2020 NATURAL FAMILY PLANNING (NFP) METHODS AND LEARNING OPTIONS

Pope Paul VI Institute Creighton Model FertilityCare™
6901 Mercy Road
Omaha, NE 68106
Website: www.popepaulvi.com . .
(402) 390-9168
(402) 390-9851 FAX
Email: education@popepaulvi.com

Local Providers of NFP Instruction in the Creighton Model of NFP:
Kait Mayer, FertilityCare Practitioner
Totus Tuus Fertility Care; Princeton, NJ area
Kait@totustuusfertilitycare.org
908-596-9160

Arielle Kaminski
FertilityCare Practitioner Intern
Arielle.crms@gmail.com
732-586-2255

The Pope Paul VI Institute provides education in the Creighton Model FertilityCare™ Method of NFP. This is a cervical mucus detection method.

• Both client and teacher education are offered.

• Teacher education is offered in the Spanish language.

• The PPVI Institute is accredited by the American Academy of FertilityCare™ Professionals (AAFCP).

• The AAFCP maintains a list of certified Creighton Model FertilityCare™ teachers.

• A variety of educational programs are available for health care professionals, clergy and laity.
• Training in the innovative NaProTechnology, an ethical approach to women's health care, is also provided to physicians.

• A variety of resources, including scientific research, is published by the PPVI Institute. Contact the Education department for further information.

**NFP Distance Learning**

*Couples may learn how to use a method of NFP in their own home from one of the following schools:*

**Billings Ovulation Method Association – USA (BOMA-USA)**
P.O. Box 2135  
St. Cloud, MN 56302  
Website: [www.boma-usa.org](http://www.boma-usa.org)  
(651) 699-8139  
(320) 654-6486 FAX  
Email: [boma-usa@msn.com](mailto:boma-usa@msn.com)

• BOMA provides client education in the Billings Ovulation Method™ (BOM™). BOM™ is a cervical mucus method created by the Drs. John and Evelyn Billings of Melbourne, Australia. BOMA-USA is the only authorized representative of the BOM™ in the United States.

• Distance learning for client education is provided through WOOMB-International at [http://www.thebillingsovulationmethod.org](http://www.thebillingsovulationmethod.org) or [www.fertilitypinpoint.com](http://www.fertilitypinpoint.com). Multi-languages are available.

**Couple to Couple League (CCL)**
P.O. Box 111184  
Cincinnati, Ohio 45211-1184  
or:  
4290 Delhi Pike  
Cincinnati, OH 45238  
Website: [http://www.ccli.org](http://www.ccli.org)  
1-800-745-8252  
Email: [info@ccli.org](mailto:info@ccli.org)

• CCL provides client education in the Sympto-Thermal Method (STM). STM is a multi-indexed method. It teaches detection of cervical mucus, the Basal Body Temperature and cervical changes besides other secondary fertility symptoms.

• Client education (English and Spanish) is provided by professionally certified teaching couples in their local areas or via live on-line classes. A Self-Paced Online Class is also an option; this is a video-based version of the live class, with support available through phone and e-mail contact.

**Main NFP Series – Self Paced Online**
Class Series: #9206
This course allows you to learn on your own schedule, from anywhere with internet access. It is broken up into short, video-based modules with interactive exercises, and is a complete course in NFP.

https://register.ccli.org/class_series/9206

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**Main NFP Series – Couple to Couple League**

Class Series: #12782

Start Date: Jan 13th, 2020
Monday 07:00 PM
Timezone: Eastern Time
Class 2: Feb 10th, 2020
Class 3: Mar 16th, 2020

Location: Virtual
Teaching Couple: Radzialowski, Greg and Susan

https://register.ccli.org/class_series/12782

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Class Series: #12561

Start Date: Feb 15th, 2020
Saturday 09:30 AM
Timezone: Eastern Time
Class 2: Mar 21st, 2020
Class 3: Apr 18th, 2020

Location: Virtual
Teaching Couple: Jasko, Nicholas and Elissa

https://register.ccli.org/class_series/12561

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Class Series: #12628

Start Date: Mar 4th, 2020
Wednesday 07:00 PM
Timezone: Eastern Time
Class 2: Apr 1st, 2020
Class 3: May 6th, 2020

Location: Virtual
Teaching Couple: Niese, Jonathan and Grace

https://register.ccli.org/class_series/12628
Main NFP Series – Couple to Couple League

Class Series: #12783
Start Date: Apr 13th, 2020
Monday 07:00 PM
Timezone: Eastern Time
Class 2: May 11th, 2020
Class 3: Jun 22nd, 2020
Location: Virtual
Teaching Couple: Radzialowski, Greg and Susan
https://register.ccli.org/class_series/12783

Class Series: #12639
Start Date: May 11th, 2020
Monday 07:30 PM
Timezone: Eastern Time
Class 2: Jun 8th, 2020
Class 3: Jul 13th, 2020
Location: Virtual
Teaching Couple: Jakubisin, Timothy E. and Mary Ellen
https://register.ccli.org/class_series/12639

Class Series: #12675
Start Date: Sep 13th, 2020
Sunday 07:00 PM
Timezone: Central Time
Class 2: Oct 18th, 2020
Class 3: Nov 15th, 2020
Location: Virtual
Teaching Couple: Dyke, Craig and Amy
https://register.ccli.org/class_series/12675

Class Series: #12712
Start Date: Oct 18th, 2020
Sunday 01:00 PM
Timezone: Central Time
Class 2: Nov 15th, 2020
Class 3: Dec 13th, 2020
Location: Virtual
Family of the Americas Foundation (FAM)
P.O. Box 1170
Dunkirk, MD 20754
Website: http://www.familyplanning.net
(301) 627-3346 (301) 627-0847 FAX
Email: familyplanning@yahoo.com

- FAM provides client education in the cervical mucus method. This approach to NFP is founded on the work of the Drs. Billings.

- FAM offers a client correspondence course via the US Postal system. An interactive CD program is an added feature of this curriculum. The Spanish language and multi-languages are available.

Marquette University College of Nursing Institute for NFP (MINFP)
P.O. Box 1881
Milwaukee, WI 53201-1881
(414) 288-3838
(414) 288-1939 FAX
Website: http://www.marquette.edu/nursing/natural-family-planning-classes.php
Email: richard.fehring@marquette.edu

- MINFP provides client education in the Marquette Model, a Sympto-Hormonal method of NFP. This method is similar to STM with the added feature of teaching electronic hormonal monitoring.

- MINFP offers on-line client education (English and Spanish). To learn the method see http://nfp.marquette.edu.

NFP International (NFPI)
Website: http://www.nfpandmore.org.

- NFPI provides client education in Dr. K. Prem's Cross-Check Method (also called "STM") at: http://www.nfpandmore.org/NFPI_Home_Study_Course.pdf

- The NFPI approach is grounded in a philosophy of marital generosity and chastity. The principles of Ecological Breastfeeding for natural child spacing are also taught. This economical and easy to follow program makes use of a question and answer format as seen in their text, Natural Family Planning: The Complete Approach.

- Access to an NFP master teacher is via e-mail.

- Completion certificate is sent to requesting priests and deacons.

Northwest Family Services – LoveNaturallyNFP.com/Online Learning
(Sympto-Thermal Method)
Website: https://www.lovenaturallynfp.com/learn-online/
• Modeled after our in-person class, the course consists of three self-paced sessions taken two weeks apart. You can begin at any time and complete the series within 4 months, though a typical time frame is 4-12 weeks.

• Communication with your assigned instructor is integrated throughout the course and occurs mostly via email, though phone calls can be made upon request. On-going chart reviews continue for the first 4-6 cycles.

• Cost is $120 plus materials. Required materials include a digital thermometer as well as a copy of our textbook, *A Couple’s Guide to Fertility*.

**Learn NFP Online – The Marriage Group**
Website: [https://learnnfponline.com/](https://learnnfponline.com/)

• **$25 AND $49 OPTIONS:** Our new (May 2017) Introduction to NFP costs just $25. For couples interested in learning the Billings Ovulation Method, that course costs $49.

• **EFFECTIVE FERTILITY MANAGEMENT:** 99% effective method for postponing or achieving pregnancy while appreciating God’s gift of fertility with no side effects or environmental impact.

• **ACCEPTED CATHOLIC METHOD:** Teaches the beauty and science of Natural Family Planning, a morally-acceptable way of creating and spacing a family.

• **ANYWHERE, ANYTIME ACCESSIBILITY:** Our courses are delivered online, accessible anytime from any internet-connected computer to be taken at your leisure.