



HOLY CROSS VOLLEYBALL CAMP 2021

JUNE 28 – JULY 2



Session 1: 3:00 pm – 4:30 pm
Incoming 5th – 8th graders
\$75

Session 2: 4:30 pm – 6:00 pm
Incoming 9th – 12th graders
\$75

Camp Directors and Location

- HCCA Varsity Coach Laura Valdez
- HCCA Asst. Varsity Coach Erica Ramos
- HCCA Event Center at 4102 S Bonham St.

Camp Highlights

- Basic volleyball skills
- Offensive and defensive systems
- Team drills
- Rotations
- Serve / Receive

What to Bring to Camp

- Workout clothes
- Court shoes
- Knee pads
- Water bottle
- Great attitude and wiliness to learn

Camp Registration

Name: _____ Grade (Fall 2021): _____

Parent/Guardian Name: _____ Parent Phone: _____

Address: _____

Health Ins. Co.: _____ Policy #: _____

T-Shirt Size: YM YL AS AM AL AXL

Payment (check or cash) and form must be brought to the first day of camp. Online payment is also available at <https://www.holycrossama.org/athletic-camps>. **Registration form is required to attend.**

I authorize my camp personnel to act for me in case of any medical emergency. I understand I am responsible for all medical fees associated with any injury that may occur. My child is physical fit to participate in any vigorous activity that might take place at HCCA Sport Camps. By my signature below, I hereby release and forever discharge, and waive, any and all claims against HCCA, its employees, sponsors, and volunteers that relate to my election regarding and/or my child's participation in the HCCA Sports Camp.

Parent/Guardian Signature: _____ Date: _____

For more information send questions to: sports@holycrossama.org