

Each week select one activity from the following to complete. Samples of each activities are also listed. As the school year is coming to an end, a couple of these activities will provide a moment of much needed reflection.

Activity 1: Drawing – Cityscape

-Materials: White Paper, Black Construction Paper, Pencil, Eraser, Ruler, Scissor, Glue, Color Pencils, Black Marker

-Directions:

- 1.) Place paper in a vertical position.
- 2.) Lightly sketch a horizontal line in the middle of the paper.
- 3.) Starting from the top, use your color pencils to blend the colors from red to orange to yellow. Stop at the horizontal line.
- 4.) Starting at the horizontal line, repeat Step 3 with the colors from green to blue to purple. All the way to bottom of the paper.
- 5.) With the black construction paper, sketch an outline of a cityscape. The outline must be connected and kept simple. No windows, doors, signs, etc.
- 6.) Cut the outline and glue on the horizontal line. Right where the yellow and green meet. It will appear as if there is a sunrise behind the buildings.
- 7.) With the black marker, draw zigzag lines underneath each building. Keep in mind the short and tall buildings. This will appear as if the buildings have a reflection on a lake.

Activity 2: Watercolor Painting – Color Wheel

-Materials: White Paper, Index Card, Pencil, Eraser, Scissor, Watercolor Paints, Paintbrush, Water, Paper Towel

-Additional Materials: Placemat, Apron or T-Shirt

-Directions: Primary Colors-Red, Yellow, Blue. Secondary Colors-Orange, Purple, Green.

- 1.) Select a round object or symbol that you will draw six times. Keep it simple.
- 2.) Draw your selected object/symbol on an index card or a black piece of paper.
- 3.) Cut out your drawing to use as a stencil.
- 4.) On a separate piece of paper, trace your stencil 6 times in a circle.
- 5.) Use your watercolor paints to color. Be sure to use Primary and Secondary Colors. The colors must be in the following order: Orange, Red, Purple, Blue, Green, Yellow.

Activity 3: Reflection Coloring – Mandalas

-Materials: Mandala Sheet, Color Pencils or Markers

-Additional Material: Device for Music (preferably instrumental)

-History: Mandala is Sanskrit for “circle.” It is a spiritual and ritual symbol in Asian cultures. There are various types of mandalas and used for a multitude of purposes, both artistically and spiritually.

-Directions:

- 1.) Select one mandala to print. No printer? Feel free to recreate on a blank paper or make your own.
- 2.) Find a peaceful spot with little to no distractions. It can be your room or under a tree in the yard. Parents help your child find a decent spot. Keep toys, pets, and sibling interactions to a minimum as your child works.
- 3.) Based on preference: You may use your own playlist or the use the link provided. (I highly encourage listening to instrumental. Lyrics can be distracting.)
<https://www.youtube.com/watch?v=z3WV7cMWiwg>
- 4.) Color your mandala. Use colors to create a circular pattern. Do not rush! Clear your mind and focus on the music and colors.

Activity 4: Reflection Free Draw – Distance Learning

-Materials: Paper (any color), Pencil, Eraser, Any Coloring Supplies (Crayons, Color Pencils, Markers, Paints, etc.)

-Additional Materials: Placemat, Apron or T-Shirt

-Directions:

- 1.) Select at least one of the following questions:

What did you enjoy about distance learning? (studying in pjs, sleeping in, etc.)

What did you miss about school? (recess time with friends, your teachers, mass, etc.)

How did you stay in touch with your friends/teachers/family? (Zoom, phone call, etc.)

What was your favorite memory during 3rd grade?

- 2.) Instead of writing, draw your answer. Remember to sketch before coloring. Try not to use words. If you must, try to use less than 6 words. “A picture is worth a thousand words.”

- 3.) There are no right or wrong answers. Everyone has a different response to this new experience. No samples will be provided.

Activity 5: Reflection – Portfolio (Preferably done during Wk. 10)

-Materials: 5-10 Art Projects

-Directions:

1.) From the beginning of the year to now, collect as many art projects that you can find. At least 5 to 10. Place in order from old to new.

2.) Discuss with your parents the following questions:

Which project was the most challenging?

Why do you think it was the most challenging? Was there a step or steps that made it challenging? What did you do to overcome or work around this step(s)?

Which project was the least challenging?

Why do you think it was the least challenging? What is something you would like to add to this project?

Which project did you had the most fun working on?

What made it fun?

3.) There are no right or wrong answers. Artists take notes of their projects to improve and reflect. No samples will be provided.

Activity 1



Activity 2



Activity 3





