

Pre-Cana Interactive Exercise – Agree/Disagree

Directions:

Take Your 3 Sheets of Colored Paper (Red Sheet, Green Sheet, Yellow Sheet)

Take Position opposite Your Fiancé

Paper Hidden/Lap

About 40-60 Statements

Think of Your Response to Each

Your Gut Reaction

Hold Up the color

Describes Your Feeling

Red- No, don't agree

Green- Yes, I agree

Yellow- I want to talk about this

Jot down the question numbers

where you disagree or where you want to talk

- No one is recording how many times you disagree
- What is said here stays here
- This is for your info only

More candor = more value

At end of presentation:

- You'll get the Statements
- Just get the statement #
- Forget about remembering the content
- Goal is to make time to discuss soon
- Relax and have fun with this

Statements:

1. It is important that your spouse wears their wedding band every day
2. It is important, going forward, that we share the same last name
3. One of us should consider being a stay at home parent
4. We have discussed our long term goals
5. I know the concerns that keep my spouse awake at night and vice versa
6. I could forgive anything my spouse might do
7. You saw a very attractive person hitting on your spouse at a party. You would be upset if your spouse failed to mention this
8. Going to church is important to me.
9. Sports on TV is fine. But we need to somehow limit it.
10. It's OK for me to tell my spouse they've had quite enough to drink
11. I like the idea of a set, regular date night
12. We had a fight. Going to sleep without resolving the issue is a mistake
13. I really don't mind if my spouse leaves their dirty clothes on the floor until laundry day
14. I know how much debt we have
15. We need a plan for paying that debt off
16. It is important for us to get involved in the parish
17. It's my responsibility to make sure my spouse has a healthy lifestyle
18. It's OK to have old friends of the opposite sex after marriage
19. We need to discuss the division of labor we will have for the house
20. I will take the lead in talking to the children about God?
21. Saving for retirement is something we can put off for quite a while
22. Any of our parents can come and live with us
23. You have a tendency to work too much
24. Kids should be allowed to see their parents disagree
25. We need to strictly monitor what the kids do with social media
26. Smartphones and other technology are taking too much time away from our relationship
27. I am best qualified to handle the checking account reconciliation and money management decisions
28. We are on the same page when it comes to spending and family finances
29. We need to discuss what role God and the Church will play in our lives
30. It's OK for my spouse to remain friends with an old significant other
31. My spouse should not hang out with friends that I don't like.
32. I love my in-laws. They can drop in or stay over any time
33. It's OK to go out with my friends. Two or three times a week...no problem
34. Feel free to drink right out of the carton.
35. It's OK to badger my spouse to go to the doctor for checkups

36. I think fighting is healthy.
37. I am better at talking than listening.
38. I know your approximate net worth
39. I don't have to consult you on how I spend my money
40. But you better let me know what you spent
41. The best thing that ever happened to me was you