choose your colors.

Activity 2: Watercolor Painting – Flowers

-Materials: 2 White Papers, Pencil, Eraser, White Crayon, Watercolor Paints, Paintbrush, Water, Paper Towel

-Additional Materials: Placemat, Apron or T-Shirt

-Directions:

- 1.) With your pencil, lightly sketch at least 6 flowers of various sizes on your paper. Be sure to spread the flowers around the page and use curve lines. It will appear that your flowers are being blown in the wind.
- 2.) Trace flowers with white crayon.
- 3.) With your watercolor paints, paint the entire page. You may select 3 colors of your choices.

Activity 3: Reflection Coloring – Mandalas

-Materials: Mandala Sheet, Color Pencils or Markers

-Additional Material: Device for Music (preferably instrumental)

-History: Mandala is Sanskrit for “circle.” It is a spiritual and ritual symbol in Asian cultures. There are various types of mandalas and used for a multitude of purposes, both artistically and spiritually.

-Directions:

- 1.) Select one mandala to print. No printer? Feel free to recreate on a blank paper or make your own.

2.) Find a peaceful spot with little to no distractions. It can be your room or under a tree in the yard. Parents help your child find a decent spot. Keep toys, pets, and sibling interactions to a minimum as your child works.

3.) Based on preference: You may use your own playlist or the use the link provided. (I highly encourage listening to instrumental. Lyrics can be distracting.)

<https://www.youtube.com/watch?v=z3WV7cMWiwg>

4.) Color your mandala. Use colors to create a circular pattern. Do not rush! Clear your mind and focus on the music and colors.

Activity 4: Reflection Free Draw – Distance Learning

-*Materials:* Paper (any color), Pencil, Eraser, Any Coloring Supplies (Crayons, Color Pencils, Markers, Paints, etc.)

-*Additional Materials:* Placemat, Apron or T-Shirt

-*Directions:*

1.) Select at least one of the following questions:

What did you enjoy about distance learning? (studying in pjs, sleeping in, etc.)

What did you miss about school? (recess time with friends, your teachers, mass, etc.)

How did you stay in touch with your friends/teachers/family? (Zoom, phone call, etc.)

What was your favorite memory during 1st grade?

2.) Instead of writing, draw your answer. Remember to sketch before coloring. Try not to use words. If you must, try to use less than 8 words. "A picture is worth a thousand words."

3.) There are no right or wrong answers. Everyone has a different response to this new experience. No samples will be provided.

Activity 5: Reflection – Portfolio (Preferably done during Wk. 10)

-*Materials:* 5-10 Art Projects

-*Directions:*

1.) From the beginning of the year to now, collect as many art projects that you can find. At least 5 to 10. Place in order from old to new.

2.) Discuss with your parents the following questions:

Which project was the most challenging?

Why do you think it was the most challenging? Was there a step or steps that made it challenging? What did you do to overcome or work around this step(s)?

Which project was the least challenging?

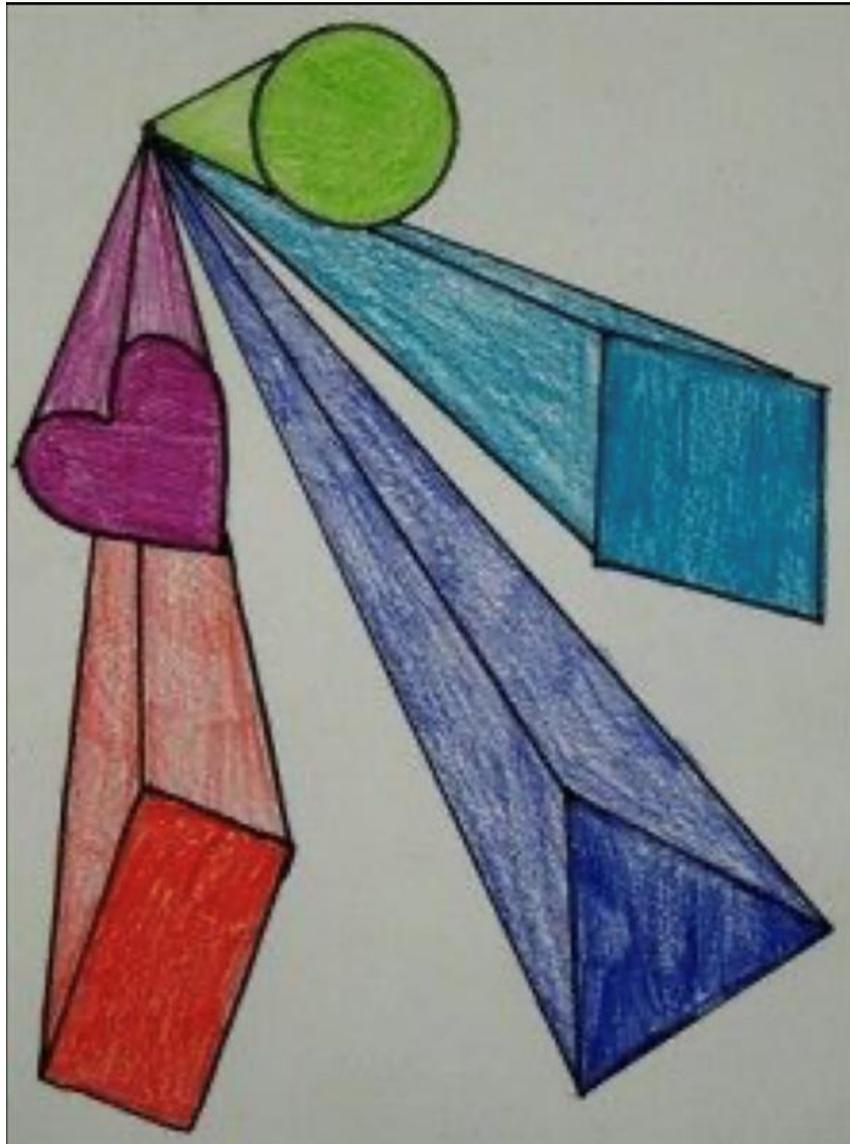
Why do you think it was the least challenging? What is something you would like to add to this project?

Which project did you had the most fun working on?

What made it fun?

3.) There are no right or wrong answers. Artists take notes of their projects to improve and reflect. No samples will be provided.

Activity 1



Activity 2



Activity 3

