

# St. Ambrose Parish

FEBRUARY 24, 2019  
BEEHIVE



A new development with a grocery store and affordable housing is expected to anchor a revamped Jefferson Avenue in east Detroit. The project is a part of the Strategic Neighborhood Fund, a city of Detroit initiative seeking to reinvigorate areas in the city outside downtown and Midtown with the help of philanthropic dollars. Jefferson Chalmers is one of seven neighborhoods the city is targeting to attract investment. Plans presented to residents last Saturday seek to attract investment to return East Jefferson to the walkable, thriving retail corridor it once was.

“They had one of the original 20-minute neighborhoods; it used to function that way,” Maurice Cox, Detroit’s planning and development director, told *The Detroit News* ahead of the reveal. “People who live in this neighborhood (now) have to get into their car and go shop further east outside the city... We hope residents will see noticeable evidence that their neighborhood is being revitalized.”

The plans the city will implement in Jefferson Chalmers would rehabilitate several homes, commercial properties and the closed Guyton Elementary School. The Neighborhood Strategic Fund, the already-in-place road bond, and possibly affordable housing subsidies and tax credits would fund the efforts.

City officials declined to provide a budget or timeline for the plans ahead of requesting ideas from developers for the projects, but said their goal was to have residents see action on the plans they helped to create soon. One of these involves a 14-acre site at East Jefferson Avenue and Piper Street for which the city plans to put out a request for proposals for a mixed-use building with a grocery store and affordable housing.

The plans, which included months of community input, officials say, are being heavily critiqued by some residents, while being praised by others.

Anchoring the revitalization plans is a new building on a city-owned 14-acre parcel at Jefferson and Piper Boulevard. It would house a brand-name grocery store a developer would attract, and affordable rental apartments with a price goal of about \$950 per month for a two-bedroom unit. The first phase would include 60-70 units, though the property has space for more in the future. The city expects to put out a request for proposals from developers in the spring.

Down the street, the vacant Vanity Ballroom building at 1024 Newport would come to life with first-floor retail and community space on the second floor. The city hopes to work with East Jefferson Development Corp. and Shelborne Development on

*Continued on page 2*

## Jefferson - Chalmers

*Continued from page 1*

the project and gather community insight on the types of businesses that should move into the 1929-built dance hall that has been closed for decades. Renovations are expected to begin in the spring, starting with stabilizing the building's roof. The plans also call for the vacant Kresge building at 14300 E. Jefferson to become an Alma Kitchen restaurant and new offices for East Jefferson Development.

"These are tangible signs your neighborhood is re-viving," Cox said. "They may be small, but their impact can be felt by residents who have seen them empty for many years."

Investments into the Jefferson streetscape would also seek to improve bus service, ensure crosswalk safety, protect utility lines and plant trees. The city also is working to preserve and grow the 600 units of affordable housing already existing in the neighborhood.

While it is unfeasible for Guyton Elementary to re-open, the city plans to turn the first floor into a community space and transform some of the classrooms into 40 affordable rental apartments with a \$950 price point for a two-bedroom unit. A request for proposals will go out this spring. "Right now, it's vacant and having a pretty negative impact on everything around it," Cox said. "So the notion of saving one of the [public] schools and repurposing it for housing and for community uses in it, I think that will be a big win for the neighborhood."

Also in the spring of '19, the city will seek a developer to rehabilitate 16 vacant land-bank houses to preserve as affordable, for-sale housing. They are also offering zero percent home repair loans and launched a nonprofit called Rebuilding Together, which will allow free home repair services for low-income houses in the neighborhood, said Allen Penniman, the city's urban planner leading the Jefferson Chalmers projects.

Penniman said the city also expects to close a deal by this coming Thanksgiving to preserve 39 units of affordable housing at Grayhaven Villages at 13010 Avondale.

The General Services Department is leading efforts to renovate Alfred Brush Ford Park and its Lenox Community Center, as well. An Environmental Protection Agency grant also is providing funds for restoration efforts at Alfred Brush Ford, Riverfront-Lakewood East and Mariner parks. Groundbreaking on that project is expected to happen this summer.

Chief Park Planner Meagan Elliott said residents were most vocal about not having an indoor recreation center. "People have a lot of memories at the former recreation centers, but they cost a tremendous amount to run and even more to maintain," Elliott said. "We are trying to be creative and find other uses for buildings like the Lenox Center where we could turn it into space for weddings or for indoor basketball during the winter."

These projects join construction already underway at the vacant Marlborough apartment building north of Jefferson and the IDAO Building south of Jefferson. The \$5.4 million redevelopment with East Jefferson Development and Shelborne would create 23 mixed-income residential units with 12 set aside for residents making \$30,000 or less. They are expected to open in the fall. The building has been vacant for more than three decades.

Jefferson Chalmers saw the Norma G's restaurant at 14628 E. Jefferson. open in the fall. Owner and chef Lester Gouvias was a recipient of a \$60,000 Motor City Match grant in 2016 to open the Trinidadian eatery.

The city's plans come following a year of efforts to gather community input. The final projects come from more than 512 total questionnaire responses, which made up one of the highest neighborhood response rates after residents went door to door. "This is a wonderful, wonderful unique opportunity to define what successful neighborhood investment looks like," Penniman said. "(It's) investment that is community-driven and is for new and old Detroiters alike, and I think we have a good shot at doing this here."

The city is working to raise \$100 million by the end of the year for the second leg of the Neighborhood Strategic Fund which was launched this past March. Last month, Mayor Mike Duggan said foundations and corporations had supported the effort with \$53 million.

In December, seven major companies in the region made a commitment of \$35 million to the fund over five years. The contributors include Chemical, Fifth Third, Huntington and Flagstar banks, as well as Blue Cross Blue Shield of Michigan, American Axle & Manufacturing and Penske Corp.

Plans for the seven neighborhoods being supported by these funds are being rolled out in the coming months. Grand River Northwest residents already have heard the city's final recommendations for its neighborhood. After Jefferson Chalmers, the Campau/Banglatown and Russell Woods/Nardin Park efforts will follow. Plans for Warrendale/Cody-Rouge, Gratiot/Seven Mile and East Warren/Cadieux also are in development. The first segment of the Strategic Neighborhood Fund focused on Livernois/McNichols, Southwest/West Vernor and Islandview/Greater Villages.

The plans presented to Jefferson Chalmers residents last week represent the projects the city has the resources to complete. Other project ideas will be preserved should funding opportunities arise, Cox added. "This is the promise that we made that we are going to deliver on," he said. "The idea that Detroiters are now driving where the investments go is something we should be celebrating."

*Edited from [The Detroit News](#) website, "Market, affordable housing to anchor Jefferson Chalmers revitalization", by Breana Noble and Sarah Rahal, Feb. 16, 2019.*

# All Things Considered

If you have not been in the West Village neighborhood recently, or driven anywhere in the neighborhoods between Kercheval and Jefferson – between St. Bonaventure Monastery and St. Ambrose – then you need to take the time to do so. What awaits you is one incredible surprise after another. Neighborhoods and businesses that for decades were moribund have sprung to life with incredible vitality.

The Downtown Detroit renaissance has pushed its way up to the Chrysler Plant, and now appears ready to leap over that industrial complex toward the Grosse Pointe border. As pastor of a large chunk of that territory, I can say that some of it was a no-brainer. The old St. Martin Parish neighborhood never stopped being a desirable place to live. It's proximity to the river and good housing stock ensured that.

What seemed to drag development down was a Jefferson Avenue streetscape that somehow was trapped in economic stagnation, and blocks of vintage retail storefronts that were so derelict that they actually served as a backdrop for a war-zone in one of the few movies filmed here in Detroit.

East Jefferson was experiencing cardiac arrhythmia for decades. Now, thanks to a jolt from the defibrillator of interest on the part of the City of Detroit, Jefferson/Chalmers has regained its old heartbeat. Today's front page brings you up to date on the recent roll-out of ideas presented by the City of Detroit. Note the interesting observation by Maurice Cox, Detroit's planning and development director, which relates that the old "20 minute neighborhood," much touted by our parishioners who knew it, had everything that we are now trying to bring back. It's just too bad that so many of the old-

timers from that neighborhood didn't live long enough to see their convictions validated.

Since the civil unrest of '67 and the emptying out of the lower-east side to the suburbs, St. Ambrose and its many other great urban parishes have been keeping the light on in hope of a return. It's happening.

So, we need to move into a different mode of operation. We've been in maintenance. Now we have to move to mission.

Infill and rehabbed housing is now arriving our doorstep. It is being drawn by the revitalization sparked by the Cotton Foundation along Kercheval, and the reorganization of properties on Jefferson done by the City of Grosse Pointe Park. I think we at St. Ambrose, as a major investor and anchor in this area, also played a role in that.

Now we need to be ready spiritually and physically! We need to re-imagine our approach to our neighbors and realign our properties for maximum outreach.

We need to look seriously at the revitalization and needs of new neighbors moving into our parish boundaries, as we work on the Strategic Mission Plan as mandated by Synod '16.

Our parish pastoral council met last week to discuss the Archdiocesan Unleashing the Gospel endeavor which is the action-step of Synod '16. The consensus was that we do not need to delay the process. In fact, it might be in our best interest as a parish if we are in the first wave of parishes to engage in this future-think.

That would mean that as early as this Lent, we might begin the parish-wide process of looking at how we can take the Catholic Faith as expressed in over a century here at St. Ambrose, and pose it for the next century.

All of this is rather fresh thinking for us, and details are sketchy. But maybe it's better to plan in a moment of creativity rather than waiting for things around us to change and spend our time trying to catch up.

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The date of celebrating Easter is determined by a Lunar Calendar and can shift wildly from year to year. So, thanks to the moon, we are running three weeks later than last year. Here in Michigan, that's good news, since when Easter arrives on April 21<sup>st</sup>, it might actually feel like Spring.

The starting point of Lent this year is Ash Wednesday, March 6<sup>th</sup>. More to the point, St. Ambrose's Lenten Dinners begin on March 8<sup>th</sup>.

After the opening of the ARK we brought to the parish the custom of community Lenten meat-less dinners. At that time, that was considered a little low-brow. Fish Fries, once a staple of Catholic life, had become a cliché. But I sensed that the old American Catholic custom of a parish "Fish Fry" still had merit. It turned out that contemporary Catholics were ready for this good old Lenten staple. Our twist in the custom was to offer a Lenten meal that was border-line penitential. Yes, it would still be meatless, but it would provide a "taste of the kingdom" where abstinence is transformed into joy.

Thus in 2004 under **Chef Paul Hohendorf** was born a magnificent Lenten Meal. That continued under **Chef Fred Whaley** until his untimely death in 2017. What we realized in those years is that Lenten fasting can be a community-building activity rather than a solitary discipline. Our Lenten Fish Dinners have proven to be ways of enriching our parish – not financially, but spiritually.

This year we will introduce the culinary talents of **Chef Reva Constantine** of the Great Lakes Culinary Center. In 2018, she was voted "Best Chef" in Hour Detroit's 2018 Best of Detroit Readers' Choice competition.

Advance tickets make a great introduction to our St. Ambrose Community. We'll begin selling those tickets next weekend. Be evangelical! Share a meal with those whom you can "softly" introduce to the Faith and to our parish.

TRP

## Faith Formation Station

*“Young people are the window through which the future enters the world.” – Pope Francis*

St. Ambrose is blessed to have 26 teens volunteering in the religious education program as classroom catechists and assistants. We are truly grateful for this group of young role-models who get up early on Sunday mornings to help and share their faith with the students in our program. These amazing teenagers are true disciples of their faith: Lena Baer, Anna Carron, Ben Corrión, Jack Corrión, Emily Esmacher, Madeline Hass, Lizzie High, Delaney Jackson, Shannon Kerr, Evelyn Kuhnlein, Evan Kvintus, Liam Liburdi, Maria Liburdi, Agata Lubanski, Donald McGlone, Erina Nazarko, Fiona O’Byrne, Maura Shine, Kate Skupien, William Strickler, Julianna Tague, Shea Vatalaro, Grace Vethacke, Audrey Whitaker, Grace Whitaker, and Natalie White.

Recently I sat down with these young people to discuss their experience with the religious education program and with their parish. Here is some of what they had to share:

- I love sharing my love of God with the children of St. Ambrose.
- I like working with the kids and being a part of a community.
- I love creating relationships with the students and teachers as well as being involved with the lesson plans. It helps me learn information that I have forgotten over the years.
- It’s really cool to see the kids actually enjoying class and participating.
- I like being involved with the Church more, even though I have already made my Confirmation. I like talking and sharing ideas with the students to help further their Catholic education.
- I enjoy watching the kids look through the Bible to find different teachings and helping them along the way.
- Kids say really funny stuff! I love listening and relating what they are learning to things they like to talk about.
- I love refreshing my knowledge of my faith. Re-entering the classroom environment has made me remember my experience even better.
- I love seeing the students answer questions and how close they have become to Jesus.
- The community at St. Ambrose is the nicest I have ever met.
- When I was in religious education I loved doing crafts with my class and singing with Mr. Bush.
- I feel volunteering brings me closer to God and expands my faith.
- I love Christmas Eve Mass at St. Ambrose ... the special traditions are really cool and unique.
- I love the sense of community at St. Ambrose. The fish fries and Oysterfests feel like people are being brought together.
- I like the beautiful architecture of our Church and the sense of community St. Ambrose brings.
- I love how everyone at St. Ambrose is one big family. I have made so many good friends here that I have to this day.

Our Religious Education program services 212 students from pre-school to the ninth grade. There is always a need for teaching and support personnel. Should this be a ministry to which you feel called, please call or email me.

Kelly Woolums



Name

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Home Phone

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Work Phone

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Email Address

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- I would simply like to learn more about the Catholic Faith.
- I desire to prepare for my Baptism into Christianity.
- I've been Baptized as a Christian and now desire to join in Catholic Communion.
- I'm non-Catholic, but married to a Catholic, and now wish to join the Catholic Church.
- I'm Catholic and I would like to complete my initiation into the Catholic Church by celebrating Confirmation and/or Communion.
- I'm Baptized Catholic and would like to learn more about my faith and how to practice it.
- I want to propose someone for Catholic Church membership and offer to serve as their sponsor.
- I would be willing to help with an R.C.I.A. program.
- I have other needs, requests, and questions. Please contact me.

Return this to the Parish Rectory or place it in the Collection basket.

## Journey of Hope

In our Journey of Hope, Christ reveals the love of neighbor and love of God. For this reason, we are empowered to depend on Jesus who comes to dwell among us to reveal God's plan of unconditional love. We ought to know whom we embrace: Jesus. The Word became flesh to make us "partakers of the divine nature" "For this is why the Word became man, and the Son of God became the Son of man: so that man, by entering into communion with the Word and thus receiving divine sonship, might become a son[daughter] of God" (CCC 460). Therefore as true disciples, we are attracted to Jesus' unconditional love.

Our Church Father, Athanasius expressed that, "God became human so that humans might become God". In another concept, Irenaeus states, "The glory of God gives life; those who see God receive life. He revealed God to men and presented men to God. He [Jesus] revealed God to men [and women] and made him visible in many ways to prevent man [humanity] from being totally separated from God. Therefore, Life in man is the glory of God; the life of man is the vision of God" (St. Irenaeus of Lyons). The glory of God is man fully alive. Truly, this is a tangible core function of expressing the genuineness of Jesus, as both human and divine, that He has chosen us as his servants.

Nevertheless, could we fairly say that Christ gave everything we know about God to us? Absolutely! In Matthew's Gospel, Christ commissioned and empowered his disciples to share God's Love with every culture because we are all created in the image and likeness of God. "Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age" (Matt28:19-20).

A typical example that resonates with me is the case of our current Pope Francis. He goes out to the world and shares God's love to reinstate reconciliation and dialogue among all religious and non-religious just like St. Francis of Assisi. In one of the Holy Thursday celebrations, he went into prison and celebrated Mass, and performed a remarkable ritual: he washed the feet of women and men, Catholics and non-Catholics alike. Truthfully, pure unconditional relationships! In fact, *The New York Times Magazine* declared Pope Francis the Man of the Year for 2016. Why so? Pope Francis, as Christ's disciple, demonstrates frequently that ministry is an inter-cultural empowerment, which spreads relentlessly across the global world.

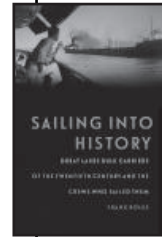
These significant traits are what I will strive to emulate from Pope Francis in unconditional relationships. He definitely demonstrates a dynamic inspiration for inter-cultural relationships. So then, it is obvious that the claim of the manifestation of Christ through his unconditional relationships reinforces his prevailing ministry of God's kingdom: setting the captives free and his healing ministry. Jesus' unconditional love likewise gears towards loving compassion of the marginalized. Therefore, the unconditional love that Christ shares gives us a reliable and self-motivational delight on our Journey of Hope.

Dn. Anthony Kote-Witah, OFM Cap

## Joyful Missionary Disciples

A workshop on the spiritual and practical aspects of stewardship as a way of life will be held on Thursday, March 7<sup>th</sup> at Sacred Heart Seminary from 8:00 a.m. until 3:00 p.m. Our parish will be sending a delegation. Topics include Marketing your Parish; Helping Parishioners Identify and Unleash their Gifts; How to Improve eGiving Results; Leading with Mission; Engaging Youth and Young Adults in Stewardship; and Communicating through Social Media. If you would like to join our parish group attending, contact us at the rectory.

## Marcellina's Book Club



The Great Lakes create a vast transportation network that supports a massive shipping industry. In [Sailing into History: Great Lakes Bulk Carriers of the Twentieth Century and the Crews Who Sailed Them](#), Frank Boles

relates seamanship, cargo, competition, cooperation, technology, engineering, business, unions, government decisions, and international agreements in a story of unrivaled interest.

We are in the process of connecting with the author to see when he can pay our book club a visit. That date will be announced here. In the meantime, pick up a copy of the book and get a headstart in reading this important work which was one of this year's twenty Notable Book Honorees by the State Library of Michigan.

## The Beehive

is the parish weekly bulletin of the  
St. Ambrose Catholic Community  
Detroit/Grosse Pointe Park, Michigan

**Pastor:** Rev. Timothy R. Pelc

**Assistant:** Dn. Anthony Kote-Witah, OFM, Cap

**Pastoral Minister:** Charles Dropiewski

**Religious Education:** Kelly Anne Woolums

**Minister of Music:** Dr. Norah Duncan IV

**Office Manager:** Peggy O'Connor

### Sacramental Celebrations

**Masses:** On the Lord's Day –

Saturday Vigil - 4:00 p.m.

Sunday - 8:30 and 11:15 a.m.

**Baptism:** Arrangements for both adults and infants to be made by contacting the rectory.

**Penance:** As announced and by appointment.

**Marriage:** Couples should contact the rectory office a minimum of six months in advance of the proposed date to make arrangements.

**Funeral:** Normally celebrated within one week after the deceased's passing.

### Directory

**Parish Office:** 15020 Hampton

Grosse Pointe Park, Michigan 48230

**Tel:** (313) 822-2814 **Fax:** (313) 822-9838

**Email address:** stambrose@comcast.net

**Religious Education:** (313) 332-5633

**Pastoral Ministry:** (313) 332-5631

**Ark Scheduling:** (313) 822-2814

**Parish Website:** stambrosechurch.net

# Liturgy Schedule for the Coming Week

## Monday, February 25

8:30 a.m. - Morning prayer

## Tuesday, February 26

8:30 a.m. - Mass - James McKenna, Attilio & Zaira Maio, Walter Borowski

## Wednesday, February 27

8:30 a.m. - Morning prayer

## Thursday, February 28

8:30 a.m. - Rev. Ronald Heidelberger

## Friday, March 1

8:30 a.m. - Mass - Bernice Phillips, Bruce Forintos

## Saturday, March 2

4:00 p.m. - For All People

## Sunday, March 3

### *Eighth Sunday in Ordinary Time*

8:30 a.m. - For All People  
11:15 a.m. - For All People



## Scriptures for the 7<sup>th</sup> Week in Ordinary Time

### Monday, February 25

- Sir 1: 1-10
- Ps 93: 1-2, 5
- Mk 9: 14-29

### Tuesday, February 26

- Sir 2: 1-11
- Ps 37: 3-4, 18-19, 27-28, 39-40
- Mk 9: 30-37

### Wednesday, February 27

- Sir 4: 11-19
- Ps 119: 165, 168, 171-172, 174-175
- Mk 9: 38-40

### Thursday, February 28

- Sir 5: 1-8
- Ps 1: 1-4, 6
- Mk 9: 41-50

### Friday, March 1

- Sir 6: 5-17
- Ps 119: 12, 16, 18, 27, 34-35
- Mk 10: 1-12

### Saturday, March 2

- Sir 17: 1-15
- Ps 103: 13-18
- Mk 10: 13-16

### Sunday, March 3

- Sir 27: 4-7
- 1 Cor 15: 54-58
- Lk 6: 39-45

# The Eighth Sunday in Ordinary Time

March 2<sup>nd</sup> and March 3<sup>rd</sup>

**4:00 p.m. - Celebrant:** Bp Gumbleton **Lector:** Elizabeth Puleo-Tague  
**Eucharistic Ministers:** Karen McShane, Matthew Strong, Mary Urbanski  
**Altar Servers:** Julianna Tague & Kiernan Tague

**8:30 a.m. - Sunday - Celebrant:** Fr. Bede **Lector:** Bob Gatzke  
**Eucharistic Ministers:** Colleen Gatzke, Joan Jackson, Maggie Jackson, Steve Linne, Joellyn Valgoi, Chris Walsh  
**Altar Servers:** Delaney Jackson, Dailey Jogan

**11:15 a.m. - Celebrant:** Fr. Pelc **Lector:** Leslie Leitch  
**Eucharistic Ministers:** Thomas Bennert, Michele Hodges, Joe Hugh, Pat & Michael Mocerri, Sue Playwin, Darryl Swiatkowski  
**Altar Servers:** Ava Boley, Liam O'Byrne

## Your Envelope Speaks . . . the Inside Story

To operate, each week our parish requires a *minimum* of..... \$10,100.00

### On Sunday, February 17, 2019

in envelopes we received ..... \$6,514.00  
in the loose collection ..... \$586.00  
in other donations..... \$1,390.00  
for a total of..... **\$8,496.00**

**Under** budget for the week ..... **\$1,604.00**

Number of envelopes mailed ..... 900  
Number of envelopes used..... 135

*"But rather, love your enemies and do good to them, and lend without expecting anything back." (Luke 6:35)*

Easier said than done, right? But, if we are to imitate Christ, most of us need to practice mercy and compassion more frequently. Start with the little daily annoyances that we experience, the unkind word or hateful glance we receive. Instead of plotting revenge on that person, try saying a quick prayer for that person. Mercy and compassion will put us on the path to holiness.

## Our Sick

Please pray for those who are seriously ill or who are hospitalized: Pat Blake, Karen Culver, Ann Sullivan Kay, Donald Miriani, Bonnie McKenna, Jeanne Noto, David Schumacker, Matthew Elias, George Bucec, Emilie Kasper, Arthur Stoyshin, Anna Noto Billings, Vilma Rivers, Vilma Marone, Eileen O'Brien, Martha Luna, Dina Engels, Liz Linne, Donna Barnes, Betty Greenia, Alexandra Cullen, Charmaine Kaptur, Frank Gregory, Josephine DeCastris, Alex Billiu, Gladys Bogos, Lou Rondini and Wayne Wallrich.

## Our Dead

**Catherine Mary Andary** died in a traffic accident on February 8<sup>th</sup> just a few hours short of her 88<sup>th</sup> birthday. Her funeral mass was celebrated here on February 16<sup>th</sup>.

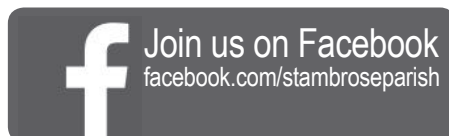
She was born in Detroit to Lebanese parents: Allia (Mansour) and Leesha Andary. She was one of eight children; George, Peter, Fred, Joseph, Theresa, Leesha and Thomas – raised and schooled in St. Charles Parish.

Her work as a bookkeeper (with a 25 year perfect attendance record) at Budd Wheel took her to retirement. Her quiet demeanor and penchant for anonymous charity helped many – particularly St. Jude Hospital.

Her leisure time was filled with many activities including an active prayer life in addition to bowling, dancing, reading, crossword puzzles and frequent trips to the Windsor Casino. She helped rear and transport to and from school her 27 nieces, nephews, and great-great-nieces and nephews. Burial was at Resurrection Cemetery in Clinton, Township.

## Christian Financial

St. Ambrose Parish, through Christian Financial Credit Union, is equipped to make electronic transfers from your checking account or credit card on our website. Your checking account or credit card may be used to make a single donation; or you may set up automatic weekly, monthly or quarterly contributions on a schedule. Go to [stambrosechurch.net](http://stambrosechurch.net) for information on electronic giving.



## Vincentian Reflection

In this Sunday's Gospel, Jesus offers us a challenge to "Love your enemies... Give to everyone who asks of you... Do to others as you would have them do to you... Be merciful, just as your Father is merciful." During this month, because of your gifts, the Society of St. Vincent de Paul was able to assist 52 families through our home visits, by providing food, help with utility and rent bills, clothing, household goods, transportation, prayer and a little hope. We thank you and our neighbors in need.

## Camp Sancta Maria

Camp Sancta Maria is honored to have a role in the process of forming young Christian lives. At Camp Sancta Maria, your son will experience 1 – 2 weeks full of fun, personal growth and spiritual development in a technology free zone. Their time at camp is filled with activities for everyone: horseback riding, swimming, ropes course, sports, arts and crafts and more.

But most importantly their times at CSM is balances out the physical activities with a strong spiritual environment with campers attending daily Mass, praying the angelus and having quiet time to reflect on their relationship with Christ. For details on programming or to register go to [CampSanctaMaria.aod.org](http://CampSanctaMaria.aod.org).



## Lenten Observances

- Lent 2019 is the liturgical season which runs from Ash Wednesday, March 6, 2019 until the Mass of the Lord's Supper on Holy Thursday, April 18, 2019.

- Ash Wednesday and Good Friday are days of *total* fast and abstinence from meat.

- All the Fridays of Lent are days of Abstinence from meat.
- The **Law of Abstinence** from meat binds persons from the completion of their 14<sup>th</sup> year — from the day after their 14<sup>th</sup> birthday, throughout life.
- The **Law of Abstinence** forbids the use of meat, but not eggs, milk or products or condiments made of animal fat. Permissible are soups flavored with meat, meat gravy and sauces.
- The **Law of Fasting** binds persons from the completion of their 18<sup>th</sup> year to the beginning of their 60<sup>th</sup> year, i.e., from the day after their 59<sup>th</sup> birthday.
- The **Law of Fasting** allows only one full meal a day, but does not prohibit taking some food in the morning and evening, observing as far as quantity and quality are concerned — approved local custom. The order of meals is optional; i.e. the full meal may be taken in the evening instead of at midday. Also: (1) the quantity of food taken at the two lighter meals should not exceed the quantity taken at the full meal. (2) the drinking of ordinary liquids does not break the fast.
- In keeping with the spirit and meaning of the Lenten fast, Catholics are encouraged to observe the Good Friday fast through Holy Saturday and until after the celebration of the Easter Vigil.

## Pancakes

Widowed men and women are invited to meet new and old friends for brunch at the Pancake Factory (NE Corner of 23 Mile Road & Schoenherr) in Shelby Twp. on Tuesday, March 19<sup>th</sup> at 10 a.m. Contact Ellen at 586-781-5781 for information.



## Mass Times When Traveling

Your membership in the Catholic Church gives you privileges to worship with any Catholic Community world wide. While on your vacation or traveling, websites like [masstimes.org](http://masstimes.org) and [thecatholicdirectory.com](http://thecatholicdirectory.com) make it easy to find a mass.

## Marriage Coaching

The Marriage Coaching program is a couple-to-couple mentoring program designed to assist couples to live out God's plan for their marriage.

Trained Coaching Couples provide support and practical skills to help couples restore and realize the fullness that is intended for their marriage. The Marriage Coaching program consists of seven main coaching sessions and is strictly confidential and at no cost.

Contact: (313) 237-4680, go to [aod.org/marriagecoaching](http://aod.org/marriagecoaching) or email [familyministry@aod.org](mailto:familyministry@aod.org).

## 50's Trivia

The Regina High School Alumnae Association is hosting a trivia night on Saturday, March 2, 2019. The cost is \$20 per person and there will be eight people per table. Pizza and salad are included but participants can bring drinks and other snacks for their table to share. This event is only for those 21 yrs. of age and older. Visit [reginahs.com/trivia-night](http://reginahs.com/trivia-night) to register before February 22<sup>nd</sup>.

The theme of the night is "The 50s", but all questions are general trivia. Fifties attire is encouraged, and the team with the best costumes wins a prize! Contact Emily Frikken '09 at [efrikken@reginahs.com](mailto:efrikken@reginahs.com)