Content of Sacramental Catechesis for First Eucharist

Introductory Rites: We Are the Body of Christ
The purpose of these rites is that the faithful coming together take on the form of a community and prepare themselves to listen to God's word and celebrate the eucharist properly.

Liturgy of the Word: We Are a People of the Living Word
In the word of God handed down in the Scriptures the community of faith even now hears God speaking to it. In the word of God the divine covenant is announced; in the eucharist the new and everlasting covenant is embodied and renewed.

Liturgy of the Eucharist:
Eucharistic Prayer - We Are a People Who:
- Lift up our hearts to the Lord
- Proclaim what God has done for us in salvation
- Are caught up in the love of God
- Are transformed by the Holy Spirit
- Remember
- Acclaim

Communion Rite - We Become What We Pray

Concluding Rites: We Live What We Pray