CONSIDERING LONELINESS

- **What do you imagine Christ was experiencing in his time in the garden?**

- **Has there been a time in recent years or months that you have felt particularly lonely or empty, as if there was something lacking? What role did relationships play in this time? How did this affect your relationship with God, with yourself, or others? How were you challenged or consoled spiritually?**

- **How did you respond in action to these moments?**

- **What desire is emerging for you in light of these experiences? Is it possible to get in touch with the desire even beneath this one? Ask God for guidance.**