



# August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> St. Alphonsus Liguori loved the Eucharist. In his honor, visit Jesus in the Blessed Sacrament.	<b>2</b> Treat someone to a special lunch and serve his or her favorite food. 	<b>3</b>  Pick a Beatitude and live it all day (Matthew 5:3-11).
<b>4</b>  In honor of St. John Vianney, send a priest a thank you card.	<b>5</b> Blow bubbles! Bend metal hangers into hoops. In a bucket, mix water and dish soap.	<b>6</b> <i>The Transfiguration</i> Ask everyone to name a way God's love changed life for the better.	<b>7</b> Design a suncatcher. Decorate a piece of tracing paper with colored markers and hang in a window.	<b>8</b>  In honor of St. Dominic, pray a family Rosary together.	<b>9</b> Visit a local museum. 	<b>10</b> When shopping for school supplies, buy some extras and donate them to the school for students who can't afford their own.
<b>11</b> At Mass, pray for victims of violence. 	<b>12</b> Exercise empathy. Try seeing someone else's viewpoint by playing "How would you feel if you were...?"	<b>13</b>  Practice patience.	<b>14</b> At dinner, play 'Guess who?' Think of a favorite saint and give clues to see if others can guess who it is.	<b>15</b> Celebrate Mary's Assumption by attending Mass. Go out for a treat afterwards.	<b>16</b>  Practice listening. Show love by giving others your full attention—not even to check your phone.	<b>17</b> Create a family dinner together by putting each person in charge of a different part of the meal.
<b>18</b> Invite someone from your parish to Sunday lunch after Mass.	<b>19</b>  Pick a person or event in the news. Devote a family prayer to it.	<b>20</b> Look for a way God showed he loves you today and share it at bedtime.	<b>21</b>  Catch fireflies in a jar and release them before you go to bed.	<b>22</b> In honor of our Blessed Mother, pray the "Hail, Holy Queen" prayer together.	<b>23</b> <b>Family Fun Night!</b> Learn a new board/card game together.	<b>24</b>  Cool off by washing the car together.
<b>25</b> Attend Mass as a family and pray for the souls in Purgatory. 	<b>26</b>  Discuss what you would say to Jesus if he came to your house.	<b>27</b> Say a prayer for anyone going through a difficult time today.	<b>28</b> In honor of St. Augustine, start a good habit and practice it all day.	<b>29</b>  Draw something God has given you for which you are thankful.	<b>30</b> Choose (or make up) a short family prayer to say together every day this school year.	<b>31</b> Make a list of your favorite summer memories and share it with your family at dinner.