

Each week select one activity from the following to complete. Samples of each activities are also listed. As the school year is coming to an end, a couple of these activities will provide a moment of much needed reflection.

Activity 1: Drawing – Garden

-Materials: White Paper, Crayons

-Directions:

- 1.) Place paper horizontally.
- 2.) Select 4 crayons, any color except for green and black.
- 3.) With first color make a small “U” shape. Repeat and overlap about 5 times in the same spot. It will slowly get bigger. Grab second color continue repeating and overlapping about 5 times. Do the same with the third and fourth color. You will have a big flower bud.
- 4.) With green crayon, draw the stem and leaves.
- 5.) Repeat Steps 3 and 4 at least 3 more times. You will have a total of 4 flowers.
- 6.) Draw some grass and color the background.

Activity 2: Tempera Painting – Bird

-Materials: White Paper, Construction Papers (Brown, Green, White, Orange), Pencil, Eraser, Scissor, Glue, Tempera Paint (any color), Paintbrush, Black Marker

-Additional Materials: Placemat, Apron or T-Shirt

-Directions:

- 1.) With a brown construction paper, sketch zigzag lines to draw a crooked “Y” form which will be your branch. Cut and glue on white construction paper.
- 2.) With green construction paper, sketch leaves of various sizes at least 5. Cut and glue on branch.
- 3.) Ask parents for help. Carefully, paint your hand with one color (from bottom of palm to fingertips). Place painted hand on the branch. Slowly lift your hand and wash thoroughly. Set aside to dry, approximately 5 minutes. No paint? Trace your hand in pencil and use crayons or marker to color in.
- 4.) With the white and orange construction paper, draw and cut out eyes and beak. They will be glued on your handprint so do not make them too big.
- 5.) Glue eyes and beak on the palm of your handprint. The fingers above will be feathers and the thumb is the tail feather.
- 6.) Use a black marker to draw feet at the bottom of the palm.

Activity 3: Reflection Coloring – Mandalas

-*Materials:* Mandala Sheet, Color Pencils or Markers

-*Additional Material:* Device for Music (preferably instrumental)

-*History:* Mandala is Sanskrit for “circle.” It is a spiritual and ritual symbol in Asian cultures. There are various types of mandalas and used for a multitude of purposes, both artistically and spiritually.

-*Directions:*

- 1.) Select one mandala to print. No printer? Feel free to recreate on a blank paper or make your own.
- 2.) Find a peaceful spot with little to no distractions. It can be your room or under a tree in the yard. Parents help your child find a decent spot. Keep toys, pets, and sibling interactions to a minimum as your child works.
- 3.) Based on preference: You may use your own playlist or the use the link provided. (I highly encourage listening to instrumental. Lyrics can be distracting.)
<https://www.youtube.com/watch?v=z3WV7cMWiwg>
- 4.) Color your mandala. Use colors to create a circular pattern. Do not rush! Clear your mind and focus on the music and colors.

Activity 4: Reflection Free Draw – Distance Learning

-*Materials:* Paper (any color), Pencil, Eraser, Any Coloring Supplies (Crayons, Color Pencils, Markers, Paints, etc.)

-*Additional Materials:* Placemat, Apron or T-Shirt

-*Directions:*

- 1.) Select at least one of the following questions:

What did you enjoy about distance learning? (studying in pjs, sleeping in, etc.)

What did you miss about school? (recess time with friends, your teachers, mass, etc.)

How did you stay in touch with your friends/teachers/family? (Zoom, phone call, etc.)

- 2.) Instead of writing, draw your answer. Remember to sketch before coloring. Try not to use words. If you must, try to use less than 10 words. “A picture is worth a thousand words.”

- 3.) There are no right or wrong answers. Everyone has a different response to this new experience. No samples will be provided.

Activity 5: Reflection – Portfolio *(Preferably done during Wk. 10)*

-*Materials:* 5-10 Art Projects

-*Directions:*

- 1.) From the beginning of the year to now, collect as many art projects that you can find. At least 5 to 10. Place in order from old to new.

2.) Discuss with your parents the following questions:

Which project was the most challenging?

Why do you think it was the most challenging? Was there a step or steps that made it challenging? What did you do to overcome or work around this step(s)?

Which project was the least challenging?

Why do you think it was the least challenging? What is something you would like to add to this project?

Which project did you had the most fun working on?

What made it fun?

3.) There are no right or wrong answers. Artists take notes of their projects to improve and reflect. No samples will be provided.

Activity 1



Activity 2



Activity 3





