



JANUARY

2021

St. Mary's Catholic School



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Special Announcements:

Happy NEW YEAR!!!!

School Holiday!!!New Years Day!!!

1.

Staff In- Service

4.

Chicken Spaghetti
French Bread
Asparagus
Orange Wedges
Choc. Pudding

5.

Bacon Cheeseburger Sliders
Seasoned Potato Wedges
Let/tom/pickle
Brussel Sprouts
Grapes

6.

Sloppy Joes
Baked Beans
Corn on the Cob
Sliced Pineapple
Banana Pudding

7.

Hotdog
French Fries
Mac and Cheese
Corn on the Cob
Strawberry Cup

8.

Salisbury Steak
Loaded Mashed Potatoes
Green Beans
Pineapple
Peach Cobbler

11.

Pancakes
Bacon
Biscuits
Yogurt
Mixed Fruit Cups

12.

Steakfingers w/gravy
Dinner Roll
Mashed Potato
Green Beans
Grapes

13.

Chicken Nuggets
Seasoned Fries
Seasoned Corn
Mixed Veggies
Sliced Pineapple

14.

Spaghetti/ w meat sauce
Garlic Breadstick
Green Beans
Green Grapes

15.

Martin Luther King Day
No School!!!

18.

Sausage Wraps
Potato Salad
Baked Beans
Mixed Fresh Veggies
Fruit Cocktail

19.

Grilled Chicken, bacon, and ranch wraps
Sun Chips
Baby Carrots and Celery
Strawberries

20.

Frito Pie
Seasoned Corn
Mixed Veggies
Peaches
Peanut Butter Cookie

21.

Cheeseburgers
French Fries
Tossed Salad
Cucumber Slices
Orange Wedges

22.

Cheese Pizza
Celery Sticks
Sliced Peaches
Brownies

25.

Soft Tacos
Mexican Rice
Tossed Salad
Fresh Veggies
Applesauce

26.

Corndogs
Tator Tots
Mixed Fresh Veggies
Sliced Pears

27.

Chicken and Cheese Taquitos
Mexican Rice
Cucumber Slices
Applesauce
Tres Leches Cake

28.

Lasagna w/meat sauce
Garlic Bread
Green Beans
Sliced Peaches
Jello

29.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
National School Lunch Program and School Breakfast Program



Updated 01/2020
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TEXAS STAR CITRUS

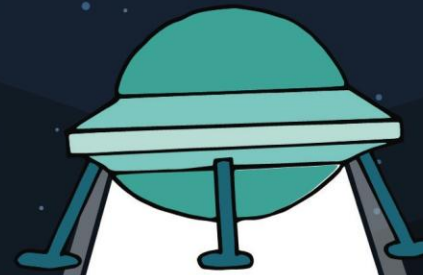
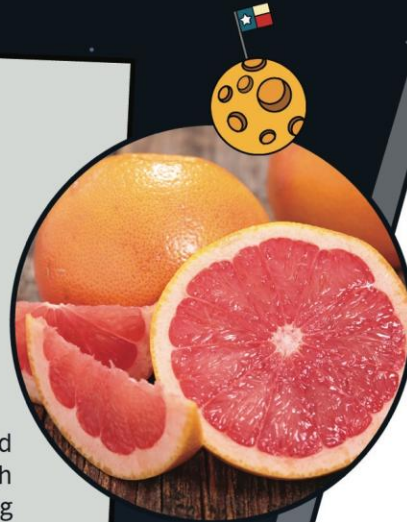
Stars are giant balls of superhot gas. Explosions in their centers create the bright light that we see. Did you know that our sun is a star? The star closest to earth is the sun. It takes about 8 minutes for light to travel from the sun to the Earth, so it is about 8 light minutes away. It takes 4.2 years for light from the next closest star, Proxima Centauri, to travel to Earth. It is 4.2 light years away. When you see the sun, you are seeing what it looked like 8 minutes ago and you see what Proxima Centauri looked like 4.2 years ago.



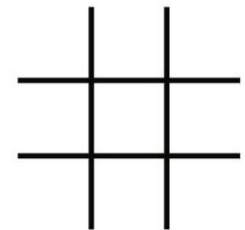
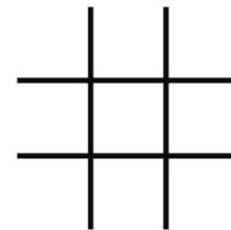
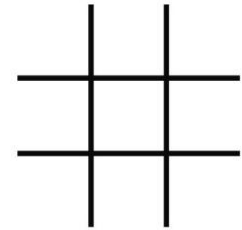
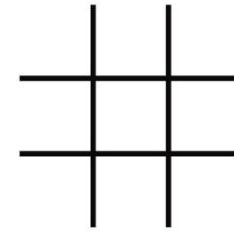
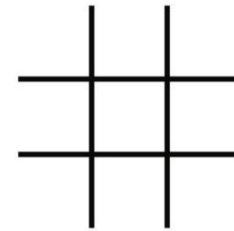
DID YOU KNOW?

Red grapefruit is the state fruit of Texas. In 1929 Texas citrus growers discovered a special grapefruit with a red color inside. Red grapefruit became the Official State Fruit of Texas in 1993.

Many people think the red grapefruits taste sweeter. Grapefruits got their name from growing in bunches like grapes. The Texas red grapefruit is high in vitamins A and C, which means eating a Texas red grapefruit or drinking its juice, is good for the eyes and skin, and strengthens the body's immune system.



TIC-TAC-TOE



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