

Choosing a Sponsor

Confirmation Candidate's Name: _____

A sponsor is a witness of the commitment to Christ that you are making. The sponsor can be a Godparent or any other Catholic adult, but not a parent, such as a mother or father. The sponsor presents you at your Confirmation and is with you throughout your Confirmation journey.

Requirements of the Sponsor (Sponsor must Initial beside each requirement):

- **Sponsor must be sufficiently mature for the role and be at least 18 years of age.**
- **Sponsor must be a practicing member of the Catholic Church (Going to Mass each Sunday) and initiated in the sacraments of Baptism, Confirmation, and the Eucharist.**
- **Sponsor if married must be married in the Catholic Church.**
- Sponsor DOES NOT need to be the same gender as the candidate.
- Godparents may be sponsors at Confirmation.
- Parents of candidates may not be sponsors, but may stand in proxy in the absence of the sponsor.
- **If sponsor is not a parishioner of St. Paul the Apostle, they must submit a letter from their parish pastor indicating they are a registered member in good standing.**

It is best to choose a Sponsor with whom you can communicate. Look for someone who can walk this journey with you and help answer questions and guide you in this process. Choose someone you respect and admire. Don't be afraid to ask someone in the Church whom you respect as a faithful and devout Catholic. Most people are extremely honored and flattered to be asked to be a Confirmation Sponsor.

Your Sponsor's Name: _____

Home Parish: St. Paul the Apostle OR Other: _____

Why have you asked this person to be your Confirmation Sponsor?

Please complete and return by November 15th, 2020