



## Lenten Resources

From: The Religion Teacher: Jared Dees

### ACTIVITIES FOR LENT

USCCB Lenten Season Resources (USCCB.org)

Lent Project and Lesson Plan Ideas (The Religion Teacher)

Lenten Activities for Children (CatholicMom.com)

Lenten Reflection (The Religion Teacher)

40 Ideas for 40 Days of Lent (Catechist's Journey)

Ash Wednesday Lesson Plan (The Religion Teacher)

The Religion Teachers' Lenten Activity Pack (The Religion Teacher)

CRS Rice Bowl Educator's Guide (Catholic Relief Services)

Ash Wednesday and Lent Resources (The Catholic Toolbox)

40 Simple Lenten Activities for Kids (Call Her Happy)

Lenten Activities for Children (Catholic Icing)

Lenten Promise Cards (Prayer, Fasting, and Almsgiving Printable) for Families (Faith and Fabric)

Coloring Pages for Lent and Easter (Catholic Faith Education)

Lent: Activity Ideas for 40 Days (Look to Him and Be Radiant)

### STATIONS OF THE CROSS FOR CHILDREN

Stations of the Cross Activities, Worksheets, and Coloring Pages (The Religion Teacher)

Stations of the Cross for Children (CatholicMom.com)

Stations of the Cross Games (The Catholic Toolbox)

The Story of the Cross by Mary Joslin (Amazon.com)

Way of the Cross for Teens (Engaging Faith)

Stations of the Cross PowerPoint Prayer Reflection (Engaging Faith)

A Lent of Mercy (Catechist's Journey)

### LENTEN CRAFTS

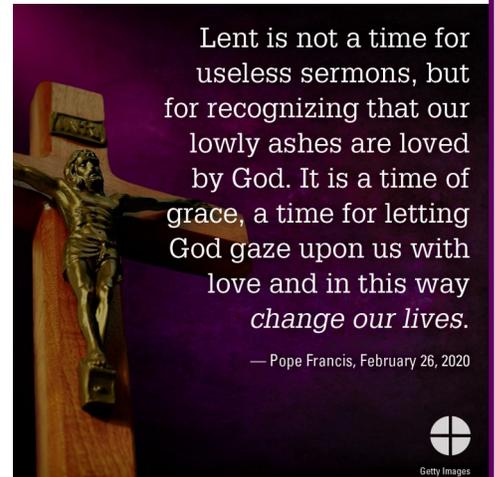
Printable Lenten Calendar for Kids (Catholic Icing)

Lent Lap books (The Catholic Toolbox)

Almsgiving Activity for Children During Lent (Catholic Icing)

Crown of Thorns Bread (Catholic Icing)

Lenten Paper Pretzel (Sunday School Activities)



## Find A Patron Saint For 2021!

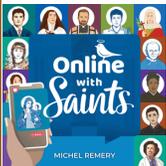
Have you thought of choosing a patron saint for the year? This handy tool will help you find one with a prayer and the click of a link!!

Discover Your Saint Here!:

<https://catholic-link.org/saint-name-generator/>

## Learn more about the Saints

<https://www.catholicapostolatecenterfeastdays.org/>



## OSV New! Online with Saints

This new book is sure to be your new favorite. Engage the youth of your parish this new year with an interactive and easy-to-use augmented reality book!

Use your phone to scan an image in the book and then watch the saint tell his or her own story.

Order: [Online with Saints](#)

## Rite of Christian Initiation of Adults Rite of Election

February 21 Co-Cathedral Tallahassee  
February 28 St. Paul Parish Pensacola

Please pray for those choosing to become members of our Catholic Faith

## Young Adult Ministry

A team of young adults is planning activities and events for young adults across the diocese..

If you would like to join the team, contact Sister Margaret at [kuntzm@ptdiocese.org](mailto:kuntzm@ptdiocese.org) or 850-435-3523

A Virtual Evening with Bishop Wack in March

A Virtual Morning of Reflection in May

A Retreat Day with Fellowship in the Fall

Groups of Young Adults have activities in various parts of the diocese. Check out these Facebook groups

### Tallahassee

Young Adults of Good Shepherd Parish  
Frassati Society of Tallahassee, FL

### Niceville/Fort Walton Beach

Emerald Coast Catholic Young Adults  
Veritas

### Pensacola

Pensacola Catholic Young Adults

## Adult Faith Formation

The diocese has become a partnering diocese with the University of Dayton Virtual Learning Community for Faith Formation. This means that any adult in the diocese can take one of the online courses for \$50.00.

For more information:

<https://vlcff.udayton.edu/>

or contact Sister Margaret

## February Apostleship of Prayer

### Violence against Women

We pray for women who are victims of violence, that they may be protected by society and have their sufferings

## Protection and Prevention through Respect: Creating Safe Environments

Remember to rotate the three topics:  
Good Touch/Bad Touch and Relationships,  
Internet Safety  
Bullying

*Remember our goal is 100% participation.*

If you have not had the session with the children/youth please set and dates and complete by March 30.

*If you need help with setting up your session, contact Sister Margaret.*

## Catechesis of the Good Shepherd

If interested in beginning an atrium, contact Sr. Margaret

### Catechist Formation:

**Level II Week Two: July 11- 17 at:**

Good Shepherd Parish, Tallahassee

**Level I Week Two: June 13-19 at:**

St. Ann Parish, Gulf Breeze

**Level I Week One: June 24-30 at:**

Holy Name of Jesus Parish, Niceville

Click here for [Registration forms](#)

Parent pages can be found on our diocesan website:

[ptdiocese.org/catechesis-of-the-good-shepherd](http://ptdiocese.org/catechesis-of-the-good-shepherd)

Click here for [Additional parent resources](#)

**Catechesis of the Good Shepherd USA**



## Praying with the Saints

The saints lead us to Christ. By deepening our relationship with the saints as they teach us how to pray, we are invited into their dialogue of love and can better know and serve the Lord. As a means of cultivating this relationship, we are offering an opportunity to make a prayer pilgrimage with the saints in our new, free series, *Praying with the Saints*.

*Praying with the Saints* launches on January 1, 2021 and includes four modules, each three weeks in length, devoted to learning how to pray with the following saints under the guidance of University of Notre Dame theology faculty: St. Teresa of Avila, St. Francis of Assisi, St. Bernadette, and St. Augustine. If you'd like to learn more and sign up for our free series, go to: [Praying with the Saints](#)

## Forty Days for Life February 17-March 28

Join in Prayer  
Check your local area for  
the campaign headquarters

## International Day of Prayer and Awareness Against Human Trafficking February 8, 2021

With encouragement from Pope Francis, the Pontifical Council for Justice and Peace and the International Union of Superiors General designated February 8th as an annual day of prayer, reflection, and action against human trafficking. On this day, we remember and pray for survivors and victims of modern-day slavery.

[Click here for more information](#)

## Introducing *Pause+Pray!*

When asked once how important prayer is in our daily lives, Pope Francis' message was emphatic: "How powerful it is! May we never lose the courage to say, 'Lord, give us your peace.'"

Enter *Pause+Pray*, Franciscan Media's new daily prayer resource. Each day's e-mail will include a brief reflection, a prayer, and a call to action to inspire you to greet the day prayerfully. If you'd like more information, [click here](#) to visit our *Pause+Pray* web page. If you like what you see, join us by signing up [here](#).

## Lay Formation Institute

### Vision

To offer quality spiritual, intellectual and human formation to lay people so that they are equipped to live out their vocation in the world.

### Format

#### Virtual Learning

14 Saturday workshops which will be available via livestream and as a recording.

Online theology courses through Dayton's VLCFF program

#### In Person

Opening one day guided reflection

Weekend long closing retreat

#### Real World Application

Through the Called and Gifted discernment process, participants will identify their spiritual charism and take steps to implement it on a practical level

For more information: 850-435-3523 or  
[layformation@ptdiocese.org](mailto:layformation@ptdiocese.org)

Apply: [ptdiocese.org/layformationinstitute](http://ptdiocese.org/layformationinstitute)

## Virtual Gulf Coast's Got Sisters

Saturday, February 20

[Click here to register](#)

For more information contact  
Sister Margaret Kuntz, at [kuntzm@ptdiocee.org](mailto:kuntzm@ptdiocee.org)  
or 850-435-3523.

## Boston School of Theology and Ministry — Continuing Education

### Enriching Faith, Improving Ministry, Enhancing Knowledge

As part of the STM's mission to serve the community and the Church, our Continuing Education programs provide access to world-class theological and pastoral scholarship, online and on campus, for ministers and others who seek to deepen their engagement with the Catholic faith. Our priority is to create opportunities for people to participate in conversations on the faith tradition, contemporary theological issues, and ways to pray and serve in the 21<sup>st</sup> century. We offer an array of on-campus presentations, as well as [online courses](#), [certificate programs](#), [videos](#), [podcasts](#), and other resources for faith enrichment.

<https://www.bc.edu/bc-web/schools/stm/continuing-education.html>

## World Day of Prayer for Consecrated Life

World Day for Consecrated Life will be celebrated in the Church on Sunday, February 7, 2021

Please pray for all those who have made commitments in the consecrated life, and be sure to thank them on their special day.

May they continue to be inspired by Jesus Christ and respond generously to God's gift of their vocation.

For more information: <https://www.usccb.org/committees/clergy-consecrated-life-vocations/world-day-consecrated-life>

## Virtual Catholic Conference

Free Registration

Men's February 19-22

More information:

<https://go.virtualcatholicconference.com/ncmc2021>

Women's March 12-14

More information:

<https://go.virtualcatholicconference.com/NCWC2021>

## Devote Your February To The Holy Family

Did you know that each month has a traditional Catholic devotion? February is dedicated to the Holy Family. Get resources for the entire month at:

<https://catholic-link.org/mark-your-calendar-devote-your-february-to-the-holy-family/>

## Jubilee Masses

Sunday, February 21 at Co-Cathedral of St. Thomas More, Tallahassee

Sunday, February 28 at Cathedral of the Sacred Heart, Pensacola

<https://ptdiocese.org/marriageenrichment#jubileemass>

## Grants Available

### Catholic Foundation of Northwest Florida

The primary purpose of the fund is to encourage and support the creation of innovative programs and resources to evangelize and catechize adults and children into a lived Catholic Faith

February 28

APPLICATION DEADLINE

Office of Faith Formation:

Sister Margaret Kuntz, ASCJ

11 North B Street, Pensacola, FL 32502

[kuntzm@ptdiocese.org](mailto:kuntzm@ptdiocese.org) 850-435-3523

## Lenten Retreat with Father Richard Fragomeni

Thursday February 11<sup>th</sup>, 3:00-4:30 EST

Sponsored by RCL Benziger

Join Father Richard as he guides us through a 90 minute reflection on healing and unity on this World Day of the Sick. The Catholic Church marks the annual day on February 11<sup>th</sup>, the feast of Our Lady of Lourdes.

When: Feb 11, 2021 3:00 PM Eastern Time (US and Canada)

Topic: Lenten Retreat with Fr. Richard Fragomeni

Register in advance for this webinar retreat:

[https://zoom.us/webinar/register/WN\\_W-ATA7neQy-eVUpffpqfkQ](https://zoom.us/webinar/register/WN_W-ATA7neQy-eVUpffpqfkQ)

After registering, you will receive a confirmation email containing information about joining the webinar.

## Adult Confirmation

Sacrament of Confirmation for Adults

Sunday, March 7 at 2 pm

Cathedral of the Sacred Heart, Pensacola

Contact your parish if interested.

More information at: [Adult Faith Formation](#)

## Catholic Apostolate Center

The Catholic Apostolate Center is pleased to introduce an updated **Catechesis Resource Page**. The page, which will be regularly updated, will include links to relevant webinars, podcasts, websites, articles, and other media in one central location that can serve as a reference point for catechists, parents, and others who carry out the mission of evangelization in the life of the Church. Be sure to check back regularly for updates to the page.

<https://www.catholicapostolatecenter.org/catechesis.html>

## Directory for Catechesis Webinar Series

The **Catholic Apostolate Center** is pleased to announce a webinar series unpacking some of its major themes to mark this important occasion in the life of the Church. The purpose of this webinar series is to provide space for conversations with practitioners and church professionals who can help to translate the *Directory* into practical insights that serve the everyday reality of the Church's mission of evangelization. The **Center** is pleased to offer a total of seven webinars in the series.

For more information, to view past webinars and to register for future ones [please click here](#) or go to:

<https://www.catholicapostolatecenter.org/>