

TITAN CAFÉ

Oct-21

Breakfast is offered daily during Morning Care. Breakfast cost is \$1.50. Milk or juice only: \$0.35

We offer milk, fruit, fruit juice, cereal, & muffins served on alternating days

After Care: Nutritious snack offered daily with milk. Cost: \$1.00. Milk or juice only: \$0.35

Monday	Tuesday	Wednesday	Thursday	Friday
27	28	29	30	1
				Walk-A-Thon
				Corn Dog
				Chips
				Fruit/Veggie
				Cookie
				No Chicken Nuggets/No Pizza
4	5	6	7	8
Hot Dogs	Mac 'N Cheese	Mozzarella Sticks	Chicken Sandwich	Pizza Triangle
2B/2M	Peas	2B/2M	2B/2M	2B/2M
Salad Bar	2B/2M	Salad Bar	Salad Bar	Salad Bar
Fruit	Salad Bar	Fruit	Fruit	Fruit
	Fruit			
			No Chicken Nuggets	No Cheese Pizza
11	12	13	14	15
Fall Break	Fall Break	Fall Break	Fall Break	Fall Break
No School	No School	No School	No School	No School
18	19	20	21	22
Biscuits & Gravy	Cheese Tortellini	Nachos & Cheese	French Toast Sticks	Breadstick Pizza
Strawberry Yogurt	2B/2M	2B/2M	Sausage	2B/2M
2B/2M	Salad Bar	Salad Bar	2B/2M	Salad Bar
Salad Bar	Fruit	Fruit	Salad Bar	Fruit
Fruit			Fruit	
				No Cheese Pizza
25	26	27	28	29
Cheeseburgers	Lasagna Rollups	Walking Taco	Chicken Tenders- Plain/Spicy	
2B/2M	2B/2M	2B/2M	2B/2M	Parent/Teacher Conferences
Salad Bar	Salad Bar	Salad Bar	Salad Bar	No School
Fruit	Fruit	Fruit	Fruit	
			No Chicken Nuggets	

*2B/2M = 2 Oz Breads/Grains / 2 Oz Meat/Meat Alternates

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Entrees: For lunch the Titan Café will offer several daily entrées, Hot Lunch (above), Chicken Nuggets, Salad Bar, and Cheese Pizza. All entrees include milk and Salad Bar

Salad Bar includes fresh salad greens, fresh fruit & vegetables, cupped fruit, cottage cheese, & yogurt

Students must choose at least one full serving (1 cup) of fruits and/or vegetables daily

Student lunch - \$2.90

Visitor & Adult lunch - \$4.57

Extra Entrée - \$1.00

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"

