

Each week select one activity from the following to complete. Samples of each activities are also listed. As the school year is coming to an end, a couple of these activities will provide a moment of much needed reflection.

Activity 1: Drawing – Sunburst

-Materials: White Paper, Pencil, Eraser, Crayons or Color Pencils

-Directions:

- 1.) In the center of your white paper, draw a small circle. The size of a coin.
- 2.) From the circle, draw at least 12 diagonal lines that reach the edges of the paper. They will look like rays of sunlight. You can use a ruler to help you draw straight lines. Remember to hold the ruler firmly as you move the pencil.
- 3.) Select 2 or 4 crayons of color pencils. You create a pattern of colors repeating of 2 or 4. The center can be a different color or one that you have selected.

EX: 2 colors – **A B A B A B A B A B**

4 colors – **A B C D A B C D A B C D**

Activity 2: Watercolor Painting – Flowers

-Materials: 2 White Papers, Pencil, Eraser, Scissor, Glue, Watercolor Paints, Paintbrush, Black Marker, Paper Towel

-Additional Materials: Placemat, Apron or T-Shirt

-Directions:

- 1.) On the first white paper, create a colorful background with your watercolor paints. You must cover the entire sheet.
- 2.) When you finish, carefully place the paper towel over your painting. Pat down gently all around. Lift up to see your new unique texture and patterns. Set aside to dry, approximately 5 minutes.
- 3.) On the second white paper, sketch various types of flowers with your pencil before tracing with black marker. At least 5 flowers. Need inspiration? With your parents, you can look for flowers in your yard or walk around your neighborhood to see other flowers.
- 4.) Lightly sketch a flower bubble around each flower. Carefully cut on new flower bubble outline.
- 5.) Arrange your flowers on your colorful background. Once you like the placement, glue the flowers.

Activity 3: Reflection Coloring – Mandalas

-Materials: Mandala Sheet, Color Pencils or Markers

-Additional Material: Device for Music (preferably instrumental)

-*History:* Mandala is Sanskrit for “circle.” It is a spiritual and ritual symbol in Asian cultures. There are various types of mandalas and used for a multitude of purposes, both artistically and spiritually.

-*Directions:*

- 1.) Select one mandala to print. No printer? Feel free to recreate on a blank paper or make your own.
- 2.) Find a peaceful spot with little to no distractions. It can be your room or under a tree in the yard. Parents help your child find a decent spot. Keep toys, pets, and sibling interactions to a minimum as your child works.
- 3.) Based on preference: You may use your own playlist or the use the link provided. (I highly encourage listening to instrumental. Lyrics can be distracting.)
<https://www.youtube.com/watch?v=z3WV7cMWiwg>
- 4.) Color your mandala. Use colors to create a circular pattern. Do not rush! Clear your mind and focus on the music and colors.

Activity 4: Reflection Free Draw – Distance Learning

-*Materials:* Paper (any color), Pencil, Eraser, Any Coloring Supplies (Crayons, Color Pencils, Markers, Paints, etc.)

-*Additional Materials:* Placemat, Apron or T-Shirt

-*Directions:*

- 1.) Select at least one of the following questions:

What did you enjoy about distance learning? (studying in pjs, sleeping in, etc.)

What did you miss about school? (recess time with friends, your teachers, mass, etc.)

How did you stay in touch with your friends/teachers/family? (Zoom, phone call, etc.)

- 2.) Instead of writing, draw your answer. Remember to sketch before coloring. Try not to use words. If you must, try to use less than 10 words. “A picture is worth a thousand words.”
- 3.) There are no right or wrong answers. Everyone has a different response to this new experience. No samples will be provided.

Activity 5: Reflection – Portfolio (Preferably done during Wk. 10)

-*Materials:* 5-10 Art Projects

-*Directions:*

- 1.) From the beginning of the year to now, collect as many art projects that you can find. At least 5 to 10. Place in order from old to new.
- 2.) Discuss with your parents the following questions:

Which project was the most challenging?

Why do you think it was the most challenging? Was there a step or steps that made it challenging? What did you do to overcome or work around this step(s)?

Which project was the least challenging?

Why do you think it was the least challenging? What is something you would like to add to this project?

Which project did you had the most fun working on?

What made it fun?

3.) There are no right or wrong answers. Artists take notes of their projects to improve and reflect. No samples will be provided.

Activity 1



Activity 2



Activity 3





