



## INSTRUCTIONS FOR VIRTUAL PARISH FLASH MOB

While a real (in-person) parish flash mob can happen with some advance planning and the use of text messaging, emailing or social media, why not organize a “virtual flash mob” which doesn’t require any couples to be physically present, but will enable a high participation of couples from your parish.

If you have a parish email system, perhaps the easiest way to do this is to send out an email invitation to all married couples in the parish with a link to the “Happily Married” sign for the Diocese of Trenton (downloadable from the diocesan website). Parishes may feel free to create their own Happily Married sign if they’d prefer.

In the email, simply instruct the couples to download and print the sign in color, fill in their “years of marriage,” take a cell phone picture (perhaps a selfie), then send as an attachment by email to the organizer of the event. Invite them to be creative in their picture (for instance, they may want to include their children or grandchildren in their picture). For inspiration, you may even wish to include a link to the Marriage Encounter flash mob video from *you tube* (see video on the diocesan web page – [www.dioceseoftrenton.org/world-marriage-day](http://www.dioceseoftrenton.org/world-marriage-day))

The organizer of the flash mob event can easily place all the pictures received from your married couples into a slide show that can be uploaded to the parish web site and shared on the parish facebook page (and perhaps shown at parish events).

The most important instruction for all parishes is to have fun!! Catholic marriage is a beautiful sign of Christ’s love for us, and should be celebrated with laughter and joy.