

JR. HIGH CLASSES

NO TALKING WHILE I AM GIVING INSTRUCTIONS FOR THE CLASS OR THE GAME THAT WE WILL BE PLAYING THAT DAY. YOU MAY TALK DURING THE GAMES.

TREAT OTHERS AS YOU WOULD WANT THEM TO TREAT YOU, NO BULLYING OR HARASSING OTHER CLASSMATES.

GOOD SPORTSMANSHIP, WE PLAY OUR GAMES FOR FUN.

YOU WILL BE EXPECTED TO PARTICIPATE IN CLASS AT ALL TIMES. IF YOU ARE SICK OR HURT I WILL EXPECT A NOTE FROM YOUR PARENTS LETTING ME KNOW THAT YOU ARE NOT TO PARTICIPATE IN CLASS.

Medical Excuse

Students may be excused from physical education for health or medical reasons for a maximum of three consecutive days with a note from a parent. Excuses for more than three days require an official order from a physician. In cases of non-participation in the program or participation on a limited basis, a statement from the doctor must be on file, giving the reason and the length of time of the restriction.

As of now we will not be dressing out for class. You may bring tennis shoes to wear instead of your school shoes. Also please bring a water bottle and make sure it has water in it before class.