

# St. John Catholic Church

14th Sunday in Ordinary Time

501 Adair Street, Adair, IA 50002

July 9, 2017



## Mass Times

- **Sunday:**  
7:30am Rosary & Confessions  
**8am Mass**  
10am Mass at Stuart
- *Tuesday: 6pm Mass at Stuart*
- **Wednesday: 8:30am Mass**
- **Thursday: 6:30pm Mass**
- *Friday: 8:30am at Stuart*
- *1st Saturdays: 8:30am at Stuart*

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## Following Christ - Finding Rest

*"Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light."*

- **Matthew 11:28-30**

This passage of Scripture, which comes from today's Gospel, is one of many references in the Bible that encourage us to find rest in Jesus by following His example. We can read in many places - both in the Old and the New Testaments - that it is wise for us to learn and to follow His example. (*Sirach 51:23,*

*26; Jeremiah 6:16; Proverbs 8:5; John 13:15; Philippians 2:5; 1 Peter 2:21)*

The Catechism of the Catholic Church also explains and instructs us in paragraph 520: *In all of his life Jesus presents himself as our model. He is "the perfect man," who invites us to become his disciples and follow him. In humbling himself, he has given us an example to imitate, through his prayer he draws us to pray, and by his poverty he calls us to accept freely the privation and persecutions that may come our way.*

Further, paragraphs 458-

459 point out that *"The Word became flesh so that thus we might know God's love..."* and *"The Word became flesh to be our model of holiness..."*

God gave us His Son, Jesus Christ, in order that we might have an example to follow; to know how we should love one another, to understand and accomplish what we need to do on earth, how to build our relationships with one another and with Him. When we do these things after His example, we will find rest. Will we find an easy life? Most likely not. But we will find a perfect rest that the world cannot give us.

## Join Bishop Pates as we celebrate marriage

Join us for our annual anniversary mass! On September 3<sup>rd</sup> during the 10:30 am mass at St. Mary's Parish in Guthrie Center Bishop Pates will be honoring those couples in our diocese who have celebrated a milestone anniversary in the

last year, with a reception to follow. A certificate of blessing is available with registration for couples celebrating milestone anniversaries (5 year increments and 50+ years). Reserved seating will be available for these couples and

their families. This mass is open to all families who would like to honor and celebrate marriage!

To register call Adam Storey at 515-237-5056 or email him at [astorey@dmdiocese.org](mailto:astorey@dmdiocese.org)

## Dangers of Working in the Heat

Every year, dozens of workers die and thousands more become ill while working in extreme heat or humid conditions. There are a range of heat illnesses and they can affect anyone, regardless of age or physical condition.

### Signs of Heat Exhaustion:

Heat exhaustion can include any of the following; confusion, dizziness, fainting, fatigue, headache, muscle cramps, nausea, and a rapid heartbeat. Left untreated, heat exhaustion can lead to heatstroke which is a life threatening condition. If you suspect heat exhaustion take these steps immediately:

- Move the person out of the heat and into a shady or air-conditioned area.
- Lay the person down and elevate the

legs and feet slightly.

- Remove tight or heavy clothing.
- Have the person drink cool water or other beverage without caffeine or alcohol.
- Cool the person with a damp sponge or water spray and fanning.

### Prevention Steps:

You can take a number of precautions to prevent heat exhaustion and other heat-related illnesses.

- Wear loose-fitting, lightweight, light-colored clothing. Dark or tight clothing holds in heat and doesn't let your body cool properly because it inhibits sweat evaporation.

Avoid sunburn. Sunburn reduces your body's ability to rid itself of heat. If you're outdoors, wear a light wide-brimmed hat or use an umbrella to protect yourself from the sun. Apply sunscreen to exposed skin.

Drink plenty of fluids. Staying hydrated will help your body sweat and maintain a normal body temperature.

If the summer work schedule allows, try to perform physically demanding work in the mornings.

Take extra precautions with certain medications. Ask your doctor or pharmacist whether the medications you take make you more susceptible to heat illness and if so what you can do to keep from overheating.

## What can we do for you?

### If you would like a visit from Father:

Father Ray is available to visit the sick and the homebound generally during the week. If you would like a visit from Father, please call the Church office to set up a time: 515-523-1943.

### To Request Prayer:

If you would like to request prayer for someone in need, you may call Adella Vogl (641-742-5277) for the telephone prayer chain or email the office at [stjohnallsaints@gmail.com](mailto:stjohnallsaints@gmail.com) for an electronic prayer chain communication.

### Need a Sacrament?

**Baptisms:** contact the church office to set a date; if you are first-time parents, you will need instruction prior to the Baptism.

**Weddings:** Be sure to contact the church office to request a date at least six months prior to the wedding. Father will need to meet with the couple for counsel/marriage prep.

## Parish Business & Finance

### July 2nd Collection

**Regular Tithes:** \$596.00  
**Children's Collection:** \$36.00  
**Building Fund:** \$961.23  
**Cemetery Fund:** \$0.00

**This week's income:**  
\$632.00

**This week's expenses:**  
\$1,610.26

**ADA Balance Due:** \$1,330.00  
(\$5,915 pd/ \$7,245 goal)

**Repair Fund Bal:** \$961.23

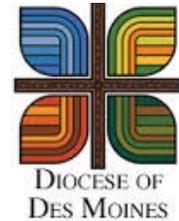
The Catholic Foundation of SW Iowa is dedicated to advancing stewardship through best financial practices and Catholic values investing. We do so by collectively improving long-term financial security for our parish/organization clients, and providing comprehensive support services for faithful donors.

<https://catholicfoundationiowa.org>



## Diocesan Events

- **Find a Mass** Don't take a vacation from God! While you're on vacation, check out Mass-Times.org and find the nearest church and Mass times.
- **YouTube videos available** The diocese has produced a number of videos over the last few years: vocation stories of seminarians, Bishop Pates on mercy and living our faith, and more. While you're surfing the internet this summer, stop by YouTube.com/dmdiocese and see what we have to offer.
- **Strengthen your marriage** If your marriage is hurting, or if you just want to make a good thing better, check out The Third Option. This is an ongoing support group for couples who are working on a set of tools to help with better understanding, sensitivity and trust. We meet the first and third Monday of each month from 7-9 p.m. at the Mercy Medical Center's conference rooms in the East Tower.
- **Abundant Living** Come join Abundant Living, a social group with the mission of celebrating the gift of the Church's teaching on natural family planning. We're having a pot-luck picnic July 17 from 6-8 p.m. at Raccoon River Park (2500 Grand Ave. in West Des Moines) at the Coneflower shelter. RSVP to Adam Storey so he can plan for food. Feel free to bring a side dish or desert. Contact Adam at 515-237-5056 or astorey@dmdiocese.org.



## Resource Websites

### Catholic Devotional and Bible Studies

Catholic Scripture Study

[www.catholicscripturestudyinc.org](http://www.catholicscripturestudyinc.org)

Magnificat [www.magnificat.net](http://www.magnificat.net)

U.S. Conference of Catholic

Bishops [www.usccb.org](http://www.usccb.org)

The Word Among Us [www.wau.org](http://www.wau.org)

### Reliable Catholic News Sources

Catholic Culture

[www.catholicculture.org](http://www.catholicculture.org)

Catholic News Agency

[www.catholicnewsagency.com](http://www.catholicnewsagency.com)

EWTN News [www.ewtnnews.com](http://www.ewtnnews.com)

Ignatius Insight

[www.ignatiusinsight.com](http://www.ignatiusinsight.com)

National Catholic Register

[www.ncregister.com](http://www.ncregister.com)

Our Sunday Visitor [www.osv.com](http://www.osv.com)

Zenit [www.zenit.org](http://www.zenit.org)

### Information on the Vatican, Church Statements, Teachings, & Documents

Catholic Answers [www.catholic.com](http://www.catholic.com)

The Holy See Inside the Vatican

[www.insidethevatican.com](http://www.insidethevatican.com)

Pope2You [www.pope2you.net](http://www.pope2you.net)

US Conference of Catholic Bishops

[www.usccb.org](http://www.usccb.org)

Vatican News [www.vatican.va](http://www.vatican.va)

## Save the date...

- **August 6th:** Feast of the Transfiguration of the Lord
- **August 14-15:** Solemnity of the Assumption of the Blessed Virgin Mary (*a weekday holy day of obligation*)
- Coming up on Saturday September 9th we will celebrate our annual "**Mass in the Grass**" at Vogl Park. Mass will begin at 6:30pm with a pot-luck supper following.
- Bishop's Anniversary Masses September 3<sup>rd</sup> during the 10:30 am mass at St. Mary's Parish in Guthrie Center.
- Pilgrimage to Fatima, Lourdes, and the highlights of Spain. November 3-13 hosted by veteran pilgrimage leader Father John Vakulskas Jr. For a brochure and more information contact Fr. John at PO Box 347, Okiboji, IA 51355, 712-490-8047, or johnvakulskas@gmail.com

Items to be included in the bulletin must be submitted to the office by 5pm Wednesday.

Call 515-523-1943 or email:

[stjohnallsaints@gmail.com](mailto:stjohnallsaints@gmail.com)

to submit your items.

*Bulletins, prayer requests, and other announcements are sent via email through **Constant Contact**. If you are not receiving these emails, please be sure the Church Office has your address. Also be sure to check your "spam" folder as it may be going there. Bulletins are also posted to our website each Friday afternoon.*

Website: [adairstjohn.org](http://adairstjohn.org)

## Liturgical Ministers Schedule: Sunday July 16, 2017

**Cross Bearer:** Dave Richter

**Greeters:** Mr. & Mrs. Larry Ludwig

**Lector:** Scott Suhr

**Host:** Matt Fagan

**Cup:** Elizabeth Moreland & Sr. Chinweze

**Servers:** Carley Fagan & Addy Richter

**Traveling Chalice:** Cody & Elizabeth Moreland

### Contact Us

**Rev. Raymond J. Higgins, Pastor**

Church Office: 515-523-1943

To request a Baptism or other Sacrament, to join the Church, or if you have any other questions, please contact the Church Office.

### Parish Administrative Assistant & Bulletin Editor:

Brenda Wedemeyer [stjohnallsaints@gmail.com](mailto:stjohnallsaints@gmail.com)

**Parish Bookkeeper & Mass Intentions:** Rita Rilea [allsaintsoffice@gmail.com](mailto:allsaintsoffice@gmail.com)

**Director of Religious Education:** Annie Brincks [annie68164@hotmail.com](mailto:annie68164@hotmail.com)

**Music:** Deb Hollinrake **Liturgical Minister Schedule:** Les Elgin 742-3854

**Prayer Request Phone Line:** Adella Vogl 641-742-5277

**St. John's Men's Club:** Francis Hollinrake 742-5016

**CWO & Parish Hall Rental/Information:** Betty Ludwig 742-3812

### On our website:

Mass & Confession Times

Events & Activities Photos

Calendar of Events

Catholic News Sources

Bulletins (Church & Children's)

Daily Readings

Contact Information

# Calendar of Activities

To view the entire calendar for both parishes, please go to [stuartallsaints.org](http://stuartallsaints.org) or [adairstjohn.org](http://adairstjohn.org)

Sunday 7-9	Monday 7-10	Tuesday 7-11	Wednesday 7-12	Thursday 7-13	Friday 7-14	Saturday 7-15
<b>7:30-7:55am</b> Rosary & Confessions <b>8am Mass</b> for Leona Drees MISSION APPEAL <b>10am Mass</b> (Stuart)  <b>BD:</b> Grace Kennedy	<b>Reg. Office Hours:</b> <i>9am-3pm T-W-Th</i>	<b>6pm Mass</b> (Stuart) for Albert & Lucille Greubel	<b>8:30am Mass</b> for Mable E. Richter	<b>9am Mass</b> (Stuart) Comm. Care Center) for Bob Griffin  <b>6:30pm Mass</b> for John W. Brincks  <b>ANN:</b> Cleon & Kaye Klemish 1963	<b>8:30am Mass</b> (Stuart) for dec'd mbrs of the Tigges & Boch families	<b>3:30pm</b> (Stuart) <b>Confessions</b> at Stuart <b>Mass 4:30pm</b> (Stuart) for Vincent Simons  <b>BDS:</b> Rich Bachman
Sunday 7-16	Monday 7-17	Tuesday 7-18	Wednesday 7-19	Thursday 7-20	Friday 7-21	Saturday 7-22
<b>7:30-7:55am</b> Rosary & Confessions  <b>8am Mass</b> for Barbara Boatwright  <b>10am Mass</b> (Stuart)	<b>Reg. Office Hours:</b> <i>9am-3pm T-W-Th</i>  <b>ANN:</b> Rich & Barb Bachman 1976	<b>6pm Mass</b> (Stuart) for Ernest Suchon	<b>8:30am Mass</b> for Carol Lengel	<b>9am Mass</b> (Stuart) Comm. Care Center) for Bob Griffin  <b>6:30pm Mass</b> for Harold Ness	<b>8:30am Mass</b> (Stuart) for Donato Cianciaruso	<b>3:30pm</b> (Stuart) <b>Confessions</b> at Stuart <b>Mass 4:30pm</b> (Stuart) for Albert & Lucille Greubel