

Each week select one activity from the following to complete. Samples of each activities are also listed.

### **Activity 1: Drawing – Foreshortening**

*-Materials:* White Paper, Pencil, Crayons, Markers

*-Directions:* (foreshortening: is a technique used in perspective to create the illusion of an object going back into the distance)

- 1.) Trace hands and shoes/feet on the left and right side of paper. They may overlap (shoes/feet over hands).
- 2.) Draw the head between the hands. Give your character a surprised expression.
- 3.) Draw a slightly small body between the hands and shoes/feet. Your character will look like it is falling.
- 4.) Add details to hands, shoes/feet, clothes, etc.
- 5.) Add a background.
- 6.) Color with crayons or markers.

### **Activity 2: Watercolor Painting – Positive Word**

*-Materials:* White Paper, Pencil, Eraser, Ruler, Black Crayon, Watercolor Paints, Paintbrush, Water, Paper Towel

*-Additional Materials:* Placemat, Apron or T-Shirt

*-Directions:*

- 1.) Brainstorm a list of four-letter words that are positive! Out of your list, select your favorite word. (Ex: Kind, Star, Epic, there are more!)
- 2.) Divide your white paper into four sections. Straight line down the middle and across. Use a ruler for help.
- 3.) In each section, sketch out a letter from your chosen word in block or bubble form. First 2 letters on the top and last 2 letters on the bottom.
- 4.) Sketch a design or pattern in each letter. They all need to look different!
- 5.) Trace over pencil marks with the black crayon.
- 6.) You are to color using cool/cold colors (blue, green, purple) and warm/hot colors (red, yellow, orange). First and fourth letters, cool colors inside of letters and warm colors outside of letters. Second and third letter, warm colors inside of letters and cool colors outside of letters. Or vise-versa. Use watercolor paint. Set aside to dry.

### **Activity 3: Drawing – Edvard Munch Parodies**

*-Materials:* 2 White Paper, Pencil, Eraser, Color Pencils, Ruler

*-Directions:*

- 1.) Use Edvard Munch's "The Scream" as your inspiration. What is the expression of the person's face? Are their lines in the painting? What kind of lines do you see (straight, diagonal, wavy)? Is the person on a boardwalk? Is the blue an ocean or lake? Are there mountains in the distance? What is the time of day (sunset or sunrise)?
- 2.) Select your favorite character from a game, show, or book. Your character will be your main person. Make sure to match the expression!
- 3.) Sketch in pencil your version of "The Scream."
- 4.) Color in color pencils.

### **Activity 4: Drawing – The Longest Line**

*-Materials:* White Paper, Pencil, Eraser, Black Marker, Color Pencils

*-Directions:*

- 1.) Start in one corner of the white paper and draw ONE line that combines all types of lines (straight, curved, zigzag, blocked, etc.). This line will fill the whole sheet. Do not pick up the pencil from the paper and do not let the line cross over itself. You must connect the end back to the beginning. Plan carefully and sketch lightly.
- 2.) Trace over line with the black marker.
- 3.) In pencil, draw at least 4 medium-sized geometric shapes (triangle, circle, square, trapezoid, etc.). Do not let shapes overlap with each other.
- 4.) Trace over shapes with the black marker.
- 5.) Choose three colors per shape. In color pencils.

### **Activity 5: Origami – Animal Bookmarks**

*-Materials:* Construction Paper (any color), Pencil, Eraser, Ruler, Scissors, Glue, Markers

*-Directions:*

- 1.) Cut construction paper into a perfect square. Preferably 6 inches by 6 inches. Remember to measure all around before cutting.
- 2.) Place square in a diamond position and fold bottom corner to the top corner. It will look like a triangle.
- 3.) Bring left corner to the center point.
- 4.) Repeat previous step with the right corner.

- 5.) Unfold Step 4. You will see two triangles and a diamond in the middle due to the crease.
- 6.) Fold the top corner only to the bottom. Point should touch the bottom edge to look like an upside-down triangle in the middle.
- 7.) Carefully, bring the left corner and tuck into the middle. Like a pocket.
- 8.) Repeat previous step with the right corner. Fold to secure.
- 9.) Use leftover construction paper, to create details for your animal (eyes, teeth, ears, etc.) or use markers to draw it in.

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Activity 1

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Activity 2

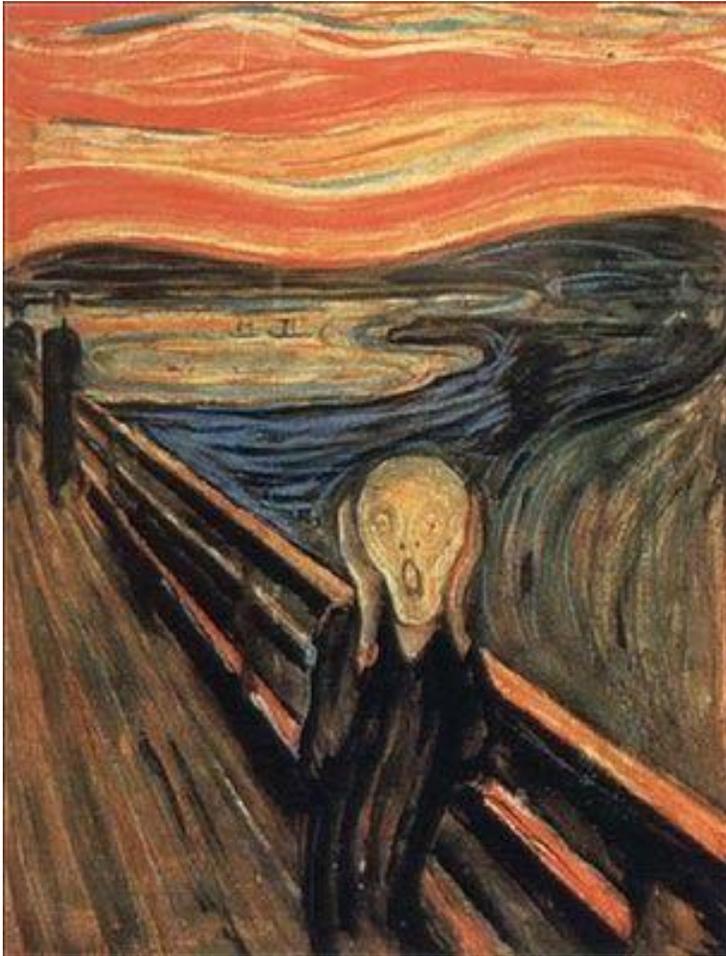
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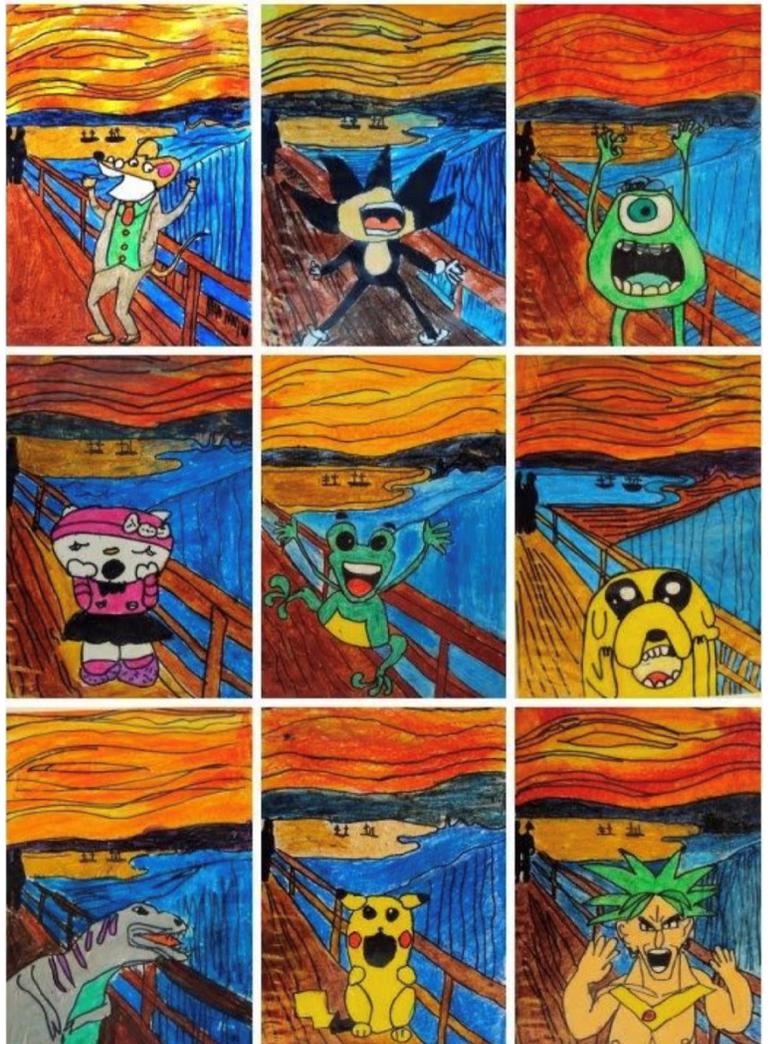
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Activity 3

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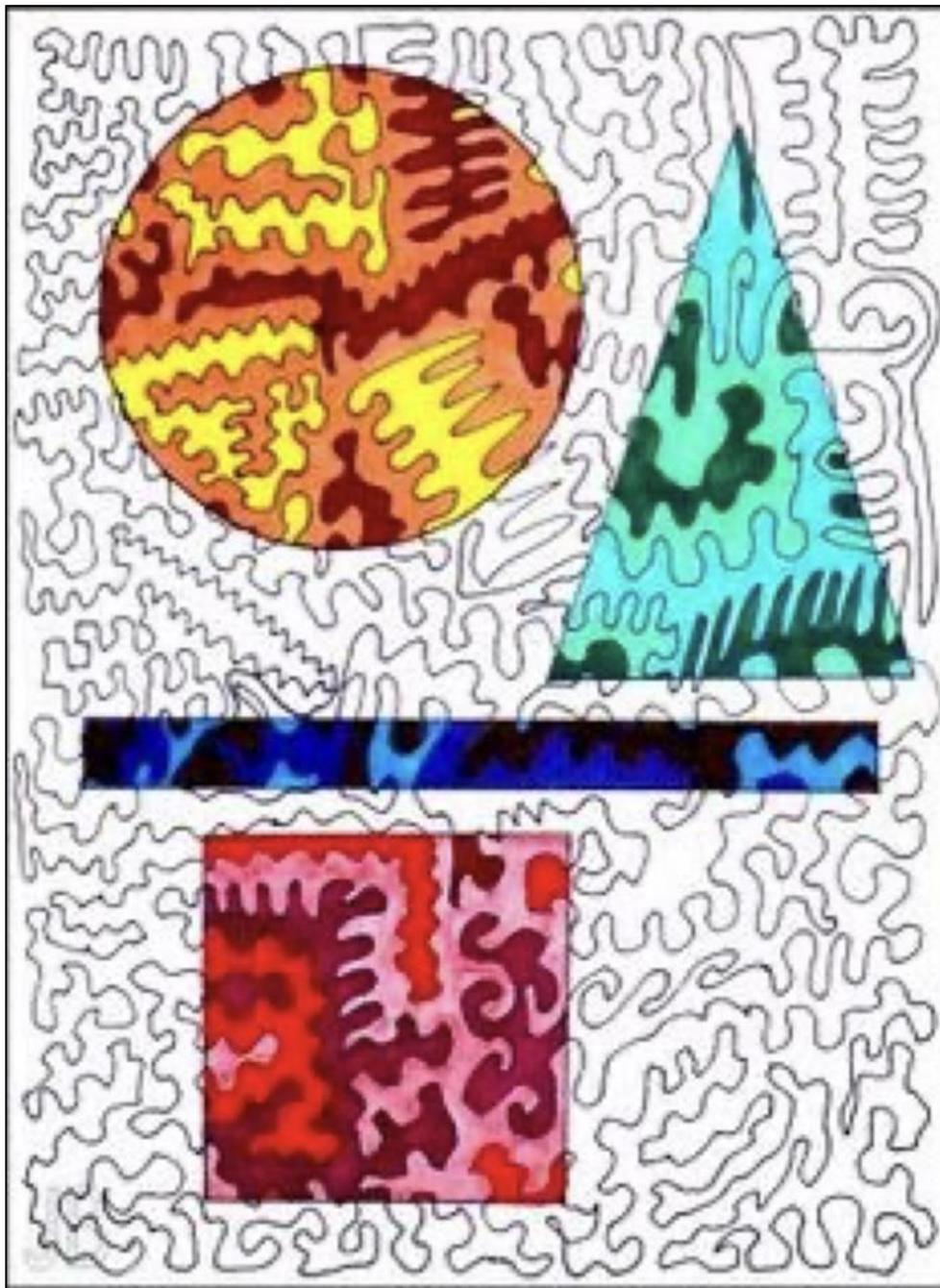
Edvard Munch  
"The Scream"  
1893



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Activity 4

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Activity 5

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