



## Lectio Divina Retreat for Married Couples

The Department of Evangelization and Family Life has designed a special couple to couple retreat for married couples based on the Lection Divina style of prayer. The retreat is intended to be experienced fully by all married couple participants. Leadership couples in parish marriage ministry who attend the retreat will then be fully equipped with a complete set of instructions to offer the same retreat for couples in their parish. The retreat includes the following elements:

- Two Reflection Talks with a Lectio Divina component given the presenting couple, musical accompaniment, a meal (lunch or dinner), a purification ritual based on “The Wedding Feast of Cana,” a gift bag for each couple.
- Couples who plan to lead a parish-based retreat in the future will be given a manual with a full set of instructions and talking points, along with a selection of five different reflection talks.
- Participants will leave the retreat with particular skills that can be used within their marriage, but can also be shared with others in the context of marriage ministry.
- The retreat is designed to take place in a six-hour timeframe.

