INSTRUCTIONS TO MAKE RECTANGULAR MASKS

These are the instructions for the rectangular masks. They aren't a substitute for the N95 filters, but if you can use them (and/or if your local hospital approves them), they might help folks.

Here are the instructions and the photos:

1. Directions for Rectangular Mask - front and back (I've used the terms "back" and "inside" interchangeably)

2. Front of Mask - 9" x 7". Cut one piece of fabric (here I used cotton. White cotton can be bleached)
   9" wide (left to right) by 7" high (top to bottom)

3. Inside (or back) of mask: Cut TWO pieces of fabric (cotton), each measuring 9" by 4". Sew them together
   along one of the 9" sides. Sew 3" then leave a 3" gap, then sew another 3". This "gap" is so that you can invert /
   turn the mask inside out once it's sewn together, and so that you can insert a filter if you're using one.

4. Inside (back) shown with the two 4"x9" parts sewn together

5. Sew together the front to the back. Sew along ALL sides. Remember you will be able to turn the mask right-
   side-out through the "gap"
   The front is shown here in a peach color.

6. Views of Fronts and Backs after you've turned them right-side-out

7 & 8. Elastic or ribbon.
   - 14" (Cut TWO) if you are doing the version where you put the elastic over your head
   - OR 9" (Cut TWO) if you are using the "over the ears" version ---- YOU CAN MAKE ALSO CUT SOME
     THAT ARE 10" OR 11" TO ACCOMODATE DIFFERENT SIZED FACES. That sounds strange ….:) )
   - OR 14" (Cut FOUR) if you are using ribbons

9. Elastic, pinned to the mask. Version: elastic over the HEAD. You can pin them to the front or the back.
   Pinning to the front may prevent any "gaps" along the edges of the elastic, where they meet the face.

10. Elastic, pinned to the mask. Version: elastic over the EARS. You can pin them to the front or the back.
    Pinning to the front may prevent any "gaps" along the edges of the elastic, where they meet the face.

11. Elastic sewn on. This version is the "over the HEAD" version.

12. Pleats. Sew three pleats on either side of the mask. Try to make the pleats go in the same direction.

13. Materials for the "Nose Clip". You can also use the twist ties that come with bread / garbage bags / etc. This
    was found in the gardening section of my local Dollar store (aka "5 and 10")

14. Nose Clip, pinned on the inside/back of the mask, along the TOP edge that will be touching the nose.

15. Nose Clip sewn in

16. HEPA filter from a clean vacuum bag. I used the lining / INNER part of the vacuum bag, not the outer paper
    that has the words printed on it
17. HEPA filter

18. Air conditioner filter. This filter lets more particles through, unfortunately, but it is an additional layer

19. Insert the filter(s) if using.

20. Completed Mask.

God bless you, and thank you to our healthcare providers for being on the front lines of this pandemic. May you be blessed and protected. Yvette